

ETHICS & RESOURCES YOU CAN TRUST...



**BACKYARD ACADEMY
CONTACTS &
RECEIVES WRITTEN
PERMISSION FROM
THE AUTHOR AND/OR
PUBLISHER FOR EVERY
BOOK COMPANION
CREATED.**



A PEEK INSIDE...

Assess comprehension
for multiple ages and
abilities.

Perfect for student's with
dyslexia, dysgraphia or fine
motor disabilities.

NAME: _____

THE BREAKING NEWS 

Directions: Answer the questions below. Remember to use punctuation and complete sentences.

- 1 What was happening when the family in the book heard the bad news?
- 2 How did the mom and dad react to the news?
- 3 What things changed after they heard the bad news?
- 4 What did the teacher say to do?
- 5 What did the main character do next?
- 6 How did the book end?

NAME: _____

THE BREAKING NEWS 

Directions: Carefully read the questions and circle the correct answer below.

1 What was the family in the story doing when they heard the bad news? a) Gardening b) Shopping c) Eating dinner	6 What did the teacher say to look for? a) Police b) The bad guys c) The helpers
2 How did they find out the bad news? a) Their neighbor b) The front page of the newspaper c) The TV	7 What does the main character want to do? a) Help in a big way b) Hide in the closet c) Ignore the situation
3 How do her parents react after they hear the bad news? a) They are grouchy and yell b) They cry alone in their rooms c) They watch TV and look at the phone	8 What did the character try to do to help? a) Put on a show and make force fields b) Tell her parents to ignore it c) Watch a funny movie
4 What does the main character say about how her parents are acting? a) It is more than a little scary b) It is sad c) It is normal	9 Does the bad news go away? a) Yes b) No c) For a few days
5 What is dad too tired to do? a) Read bedtime stories b) Serve dessert c) The garage sale	10 What are they doing at the end of the book? a) Skiing b) Reading a book together c) Gardening

NAME: _____

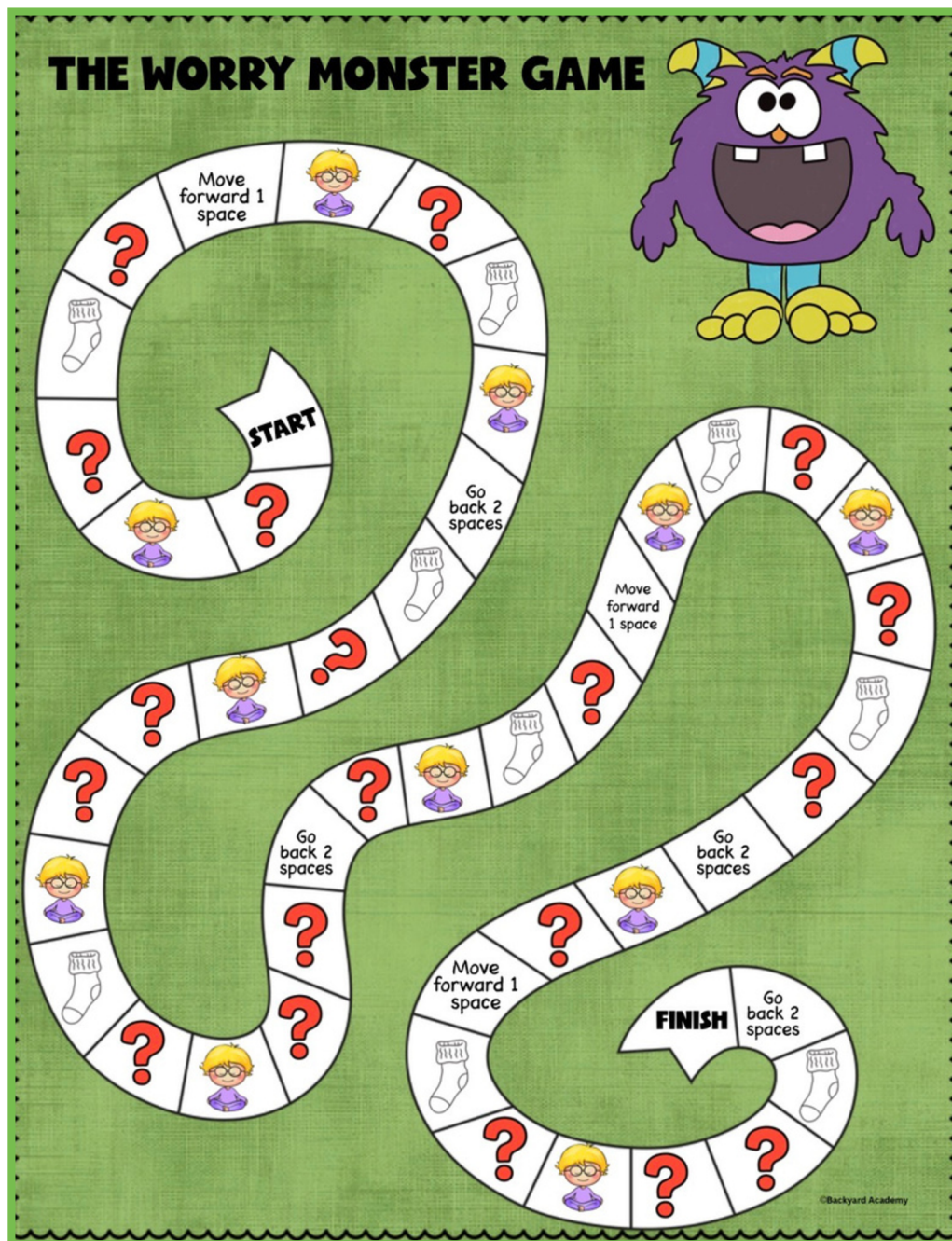
**ROLL AND RETELL
THE BREAKING NEWS**

Roll a die to find out which question to answer in what order. Write your answers to the questions on the Roll and Retell answer sheet provided. Roll until you have answered all questions.

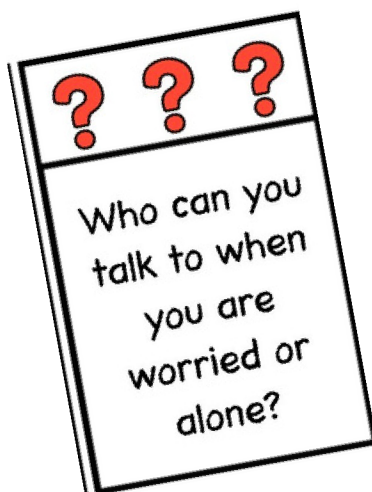
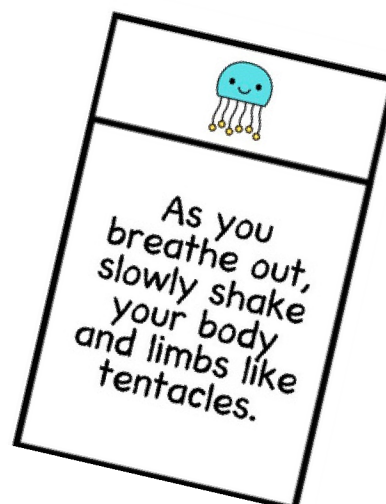
	Did you like this book? Why or why not?
	Who wrote the book? Who was the illustrator?
	What was the problem in the story?
	Who did the problem affect?
	What did the main character try to do to solve the problem?
	Have you ever had a problem like this? How did you handle it?

Answer Sheets Included!

GAMIFIED LEARNING



Students will learn and practice coping skills, discuss important topics, and feed the worry monster their worries on “stinky” socks all while learning on the sly.



WORKSHEETS EVEN THE RELUCTANT WRITER WILL ENJOY

Fun and interest driven writing assignments created for multiple levels and abilities.

**Encourage critical thinking,
creative writing, process
tough topics, improve
spelling, handwriting,
independence, and social-
emotional skills as you bring
the story to life!**

The Breaking News

How did your life change once you heard the breaking news?





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The Breaking News

How did your life change once you heard the breaking news?



A cartoon drawing of a news anchor, a young person with a worried expression, sitting behind a desk. The desk has a circular sign on the front that says "News".

Name: _____

When I Need Help

Sometimes everyone needs some help. This is a picture of what helps me!

When I'm sad, I need

When I'm scared, I need

When I'm angry, I need

When I'm worried, I need



©Backyard Academy

Name: _____

My Feelings, My Needs

I am an expert on my needs. This is what you can say and what you can do when I need help.

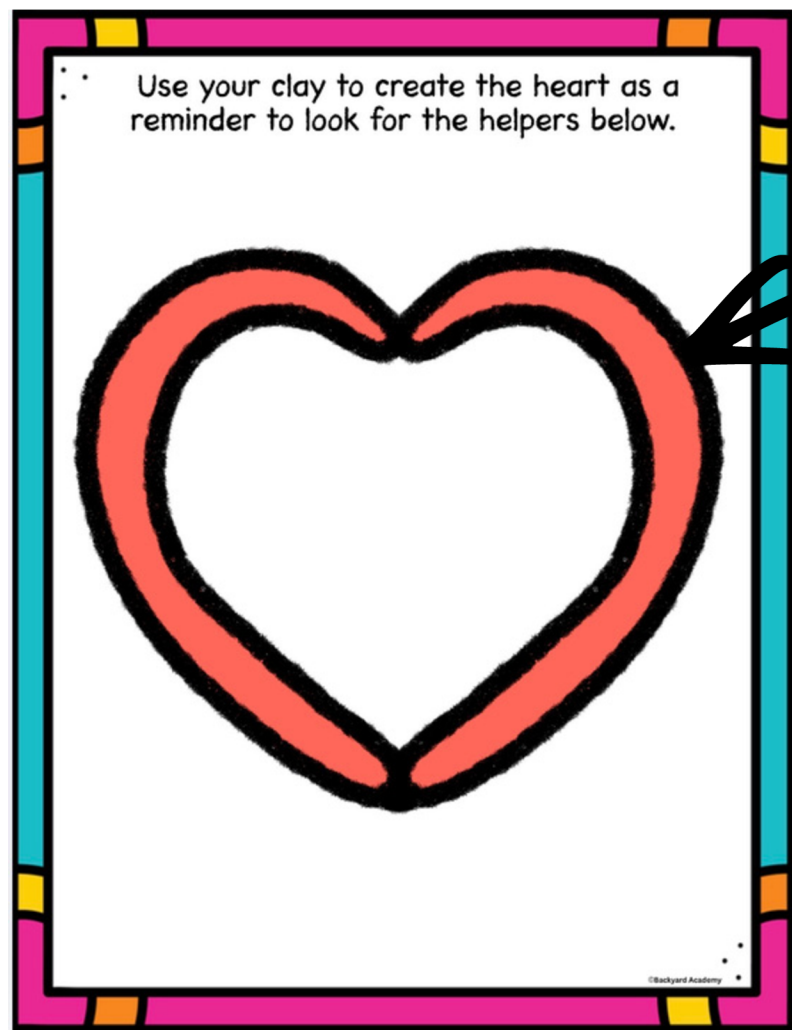


When I am mad:	
<div style="border: 1px solid black; border-radius: 50%; padding: 5px; display: inline-block; margin-bottom: 10px;">Say</div> <div style="border: 1px solid black; height: 150px; width: 100%;"></div>	<div style="border: 1px solid black; height: 150px; width: 100%;"></div> <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 10px;">Do</div>
When I am sad:	
<div style="border: 1px solid black; border-radius: 50%; padding: 5px; display: inline-block; margin-bottom: 10px;">Say</div> <div style="border: 1px solid black; height: 150px; width: 100%;"></div>	<div style="border: 1px solid black; height: 150px; width: 100%;"></div> <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 10px;">Do</div>
When I am scared:	
<div style="border: 1px solid black; border-radius: 50%; padding: 5px; display: inline-block; margin-bottom: 10px;">Say</div> <div style="border: 1px solid black; height: 150px; width: 100%;"></div>	<div style="border: 1px solid black; height: 150px; width: 100%;"></div> <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 10px;">Do</div>

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PLAY BASED EDUCATION

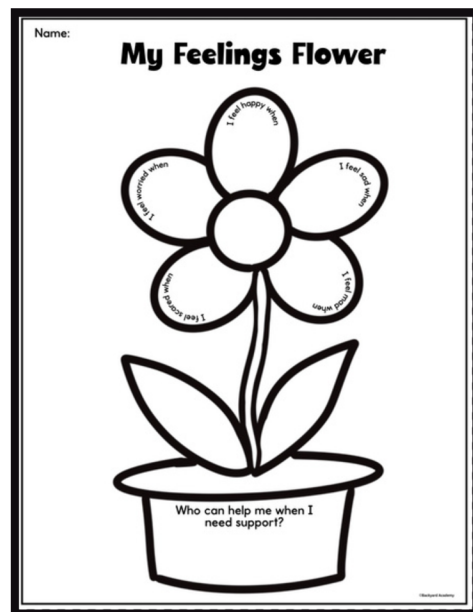


Students will utilize their clay to craft images and elements inspired by the book. This engaging activity serves as an excellent method for processing information while simultaneously developing fine motor skills, enhancing motor planning, strengthening hand muscles, and much more!

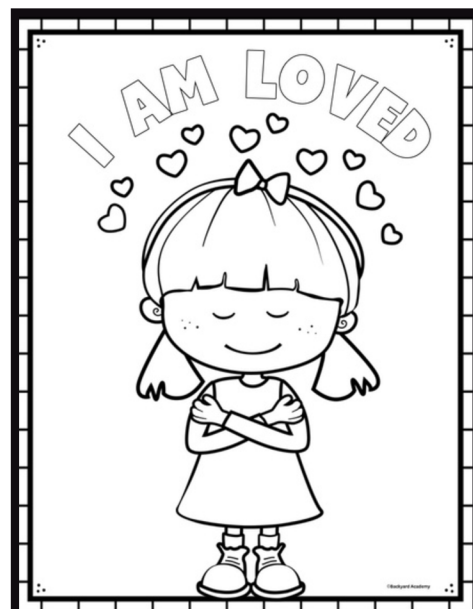
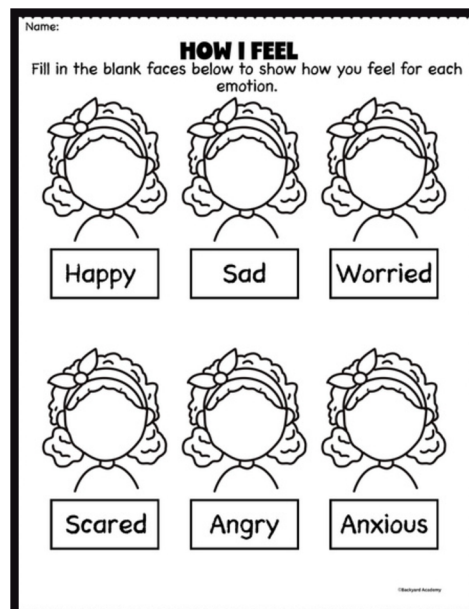
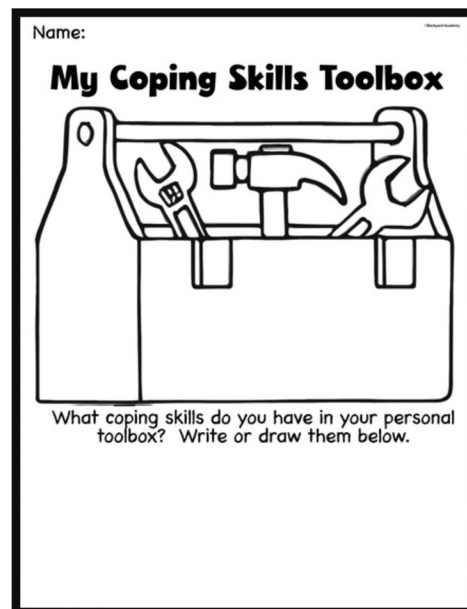
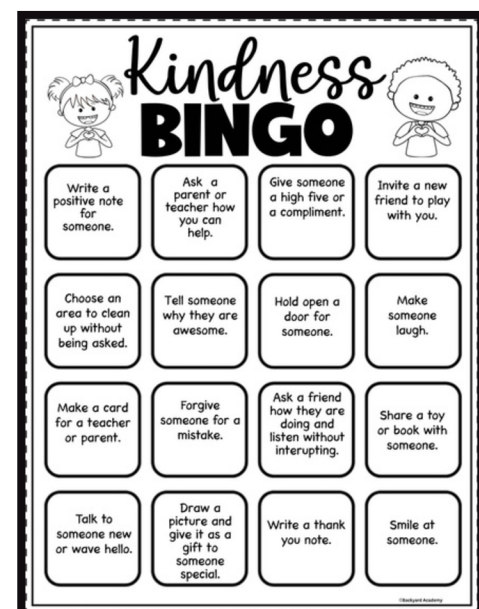
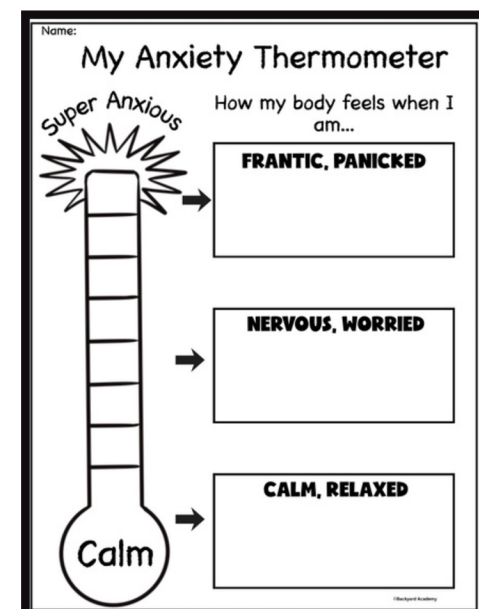
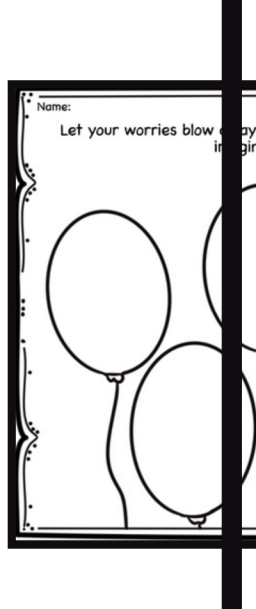


Coloring Sheets with Uplifting Messages are ideal for addressing challenging topics, creating bulletin board projects, and enhancing both self-esteem and fine motor skills!

EXTENSION ACTIVITIES FOR EVERYONE



Encourage creativity,
strengthen fine motor skills, and
hone critical thinking and social
emotional skills with fun,
interactive worksheets!



INTERACTIVE LEARNING

COPING CARDS, CRAFTS & ACTIVITIES

CALMING CARDS



Feeling worried, anxious or upset? Pick a card and see if it helps your body feel better.



Eat a healthy snack

Breathe like a



Make a buzzing sound as you breathe out and feel the vibrations

WORRY STONE



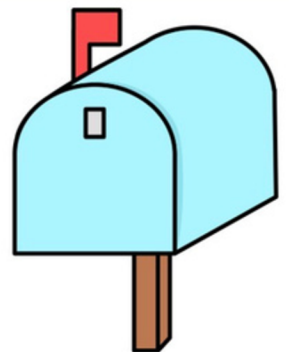
I'm your little worry stone
I'll remind you to believe
So when life gives you trouble
I'll tell you just to breathe.



Wobble Like a Seal



Lay on your tummy and reach back to grab your ankles. Rock yourself back and forth on your tummy.



Write a letter

Name: _____

My Coping Skills Toolbox

