

Back to School SEL

Activities Bundle

About This Year:

I am looking forward to:

I am not looking forward to:

Name: _____

Engaging
Activities to
Help
Students
Transition to
New School
Year

My School Day



the thing I learn

My Feelings Daily Check In

My Name: _____

Day:	Today I Felt:	Feeling Face:	Feeling Color:	Why I am Feeling This way:
Monday				
Tuesday				
Wednesday				

Coping Skills

I

Can Use This Year

Name: _____



16 Activity Worksheets!

My First Week of School:



This is Who I Am....

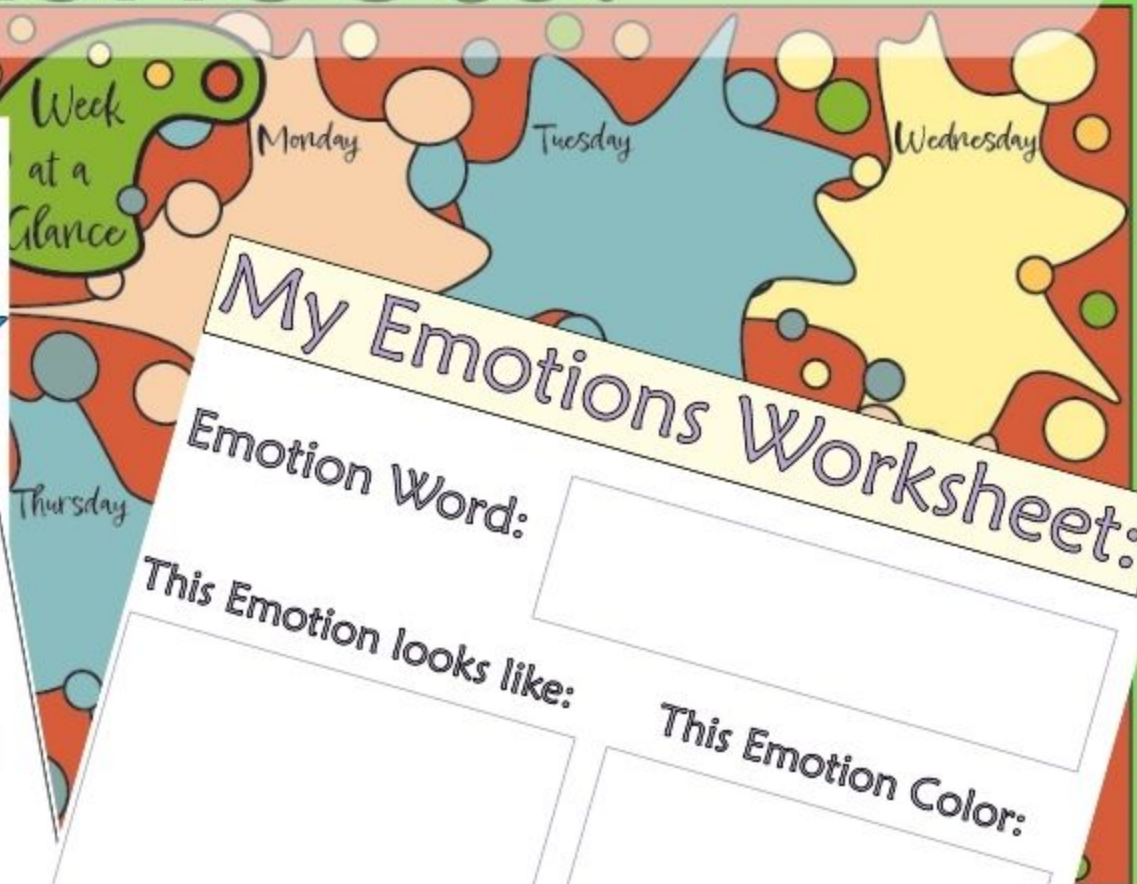
This is me....

My Favorite Animal

My Favorite Food

My Favorite Place

My Favorite Color



My Emotions Worksheet:

Emotion Word:

This Emotion looks like:

This Emotion Color:

What I can do when I experience this emotion



You may also love these products:

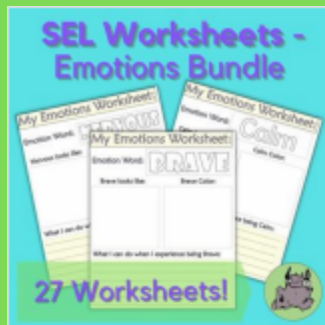


Coloring Mandalas-Printable Mindful coloring pages with self-affirmation

Mandala coloring pages to use as a mindful activity. These hand-drawn coloring pages will encourage calm and focused behavior in the classroom! This resource is a great way to help students with stress...

TPT / \$4.00

Mindful Mandalas Coloring Pages



SEL, Counseling Worksheets-Emotion, Feeling Identification/Expression-1st to 4th

Are you looking for SEL worksheets for counseling or the classroom that can help students identify and express their emotions and feelings? These activities, My "Emotions Worksheets" are a great way to he...

TPT / \$13.50

SEL Worksheets Emotions Bundle