

DENTAL HEALTH ACTIVITIES!

Good 	Bad 
leafy greens	sugary desserts
cruciferous vegetables	coffee
crunchy vegetables	fruit juice
crunchy fruits	candy
dairy	chocolate
fish	soda
beef	crackers
eggs	bread
beans	ice cubes
seeds	chips
nuts	French fries
	hotdogs
	popcorn

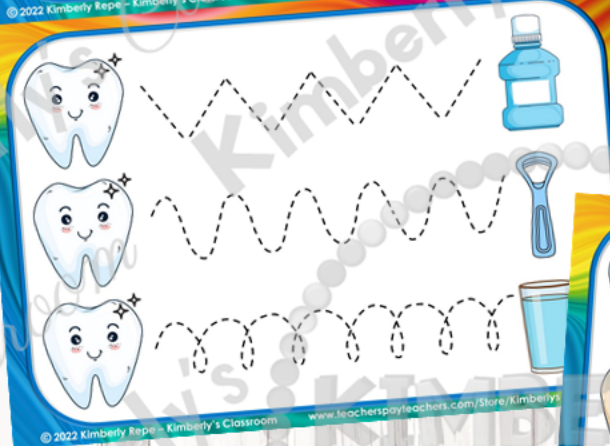
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seeds 	chips 
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	hotdogs 
	popcorn 

Good 	Bad 
	
	
	
	
	
	
	
	
	
	
	

Charts!



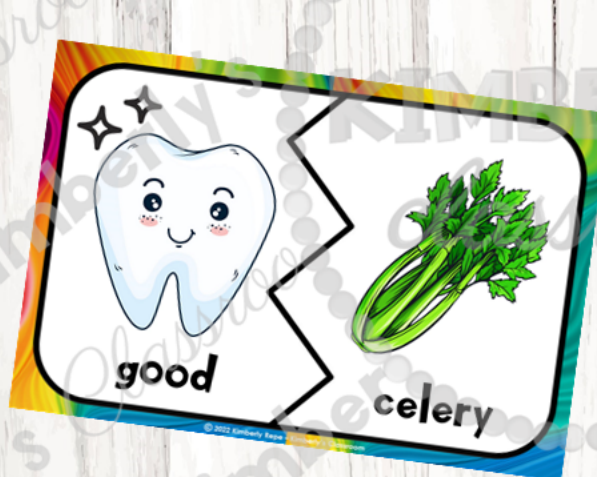
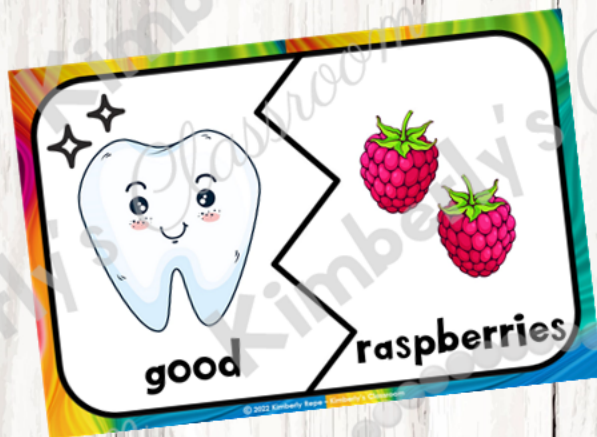
Differentiated for individual needs!



Practice
dental
health!

Play tracing games!

Play puzzle games!



Hands on learning through play!



Low
prep!

Sorting games!



Make your own!



HOW TO USE

- **Dental Health Week** is here! These **sorting mats, charts, puzzles, task cards, and mini cards** are fun and easy to use!
- Students can use the **sorting mats, charts** and **mini cards** to identify and sort healthy vs. unhealthy foods and habits for teeth. You could also use this activity in a whole group lesson to teach about dental health.
- Students can use the **puzzle activities** to **match** foods and habits that are healthy for teeth to the happy tooth and unhealthy for teeth to the unhappy tooth.
- You can also make this activity into a game by giving each student a **puzzle piece**. They can then walk around the room to find a matching partner.
- Use the **task cards** to practice identifying good vs. bad foods for our teeth. Students can use clothes pins or small manipulatives to show their answers.

- You can easily use the **mini cards** to play **games** such as memory, matching, go fish etc. Simply print more than one set. These can also be used to help with **writing** or **spelling**, as well as on **word walls**, and **write the room** activities.
- These **dental activities** are a great way for students to learn about, review, or practice dental health concepts. They can also be used as tools for **assessment**.
- These fun activities can be completed as a **whole group**, **independently**, in **small groups**, with **partners**, in **centers**, in **sub tubs**, or sent home as **extra practice**!

