

The Dangers of Youth Vaping & e-Cigarettes Lesson

- Lesson
- Reading
- NO PREP - Just download and Go!
- Grade 6-8



THE DANGERS OF YOUTH VAPING AND E-CIGARETTES 6TH, 7TH, 8TH GRADE READING

Improve students'
literacy skills

Science Applicability

Sub Plan



SCROLL
to take a look inside!



HOW THIS LESSON HELPS YOU

- **Saves Prep Time** - Everything is pre-made, ready to go, and fully editable.
- **Provides Built-In Assessments** - Exit Ticket and Reading.
- **Provides Applicability** - the lesson includes multiple examples of real-life applications.

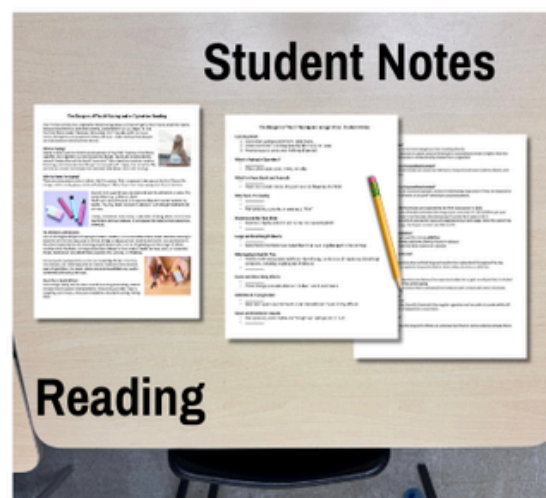
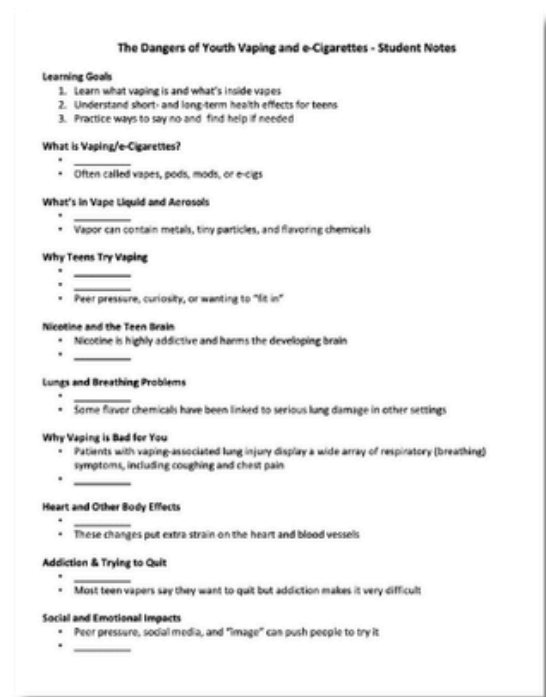
NO PREP

✓ **Simply Download and Teach/Upload** to your class site.

✓ **Assessment Included** 4-Question, Auto-Graded Exit Ticket + Reading Comprehension Article.

✓ **Interactive & Video-Enhanced Lesson**

✓ **Google, Office, & PDF**



- ★ A Complete, Fully-Editable Lesson & Student Notes
- ★ Teacher and Student Versions of your Lesson with Embedded Videos
- ★ The Dangers of Smoking Reading Comprehension Activity



What You Get

THE DANGERS OF YOUTH VAPING & E-CIGARETTES TEACHER & STUDENT VERSION

Student Notes

Reading

Addiction & Trying to Quit

- Many teens become addicted quickly and find quitting hard
- Most teen vapers say they want to quit but addiction makes it very difficult

Why Vaping is Bad for You

- Patients with vaping-associated lung injury display a wide array of respiratory (breathing) symptoms, including coughing and chest pain

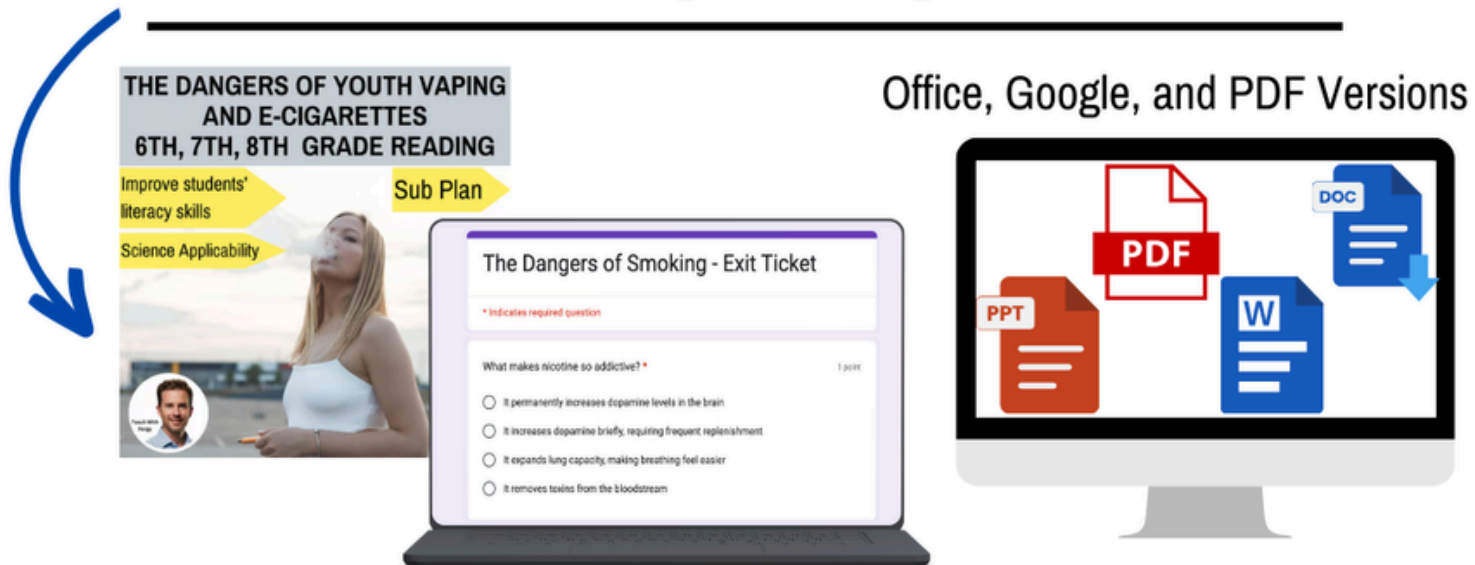
Student version of the lesson includes blanks to fill in.

What Will Your Students Learn?

Videos Embedded & Student Notes



Exit Ticket & Reading + Google, PDF, & Office



- ✓ What is Vaping/e-Cigarettes?
- ✓ What's in Vape Liquid and Aerosol
- ✓ Why Teens Try Vaping
- ✓ Nicotine and the Teen Brain
- ✓ Lungs and Breathing Problems
- ✓ Why Vaping is Bad for You
- ✓ Heart and Other Body Effects
- ✓ Addiction & Trying to Quit
- ✓ Social and Emotional Impacts
- ✓ Legal & School Consequences
- ✓ How to Say No

The Dangers of Youth Vaping and e-Cigarettes - Student Notes

Learning Goals

1. Learn what vaping is and what's inside vapes
2. Understand short- and long-term health effects for teens
3. Practice ways to say no and find help if needed

What is Vaping/e-Cigarettes?

-
- Often called vapes, pods, mods, or e-cigs

What's in Vape Liquid and Aerosols

-
- Vapor can contain metals, tiny particles, and flavoring chemicals

Why Teens Try Vaping

-
-
- Peer pressure, curiosity, or wanting to "fit in"

Nicotine and the Teen Brain

- Nicotine is highly addictive and harms the developing brain
-

Lungs and Breathing Problems

-
- Some flavor chemicals have been linked to serious lung d

Why Vaping is Bad for You

- Patients with vaping-associated lung injury display a wide array of respiratory symptoms, including coughing and chest pain
-

Heart and Other Body Effects

-
- These changes put extra strain on the heart and blood ve

Addiction & Trying to Quit

-
- Most teen vapers say they want to quit but addiction ma

Social and Emotional Impacts

- Peer pressure, social media, and "image" can push people
-

Google Access

Thank you for your purchase. Clicking the link button below will automatically create a copy of the Google resources and place them into your Google Drive. You'll find the folder inside the 'Shared with me' section on the left side of your Drive.

Important: Before you click, make sure you're signed in to the Google account you'd like the resources placed into. If the resources are added to the wrong account, simply sign out and then into the correct one and repeat the process.

Click here to place a copy of your resources into your Google account

Google Classroom Ready One-Click Google Slides Access

Student Notes in Word

1-Click Google Access

Teacher and Student Versions of the Lesson

Videos embedded in your slides

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THE DANGERS OF YOUTH VAPING & E-CIGARETTES

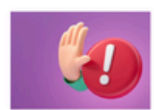
TEACHER & STUDENT VERSION

Student Notes

Reading

Why Vaping is Bad for You

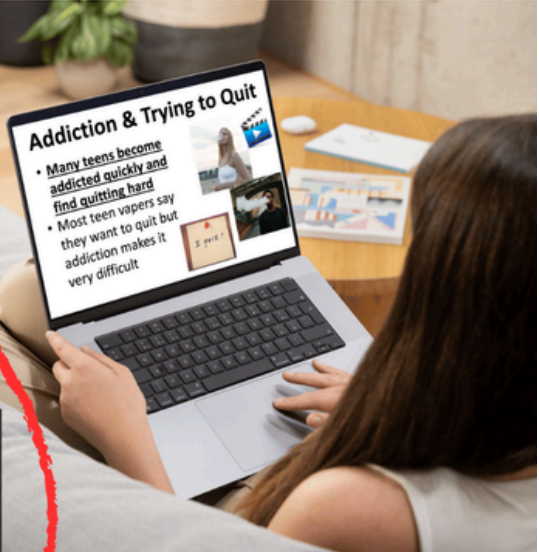
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Addiction & Trying to Quit

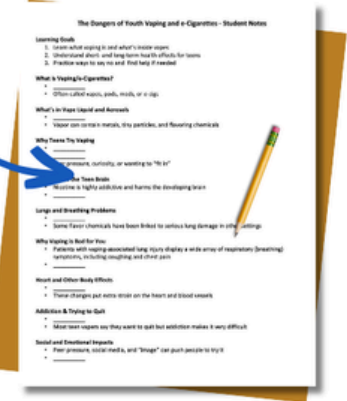
- Many teens become addicted quickly and find quitting hard
- Most teen vapers say they want to quit but addiction makes it very difficult



Videos Embedded & Student Notes

What is Vaping/ e-Cigarettes?

- Devices heat liquid (e-juice) to make an inhaled aerosol
- Often called vapes, pods, mods, or e-cigs



As a special bonus, I want to send you a few resources that you can use in your classroom tomorrow. Completely free and geared towards what you teach!



Just



and then choose what you teach!

thanks
**for your interest
in this resource!**



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