

RED RIBBON WEEK

WHEEL OF HEALTHY CHOICES

Crank up the fun with the Wheel of Healthy Choices! This interactive game show spins learning and healthy habits into high gear for Red Ribbon Week!

Scroll down to see what's included!



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RED RIBBON WEEK

20 GAME QUESTIONS!



SPIN THE DIGITAL WHEEL!



DETAILED DIRECTIONS

HOW TO PLAY THE WHEEL OF HEALTHY CHOICES!

RED RIBBON WEEK WHEEL OF HEALTHY CHOICES

Ladies and gentlemen, gather 'round for the thrilling game we play during Red Ribbon Week! Welcome to "The Wheel of Healthy Choices"! I, your charismatic gameshow host, will hook up my laptop to the projector in the cafeteria. But wait, that's not all! We've got a microphone for that authentic gameshow experience!

To join the fun, students need to sign a pledge card promising not to try drugs. Those cards are collected by grade level. And here's where the excitement begins! At each grade level lunch, I randomly pick names from the pledge cards and announce, "(Name), you are the next contestant on the Wheel of Healthy Choices!"

The chosen students come up to the laptop, press the button, and watch the spinner go wild. What question will it land on? The suspense builds as I reveal the question, and the student gets to use the microphone to answer. Correct answers earn fabulous prizes like pencils, stickers, or other Red Ribbon Week goodies.

But the excitement doesn't end there! Oh no, we're not done yet. The whole cafeteria erupts with applause to celebrate those who make healthy choices. It's a blast, and the kids can't get enough! In fact, they always ask, "When are we doing it again?" You can even adapt this awesome game for the classroom!!!

So let's celebrate Red Ribbon Week with joy and knowledge, and may your students adore "The Wheel of Healthy Choices" as much as ours do! Let the games begin!

Prep: Set up laptop, projector, microphone

Sign Up: Students pledge not to use drugs and sign cards.

Play: Randomly pick names from pledge cards.

Spin & Answer: Spin the digital wheel on the laptop, answer the question displayed.

Optional Prizes: Correct answers get RRW prizes.

**Check Out
the Video
Preview!**

WHAT'S INCLUDED?

20 HEALTHY CHOICES QUESTIONS



The wheel has 20 questions ranging from healthy habits to handling peer pressure!

Here are some examples:

- ★ How do you say NO to harmful things?
- ★ Give an example of a healthy snack.
- ★ What is one fun way to exercise?
- ★ Name a healthy habit you practice.
- ★ Why is it important to listen to your parents?

WAYS TO USE...

A FLEXIBLE RESOURCE!

- ★ Perfect for Classroom Health or RRW Lesson!
- ★ Use as a fun introduction activity talking about healthy choices!
- ★ Great for a Large Group Activity during lunch or assemblies!
- ★ Use as motivation to participate in RRW Activities!
- ★ Use in Virtual Learning!

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Spin the Digital Wheel!



WHY YOU WILL LOVE IT...



- ★ Minimal Setup: Just connect a laptop, projector, and microphone!
- ★ Engaging & Interactive Game Show Format!
- ★ Red Ribbon Week Ready: Perfect activity with a focus on healthy choices!
- ★ Adaptable: Can be easily adapted for small or large groups!
- ★ Promotes Positive Reinforcement for making Healthy Choices!
- ★ Student-Favored: Students ask to play again & again, making it a teacher-approved activity.

