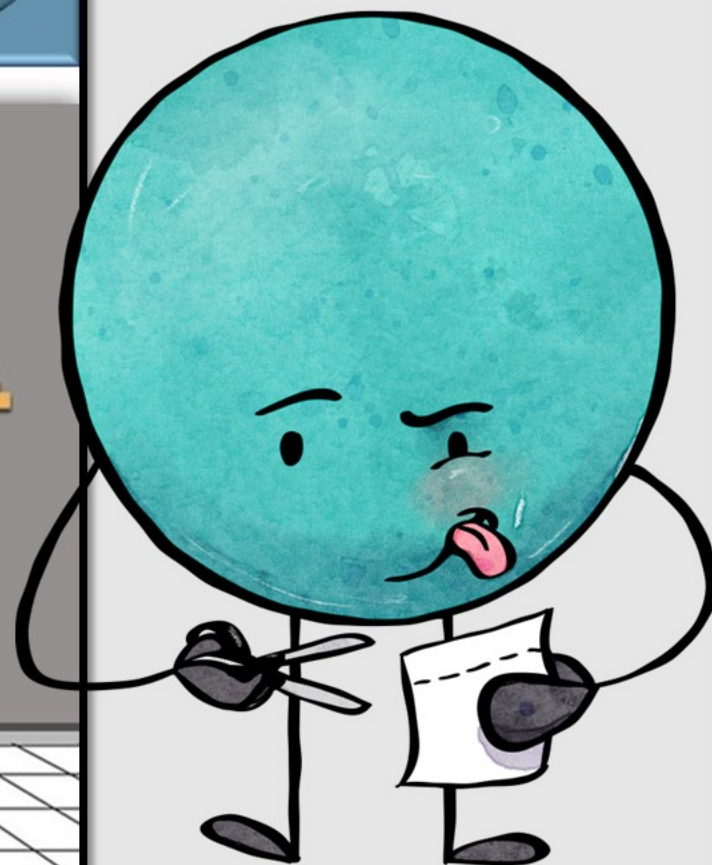


SOCIAL STORY



DOTTIE TRIES HIS BEST



Teaching Notes

A social story is an effective way to teach children how to navigate a new situation, such as starting school or preschool.

Social stories can help children understand what to expect at school or preschool and they can be used to support orientation, which is particularly useful when children and families are not able to be on-site.

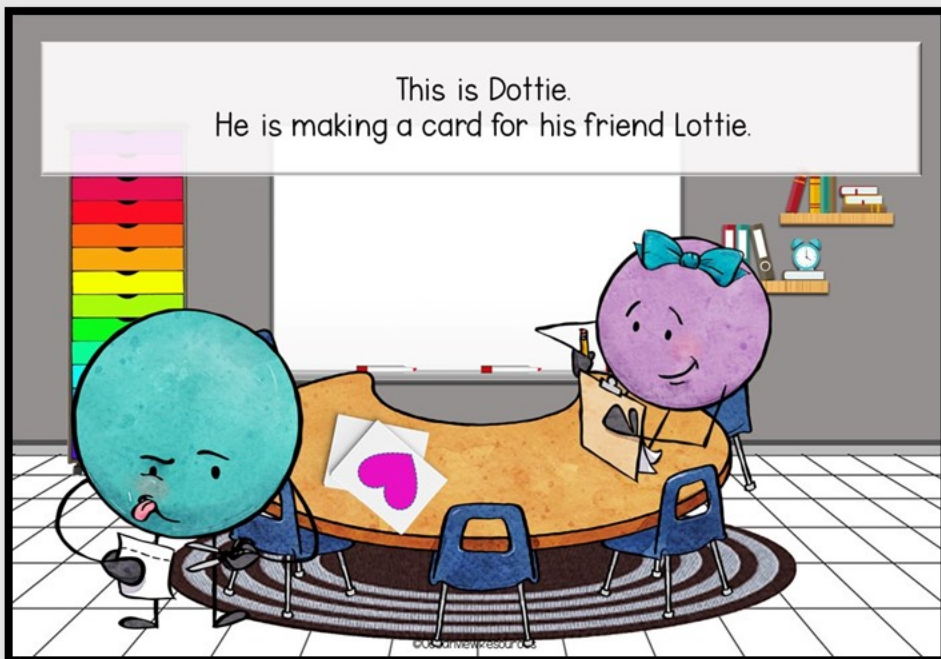
Encouraging children to try using self calming strategies when they are feeling frustrated is a common social skill that needs to be frequently addressed.

As educators we always will say things like, "have a go" or "Keep trying ", however we need to explicitly teach these skills.

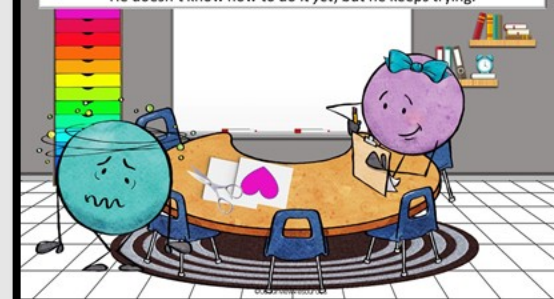
This story can be used to help children to broaden their confidence, and to broaden their self-regulating strategies for those moments when they are feeling frustrated or find themselves in a social situation where they need to try harder and not give up. In this case, it is trying hard to complete a craft project.



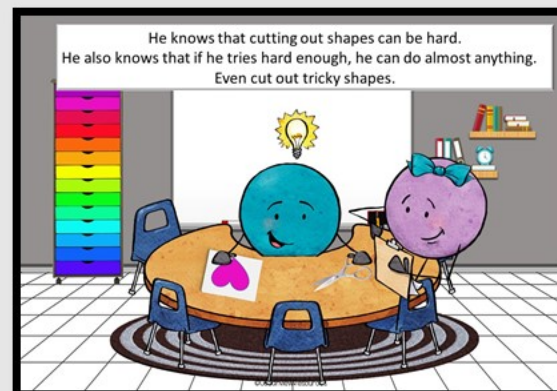
This is Dottie.
He is making a card for his friend Lottie.



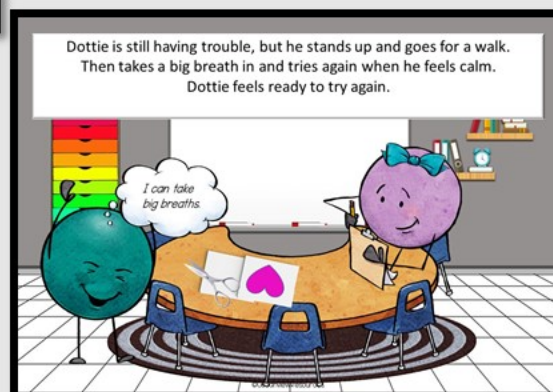
He is getting a bit frustrated because he is having trouble cutting out some of the shapes.
He doesn't know how to do it yet, but he keeps trying.

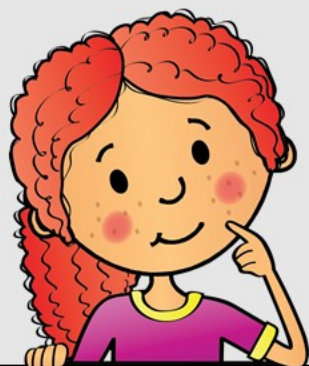
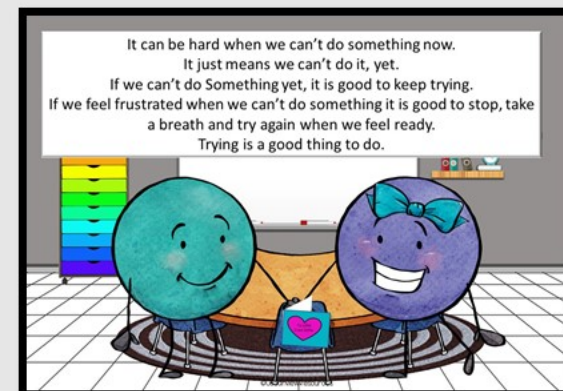
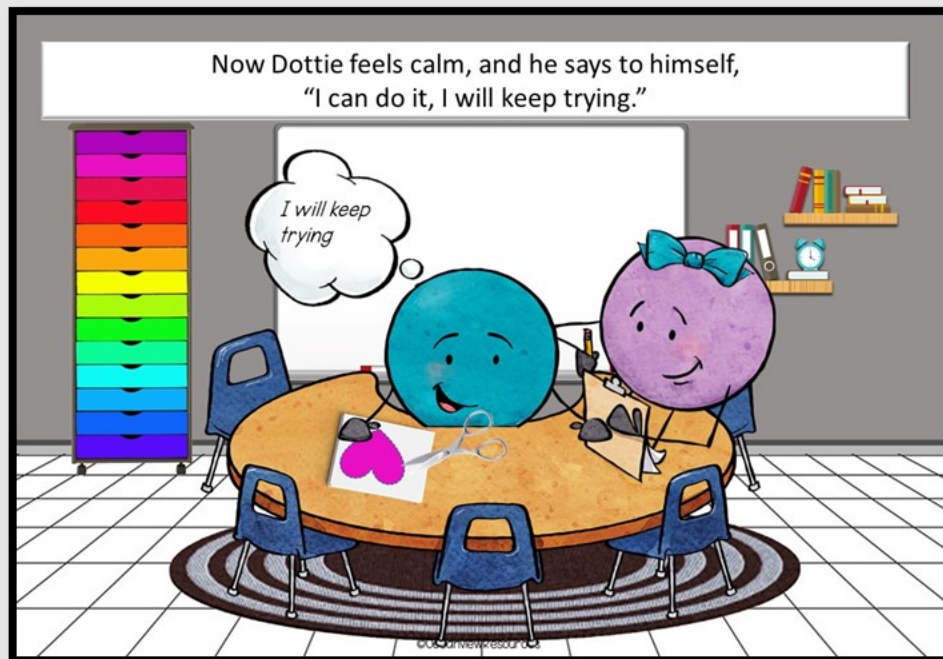


He knows that cutting out shapes can be hard.
He also knows that if he tries hard enough, he can do almost anything.
Even cut out tricky shapes.



Dottie is still having trouble, but he stands up and goes for a walk.
Then takes a big breath in and tries again when he feels calm.
Dottie feels ready to try again.



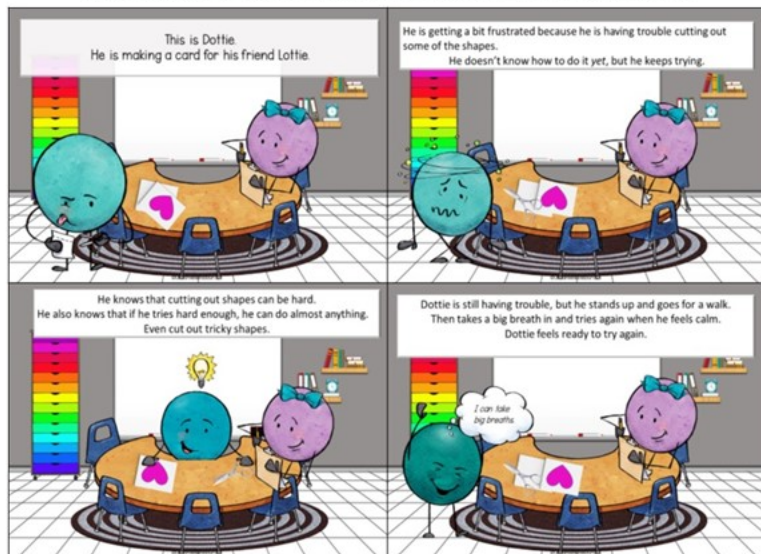


Reward Chart
I kept trying!

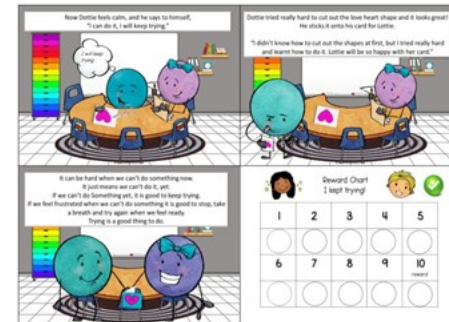
1	2	3	4	5
☐	☐	☐	☐	☐
6	7	8	9	10 reward
☐	☐	☐	☐	☐



Smaller cards which can be printed a cut to use at home or put on a curtain ring.



Smaller cards which can be printed a cut to use at home or put on a curtain ring.



Smaller cards which can be printed a cut to use at home or put on a curtain ring.



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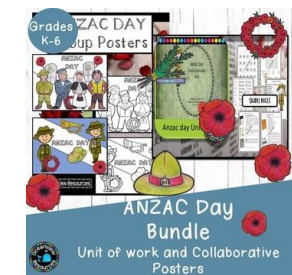
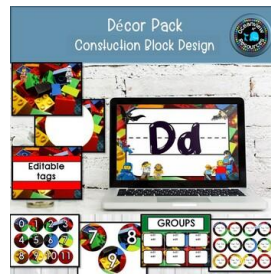
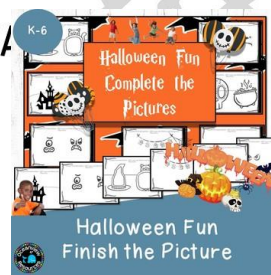
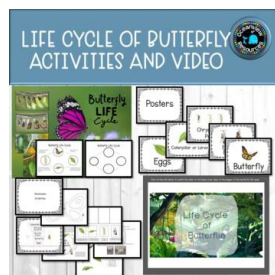


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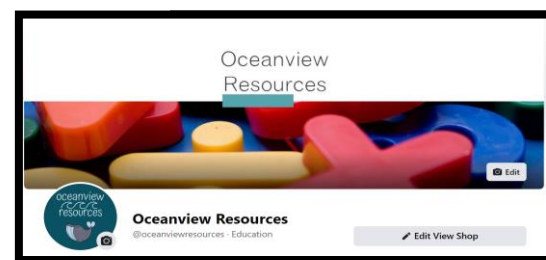
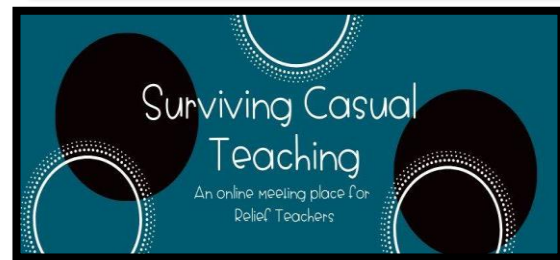
THANK you!

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