

Personal Space Self Monitoring Chart



Part of a growing collection of self-monitoring tools for student success!

The image displays two versions of the 'Personal Space Self-Monitoring Chart'. On the left is a printed paper version with a teal border, and on the right is a digital version shown on a tablet with a black border. Both charts include a header for 'Name:' and 'Date:', followed by the title 'PERSONAL SPACE SELF-MONITORING CHART'. Below the title are instructions: 'Directions: Mark an X in the box that best describes how well you stayed in your space. Then, reflect on what helped you and what you can improve.' The main body of the chart is a table with four columns: 'Time of Day/ Activity', 'I stayed in my space' (with a happy face emoji), 'I needed reminders' (with a sad face emoji), and 'I had trouble with space' (with a very sad face emoji). Each column has seven rows for data entry. At the bottom of the tablet version, there are additional sections for 'How do you feel about staying in my space today?', 'How do you feel about staying in my space tomorrow?', and 'Other Notes (optional)'. A small copyright notice '©The Responsive Educator 2025' is visible in the bottom left corner of the paper version and vertically on the right side of the tablet version.

Supports Respect & Spatial Awareness

✨ A Simple, Effective Tool for Self-Monitoring of Personal Space

Why Do Students Need Self-Monitoring?

Many students struggle with:

- understanding personal boundaries
- maintaining personal space with peers
- recognizing when they are too close to others

Studies show that self-monitoring improve:

- awareness of body space
- reduces conflicts caused by boundary issues
- supports social skills & respectful interactions



Social Conflicts

- Personal space issues lead to arguments or discomfort.

Common Challenges Teachers Face



Frequent Boundary Violations

- Students stand too close or invade personal space.



Inconsistent Awareness

- Students don't recognize when they're too close to others.

PERSONAL SPACE SELF-MONITORING CHART

Name: _____ Date: _____

Directions: Mark an X in the box that best describes how well you stayed in your space. Then, reflect on what helped you and what you can improve.

Time of Day/ Activity	I stayed in my space 😊	I needed reminders 😐	I had trouble with space 😞

☒ What helped me stay in my space today?

☐ What can I do better tomorrow?

☐ End of Day Teacher Notes (optional)

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How This Chart Can Help



Teaches spacial awareness



Encourages self-regulation



Simplifies teacher tracking



Backed by research

*Research shows self-monitoring improves social awareness & peer relationships

Name: _____ Date: _____

PERSONAL SPACE SELF-MONITORING CHART

Directions: Mark an X in the box that best describes how well you stayed in your space. Then, reflect on what helped you and what you can improve.

Time of Day/ Activity	I stayed in my space 😊	I needed reminders 😐	I had trouble with space 😞
	X		
		X	
	X		
	X		
			X
			X

What helped me stay in my space today?
✓ Sitting away from the door helped me this morning.

What can I do better tomorrow?
💡 I will ask the teacher to move me if my friend keeps talking to me tomorrow.

End of Day Teacher Notes (optional)

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SPECIFIC DETAILS

Name: _____ Date: _____

PERSONAL SPACE SELF-MONITORING CHART

Directions: Mark an X in the box that best describes how well you stayed in your space. Then, reflect on what helped you and what you can improve.

Time of Day/ Activity	I stayed in my space 😊	I needed reminders 😐	I had trouble with space 😞

✓ What helped me stay in my space today?

💡 What can I do better tomorrow?

✍ End of Day Teacher Notes (optional)

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Write or type in daily
schedule (EDITABLE!)

Student self-
monitoring

Student reflection

Teacher review

Name: _____ Date: _____

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Directions: Mark an X in the box that best describes how well you stayed in your space. Then, reflect on what helped you and what you can improve.

Time of Day/ Activity	I stayed in my space 😊	I needed reminders 😐	I had trouble with space 😞

✓ What helped me stay in my space today?

💡 What can I do better tomorrow?

✍ End of Day Teacher Notes (optional)

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