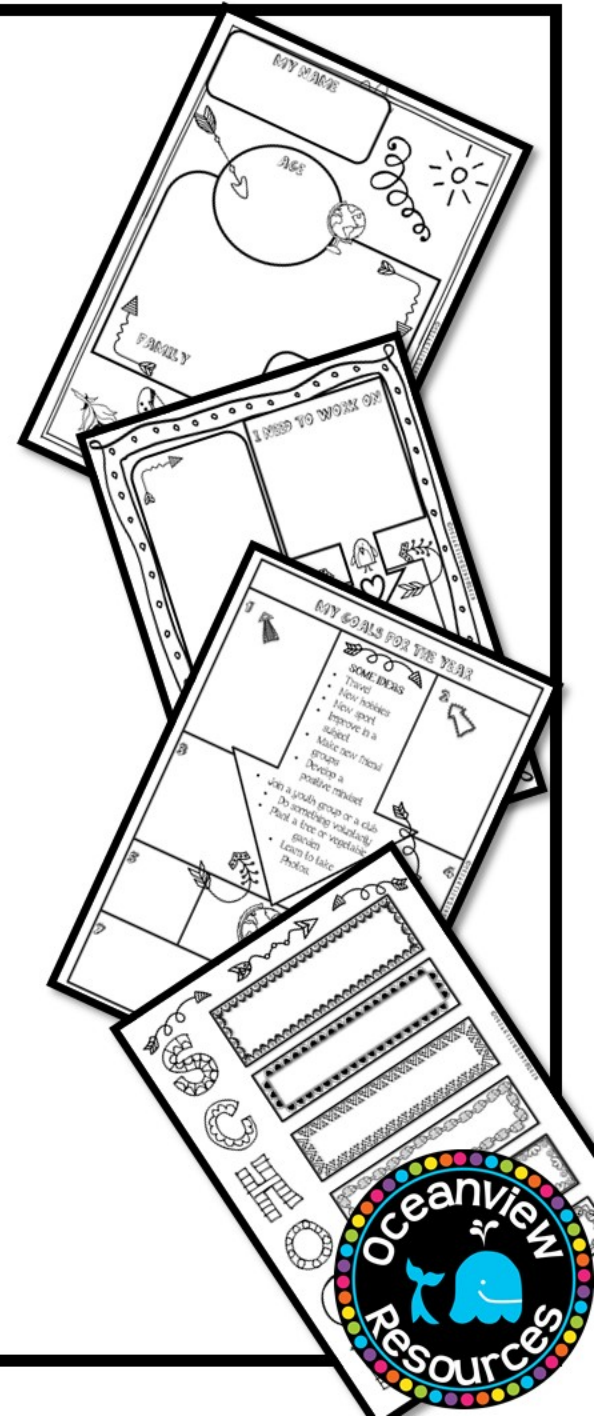
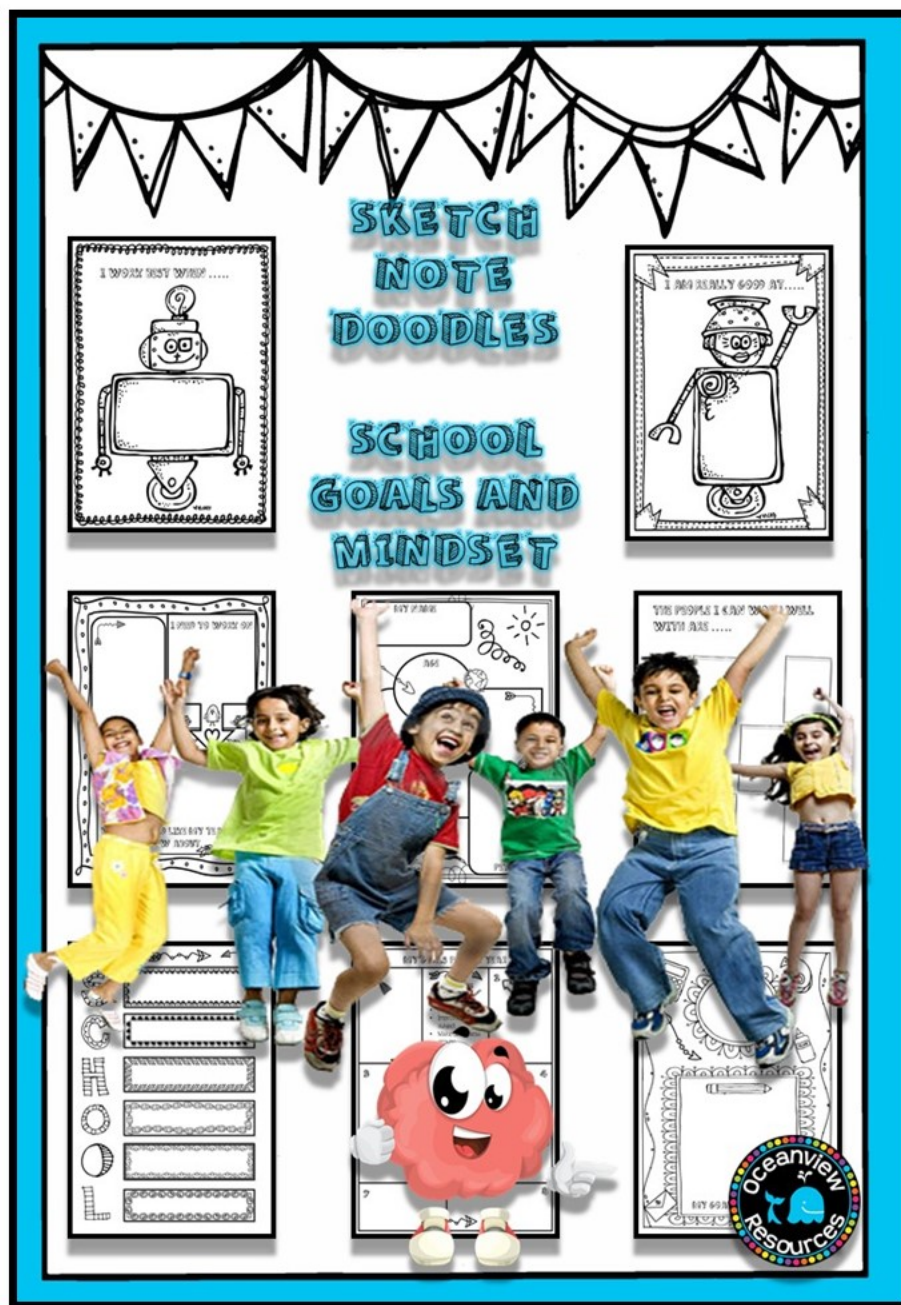
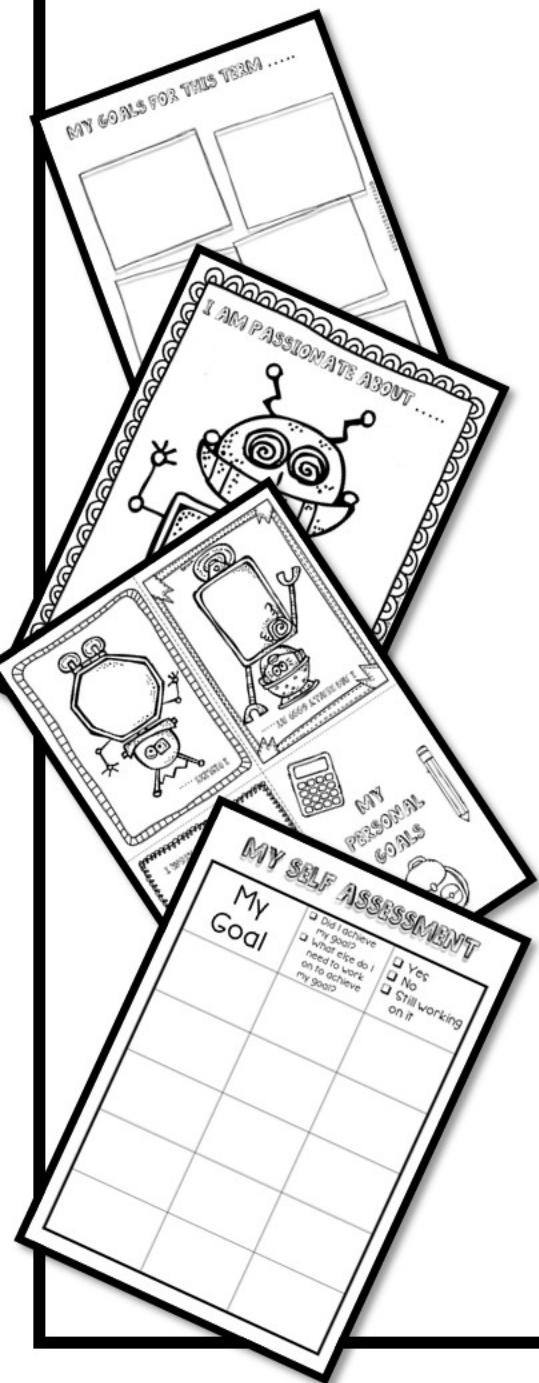
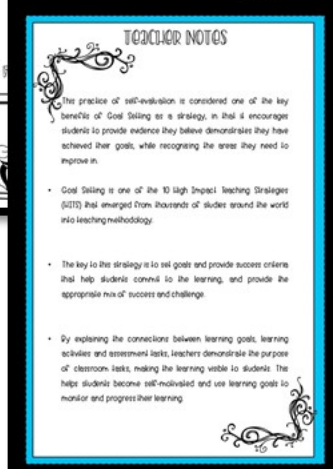
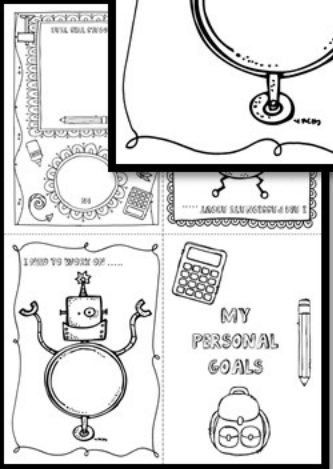
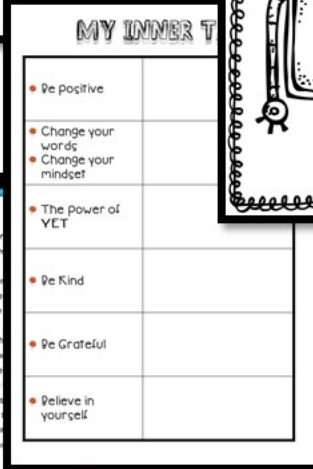
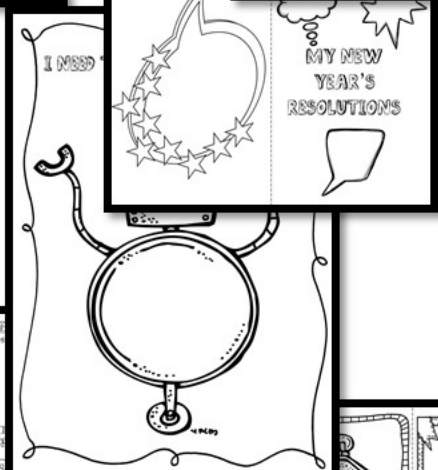
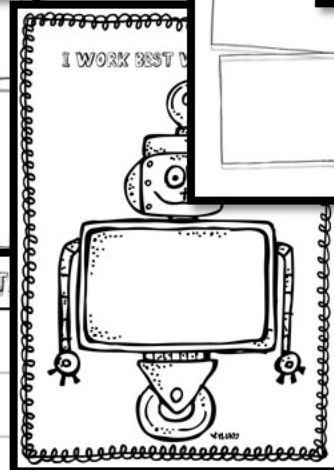
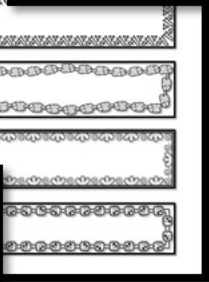
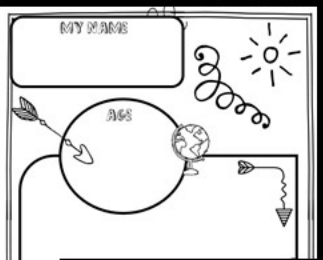
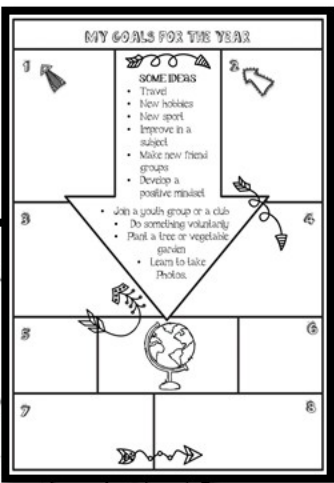
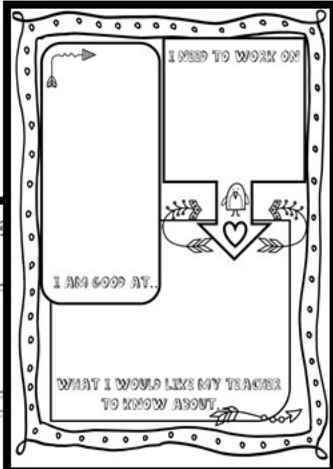
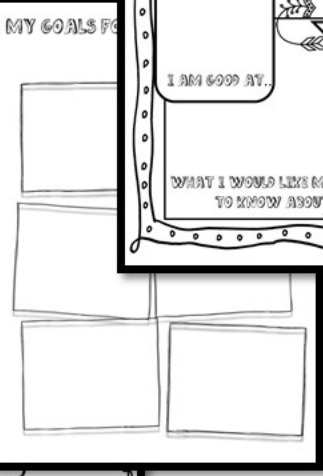
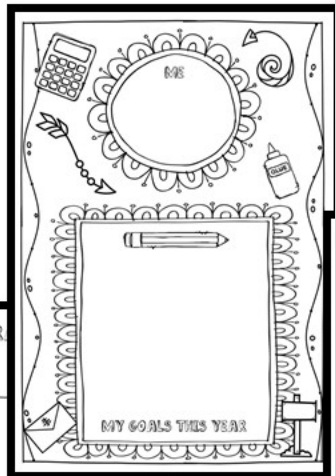
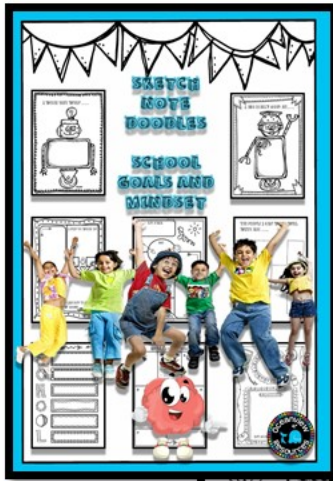






TEACHER NOTES



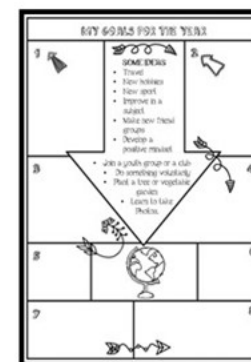
This practice of self-evaluation is considered one of the key benefits of Goal Setting as a strategy, in that it encourages students to provide evidence they believe demonstrates they have achieved their goals, while recognising the areas they need to improve in.

- Goal Setting is one of the 10 High Impact Teaching Strategies (HITS) that emerged from thousands of studies around the world into teaching methodology.
- The key to this strategy is to set goals and provide success criteria that help students commit to the learning, and provide the appropriate mix of success and challenge.
- By explaining the connections between learning goals, learning activities and assessment tasks, teachers demonstrate the purpose of classroom tasks, making the learning visible to students. This helps students become self-motivated and use learning goals to monitor and progress their learning.



TEACHER NOTES

- These worksheets are designed to be an open ended activity and reflection tool where students think about their time at school, and what they wish to achieve throughout the year.
- Ideally they need to be re-visited at different times of the year for more reflection and discussion....to see what goals have been achieved, which new goals would they like to achieve, and which they would like to continue working on
- The students get the opportunity to share with you what they consider to be their personal strengths, their support/safety groups and the peers that they work best with. It may be a useful tool for your planning and pairing of students for various activities
- Help your children to reflect on, review, plan and achieve their targets and dreams with this handy pack of goal setting resources! The activity and display materials are perfect for use at the start of a new term and on an ongoing basis throughout the school year.



- If you would like to see other activities included in this set, then please don't hesitate to contact me via my email on ninki1@bigpond.com

TEACHER NOTES

- Use the following worksheets to discuss with your students the importance of their attitude to school and their mindset.
 - In the boxes next to each mindset tag, get the students to write a sentence about the word, or draw a picture to go with it as a reminder.
 - Key words/tags are vital for shifting attitudes to learning
1. Be positive- we are able to do hard things when we stay positive
 2. Change your words-change your mindset – We can change our attitudes and dedication to work by changing our inner voice
 3. The Power of Yet- Change your mindset simply by adding "YET" to the end. There is a difference between not knowing, and not knowing it just "YET"
 4. Be kind- to yourself, to your environment, to your friends, to others.
 5. Be Grateful- being grateful and giving thanks to the things that give you pleasure or happiness in your life. Take the time to think of something every day that you are grateful for.
 6. Believe in yourself- "Whether you think you can or think you can't....you're right!!!!" Henry Ford
 7. Dream Big- "If you dream big, you can do it- Walt Disney"
 8. Exercise your brain- the more you exercise it, the stronger it will become.
 9. Persevere- keep on trying even when you feel like giving up.
 10. Embrace Challenges- Think about your challenges and take them on with a positive mindset.
 11. Mistakes help us to learn-anything of value takes time to learn and master
 12. Be inspired- look at other around you and on the media and take inspiration from them
 13. Be organized- have a clean and tidy work place so that you have the tools you need
 14. Develop good work habits-get into the habit of doing your work when you are refreshed and thinking at your best
 15. Effort versus Achievement-Nothing was achieved without effort
 16. Develop New Habits-If what you are doing now isn't working, try something new
 17. Celebrate your successes-no matter how small CELEBRATE every one of them

MY SELF ASSESSMENT

My Goal	☐ Did I achieve my goal? ☐ What else do I need to work on to achieve my goal?	☐ Yes ☐ No ☐ Still working on it

MY GOALS FOR THE SEMESTER

1



SOME IDEAS

- Travel
- New hobbies
- New sport
- Improve in a subject
- Make new friend groups
- Develop a positive mindset

2



3

- Join a youth group or a club
- Do something voluntarily
- Plant a tree or vegetable garden
- Learn to take Photos.

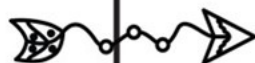
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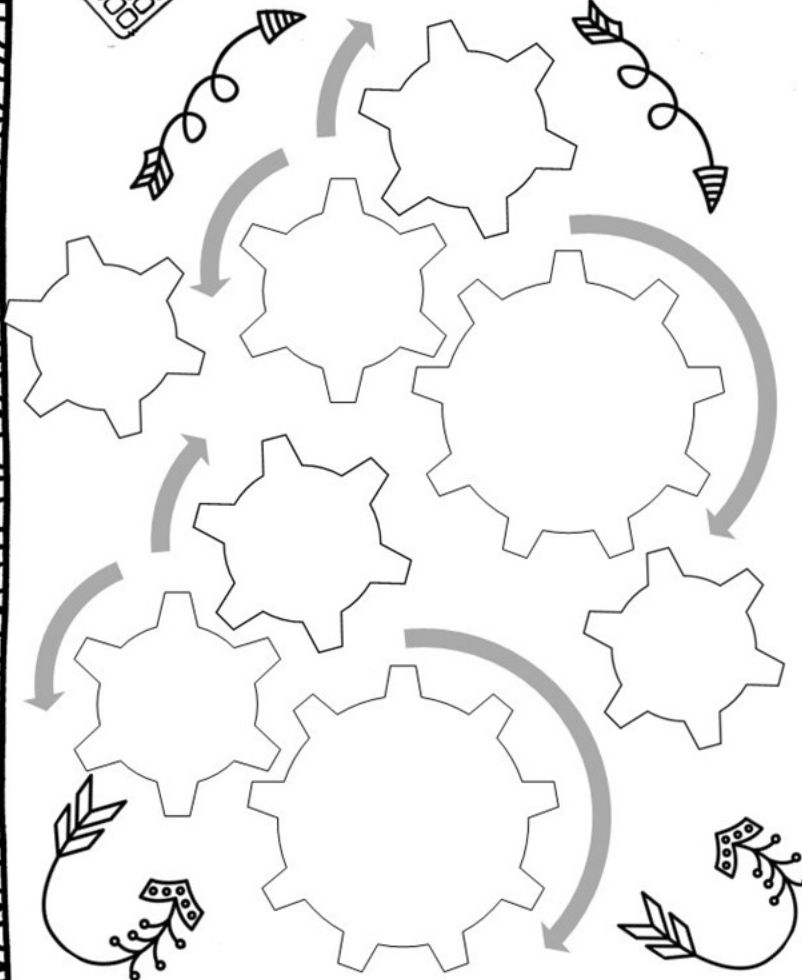
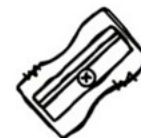
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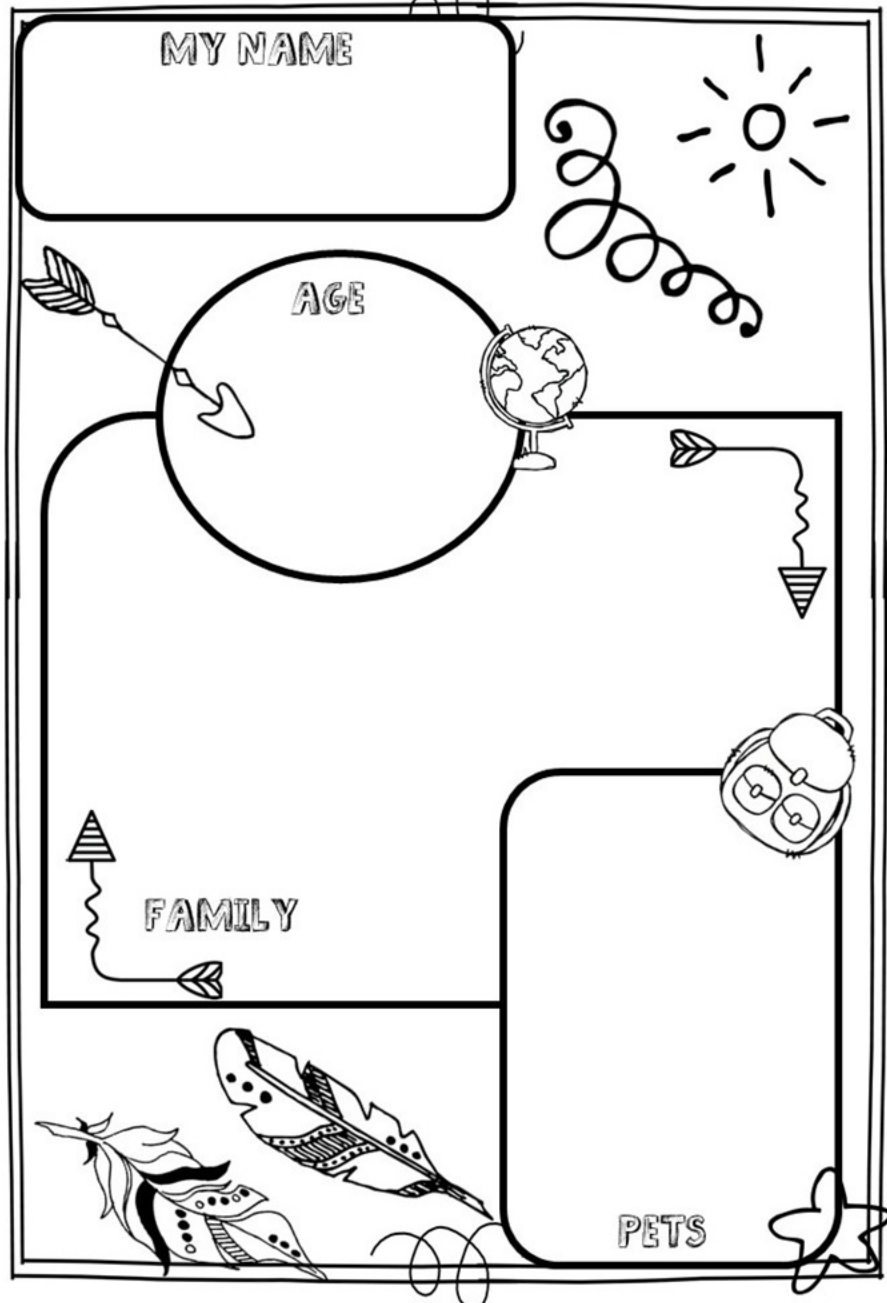
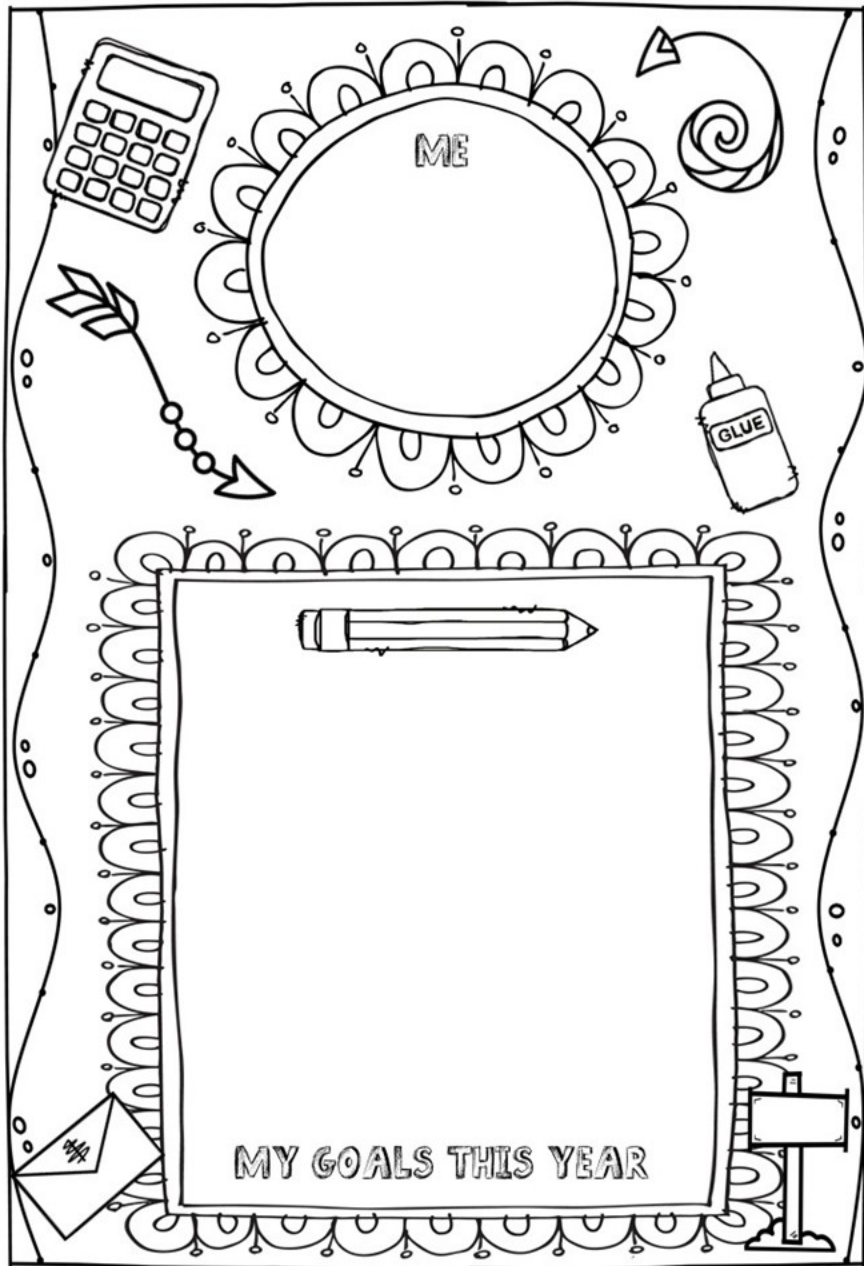
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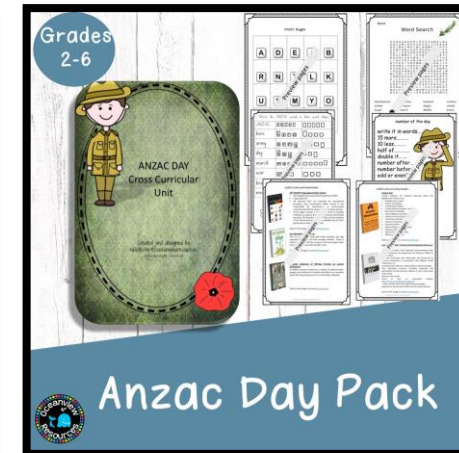
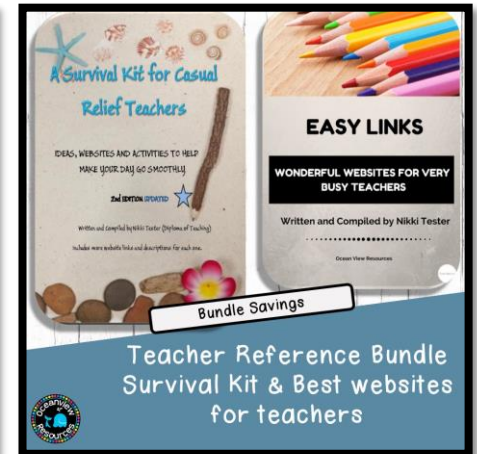
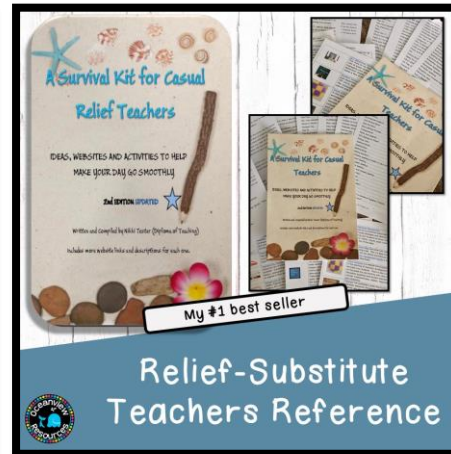
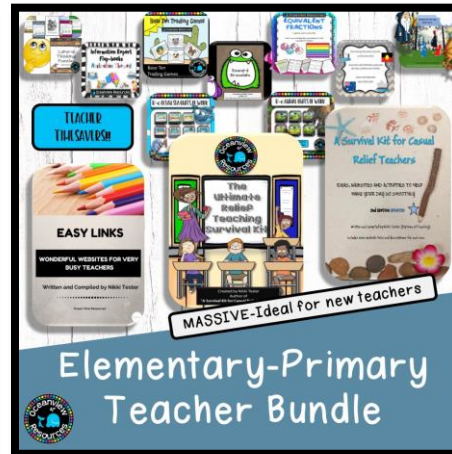
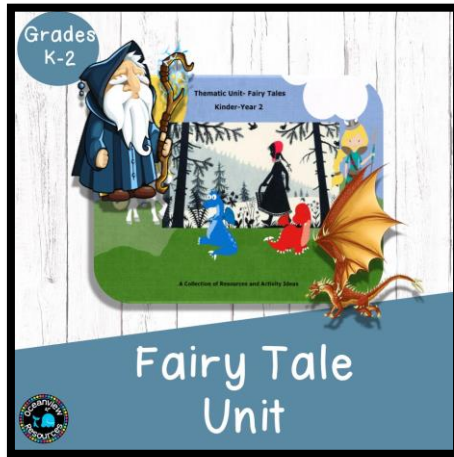
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MY SUPPORT NETWORK





OTHER RESOURCES FROM MY STORE THAT YOU MAY ENJOY



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