

KINDNESS WEEK

STATION TASK CARDS

FOR ELEMENTARY SCHOOLS

COMES WITH 40 KINDNESS TASK CARDS

USE FOR:

Centers Work stations
Differentiated Writing Tasks
Free Choice Activity

IDEAL FOR:

Kindness Week
Random Acts of Kindness Week
World Kindness Day
The Great Kindness Challenge



EASY PREP!

PRINT & CUT APART

KINDNESS TASK

Write a list of kind gestures you can do every day to make someone smile.

KINDNESS TASK

Write a letter to a family member, sharing a special memory that makes you grateful for their kindness.

KINDNESS TASK

Write a list of compliments for your classmates, then share them with each other.

KINDNESS TASK

Write a poem about how simple acts of kindness can brighten someone's day.

KINDNESS TASK

Write a poem about a world filled with kindness, peace, and understanding.

KINDNESS TASK

Write a persuasive essay about why it's essential to practice kindness when it's challenging.

KINDNESS TASK

Write a thank-you note to a teacher who always makes you feel valued and supported.

KINDNESS TASK

Write a letter to the school principal, suggesting ways to promote kindness throughout the school.

KINDNESS TASK

Write a letter to someone who may be feeling lonely to offer your friendship and support.

KINDNESS TASK

Write a mini-book about different acts of kindness you can do at school or home.

KINDNESS TASK

Write a song or poem about the importance of including everyone and practicing kindness at recess.

KINDNESS TASK

Write a short story about a character who learns the importance of kindness through a challenging experience.

KINDNESS TASK

Write a journal entry about a time when you received kindness from a stranger.

KINDNESS TASK

Write a thank-you note to yourself, acknowledging your own acts of kindness and self-care.

KINDNESS TASK

Write a thank-you note to a bus driver, showing appreciation for their safe transportation.

KINDNESS TASK

Write a short play script that emphasizes the importance of kindness and action.

KINDNESS TASK

Write a thank-you note to your school janitor or other staff member, expressing gratitude for their work.

KINDNESS TASK

Write a poem about how kindness can create a chain reaction of positivity.

KINDNESS TASK

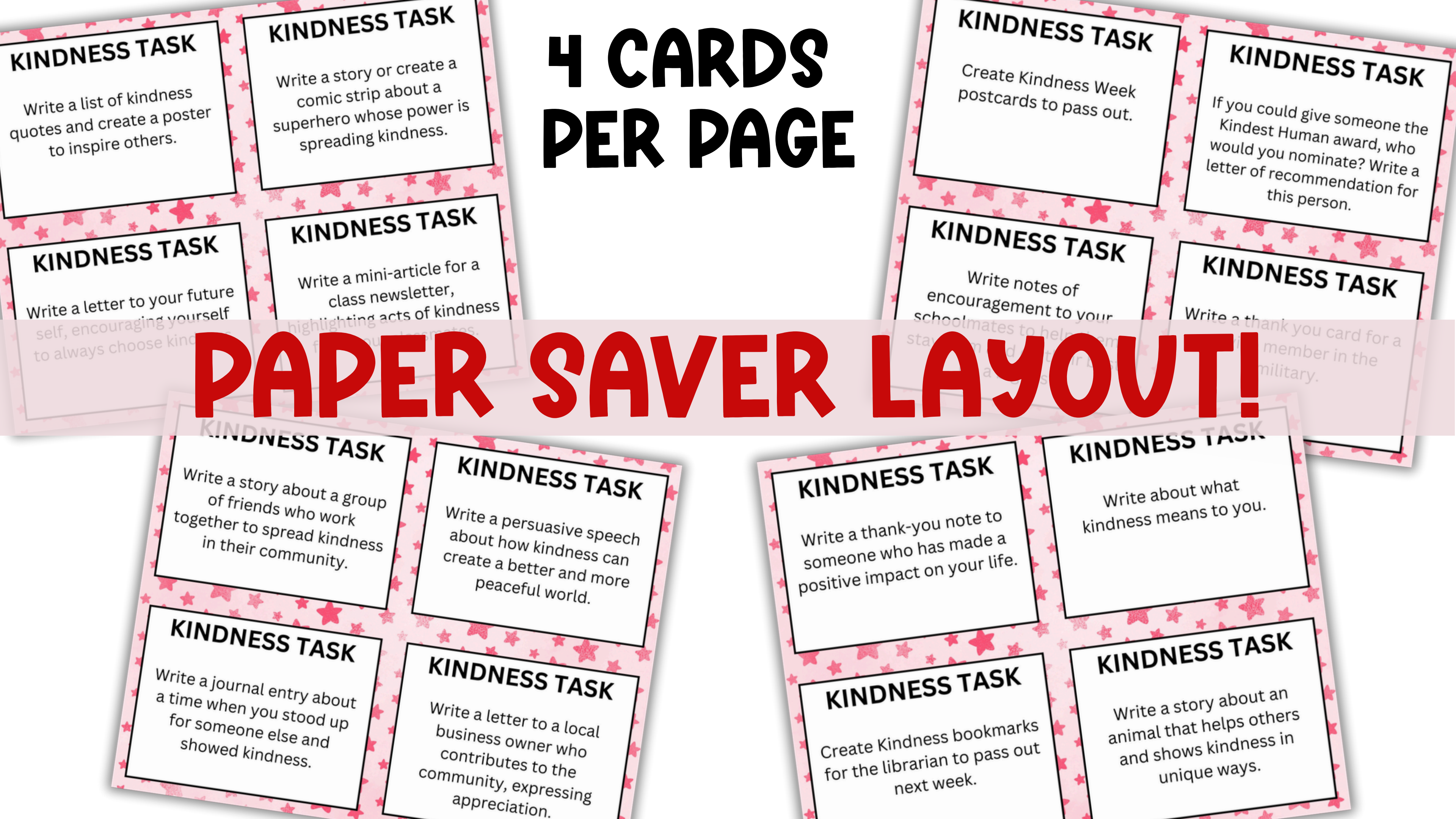
Write a letter to a friend, telling them how much kindness means to you.

KINDNESS TASK

Write a story about a friendship that was formed through an act of kindness.

**4 CARDS
PER PAGE**

PAPER SAVER LAYOUT!



ALL TASK CARDS COME IN COLOR AND IN B&W

KINDNESS TASK

If you could give someone the Kindest Human award, who would you nominate? Write a letter of recommendation for this person.

KINDNESS TASK

If you could give someone the Kindest Human award, who would you nominate?

Write a letter of recommendation for this person.

BE KIND TO YOUR MIND



1. I will love myself for who I am.
2. I will take care of my body by exercising, eating healthy foods.
3. I will learn from my mistakes, and forgive myself.
4. I will be a lifelong learner.
5. I will practice gratitude and count my blessings.
6. I will celebrate my achievements.
7. I will surround myself with people who love and respect me.
8. I will do small acts of kindness for others.
9. I will speak positive to myself.
10. I will persevere to overcome any challenges I face.

I WILL CHANGE

MY SMALL ACTS OF KINDNESS

- | | | | |
|----|-----|-----|-----|
| 1. | 6. | 11. | 16. |
| 2. | 7. | 12. | 17. |
| 3. | 8. | 13. | 18. |
| 4. | 9. | 14. | 19. |
| 5. | 10. | 15. | 20. |

SMALL ACTS OF KINDNESS

1. Greet people with a smile.
2. Say hello.
3. Draw a picture for someone.
4. Clean up trash when you see it.
5. Hold the door open for someone.
6. Make a new friend.
7. Offer to help others.
8. Give someone a genuine compliment.
9. Read to a younger sibling.
10. Help out around home without being asked.
11. Say thank you when someone does a kind act.
12. Invite a new classmate to join your group during recess.
13. Help a classmate who is struggling with something.
14. Collect and donate toys or books to a local shelter.
15. Write a thoughtful thank-you note to a teacher or mentor.
16. Plant flowers or trees in a community garden or park.
17. Create handmade cards for nursing home residents.
18. Help someone who has dropped their belongings.
19. Write and post encouraging messages on a sticky notes.
20. Cheer up a friend when they are sad.

MY KINDNESS @

KINDNESS WEEK REFLECTION

Doing small acts of kindness for others makes me feel...

INCLUDES 2 FOLDABLE TABLE TENTS

KINDNESS WEEK

PULL-TAB POSTERS

FOR ELEMENTARY SCHOOLS

CELEBRATE AND PROMOTE KINDNESS WEEK

SMALL ACTIONS
TODAY CAN SAVE THE
WORLD TOMORROW.



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Pick up trash when you see
it, even if it isn't yours.

Plant flowers at home.

Don't waste food or
water.

Recycle items you no
longer want.

Be kind to your body by
exercising.

Help your family by
doing a chore.

Volunteer to help
someone.

Make a card for a
neighbor.

Make a birdfeeder and
hang it up.

Plant a tree.

SPREAD KINDNESS WITH
RANDOM ACTS OF KINDNESS
SUGGESTIONS

YOU CAN BE THE RAINBOW IN SOMEONE ELSE'S CLOUD.



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Smile and say hello.
Hold the door for people.
Invite someone new to join your game.
Make a new friend today.
Sit beside a friend who is sad and just listen.
Leave notes of encouragement for people to find.
Help someone carry something.
Write a list of reasons why someone is a good friend.
Say please and thank you.
Pick up litter.

KINDNESS IS
MAGICAL.



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Leave someone a kind note.

Make a poster for Kindness Week.

Write a thank you letter.

Create a care package for someone in need.

Donate to charity or a food drive.

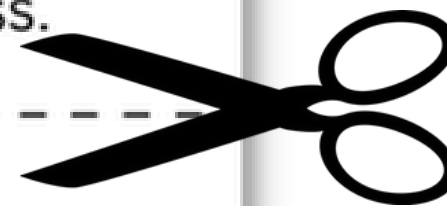
Let those you love know how much you appreciate and love them.

Apologize to someone you've hurt.

Clean up a mess, even if it wasn't your mess.

Be helpful in class.

Cheer on a friend.



10

**RANDOM ACTS
OF KINDNESS
ARE GEARED TOWARD
ELEMENTARY KIDS**

EASY PREP!
PRINT, CUT & POST

KIND KIDS SAVE THE WORLD
ONE ACT OF KINDNESS AT A
TIME. HOW WILL YOU BE
SUPER KIND TODAY?

Hold the door open for someone.

Say hello to everyone you meet.

Smile at people.

Give someone a compliment.

Pick up any trash you see and throw it away.

Send a friend a kind note.

Say thank you to a staff member or classmate.

Make a new friend.

Let someone else go first.

Spread laughter by telling funny jokes.

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BEE KIND TODAY BY
DOING RANDOM ACTS
OF KINDNESS.

Make a card for someone.

Read to a younger sibling.

Help a friend in need.

Offer to help someone carry something.

Sit with someone who is sitting all alone.

Invite someone to join your game at recess.

Wave at a classmate.

Write a poem and give it to someone.

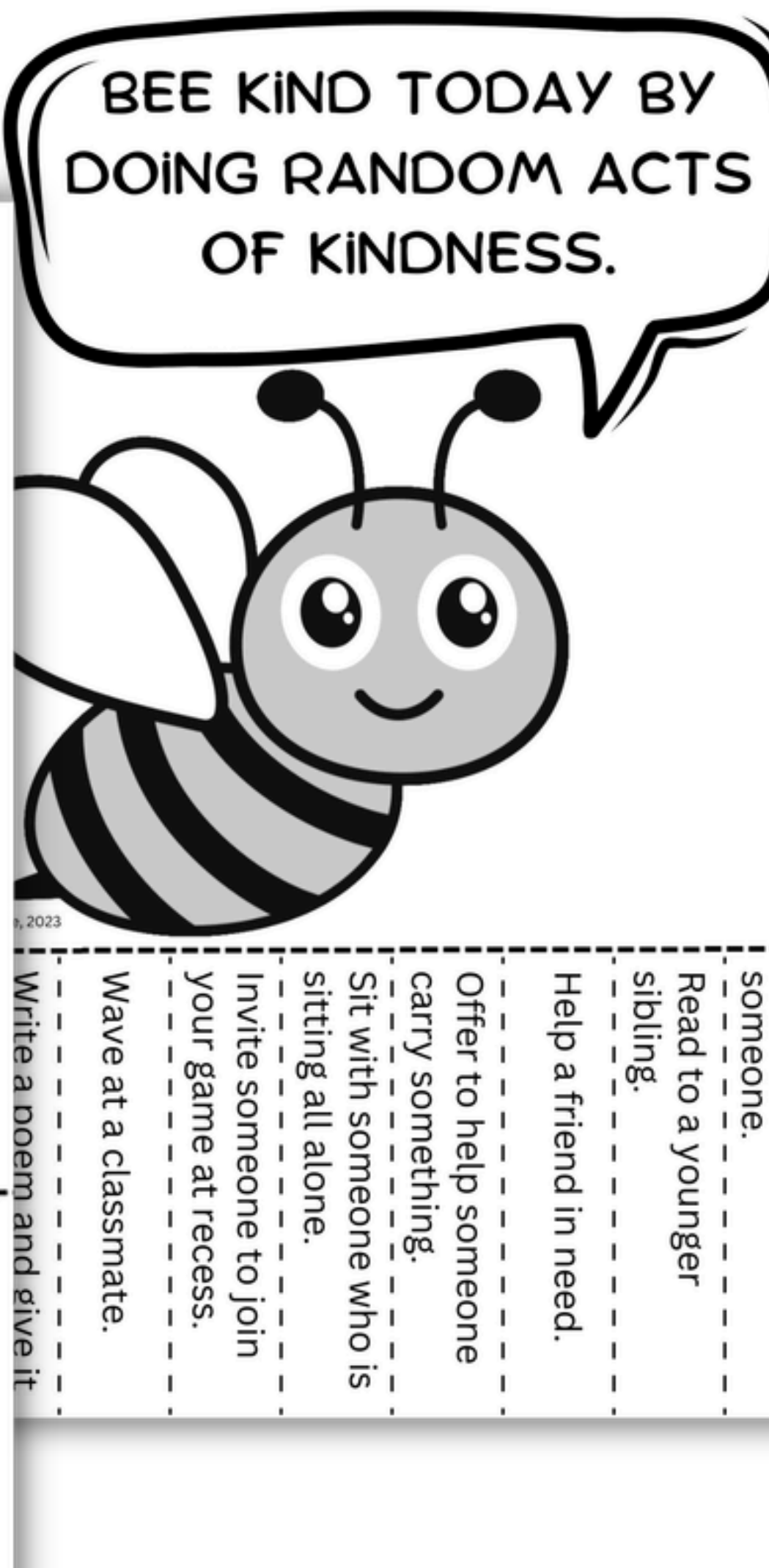
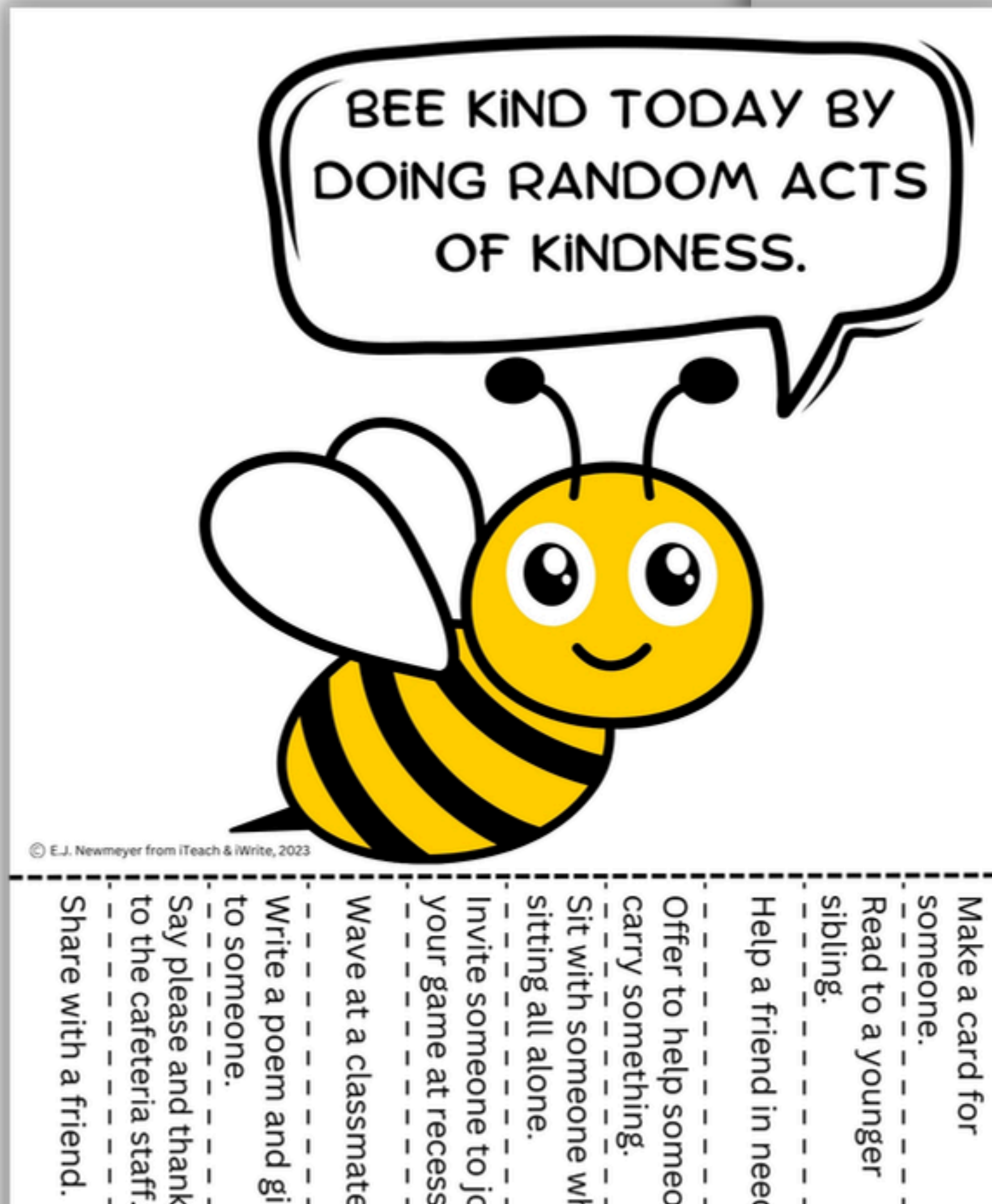
Say please and thank you to the cafeteria staff.

Share with a friend.

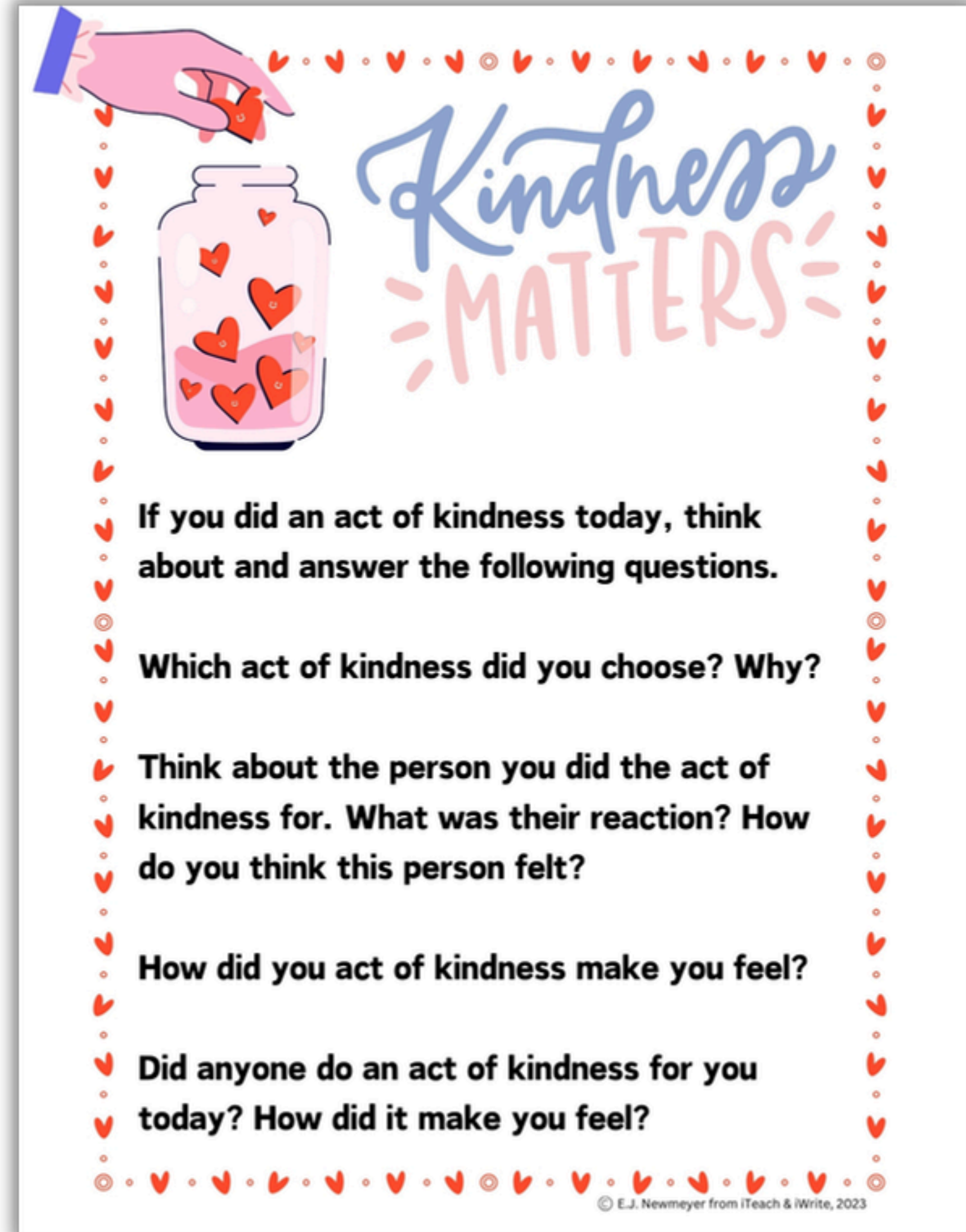
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**RANDOM ACTS OF KINDNESS PULL TABS
ARE DIFFERENT ON EVERY POSTER**

IN COLOR
&
IN B&W



INCLUDES WRITING PROMPTS FOR REFLECTION



PRINTABLE
KINDNESS CARDS
FOR ELEMENTARY SCHOOLS

**SPREAD KINDNESS
THIS SCHOOL YEAR
WITH PRINTABLE
KINDNESS CARDS**



**EACH CARD COMES
WITH AN OPTIONAL
KINDNESS WRITING
PROMPT FOR THE
BACK OF THE CARD**



GREAT FOR:

Social-Emotional
Learning

Character
Development

Writing Activity

Spread Gratitude

Teachers &
Counselors

Kindness
Activities



CAN BE USED TO CELEBRATE:

Random Acts of
Kindness Week

World Kindness Day

The Great Kindness
Challenge



PAPER-SAVER LAYOUT PRINTS

8 CARDS
PER PAGE

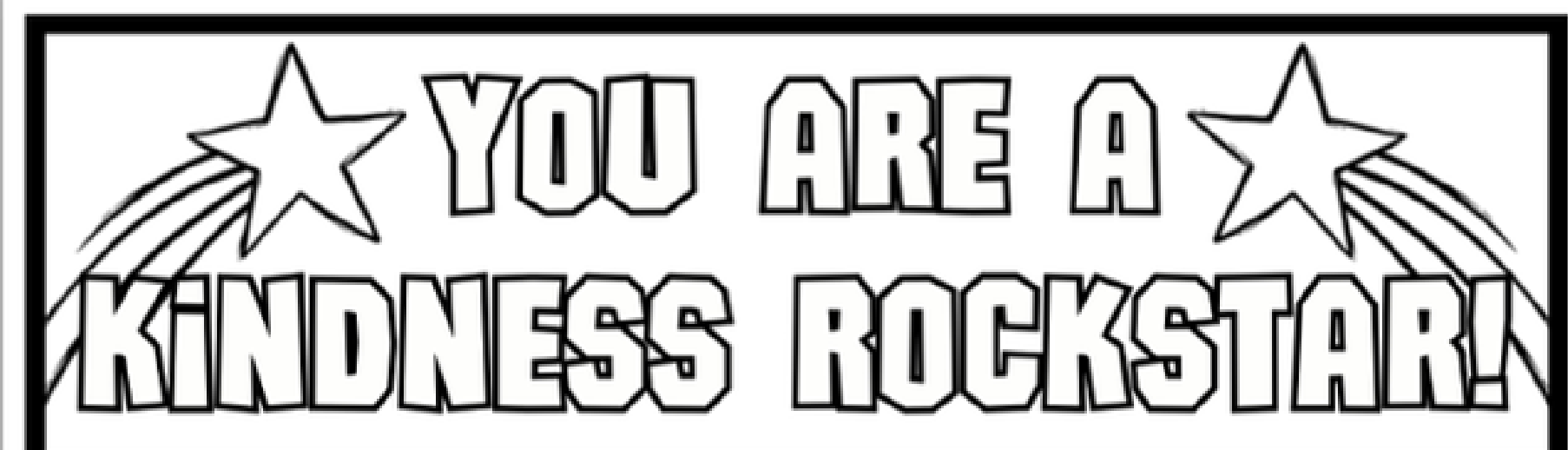
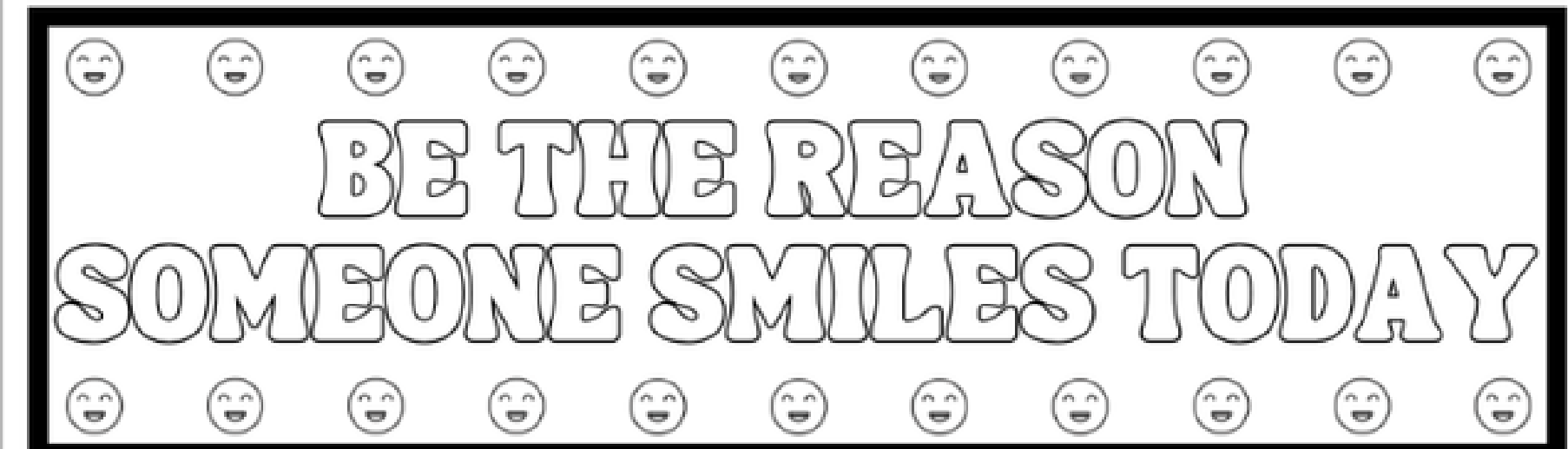




ALL CARDS COME IN BOTH COLOR AND B&W

PRINTABLE
KINDNESS BOOKMARKS
FOR ELEMENTARY SCHOOLS

SPREAD KINDNESS THIS SCHOOL YEAR WITH 10 PRINTABLE KINDNESS BOOKMARKS



**KIND
PEOPLE
SAVE
THE**

Small acts
of
KINDNESS



**PLANT
SEEDS OF**

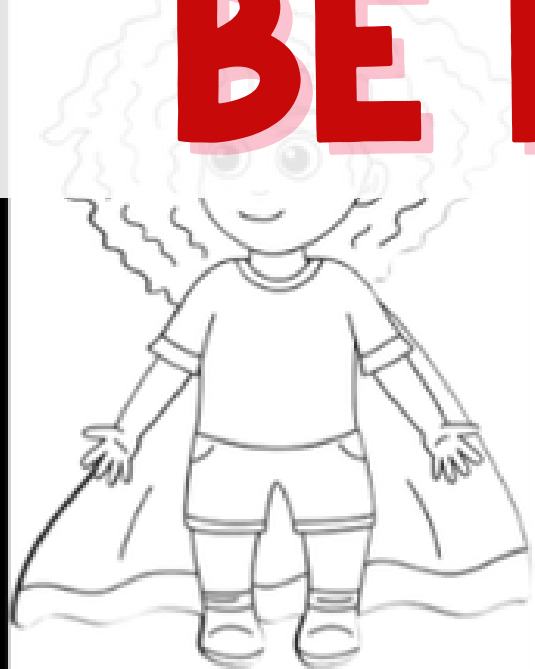
8 Ways I can show ...

**K
I
N**

Ways I can make
someone ...

**S
M**

**PRINT & GO BOOKMARKS CAN
BE DECORATED BY STUDENTS**



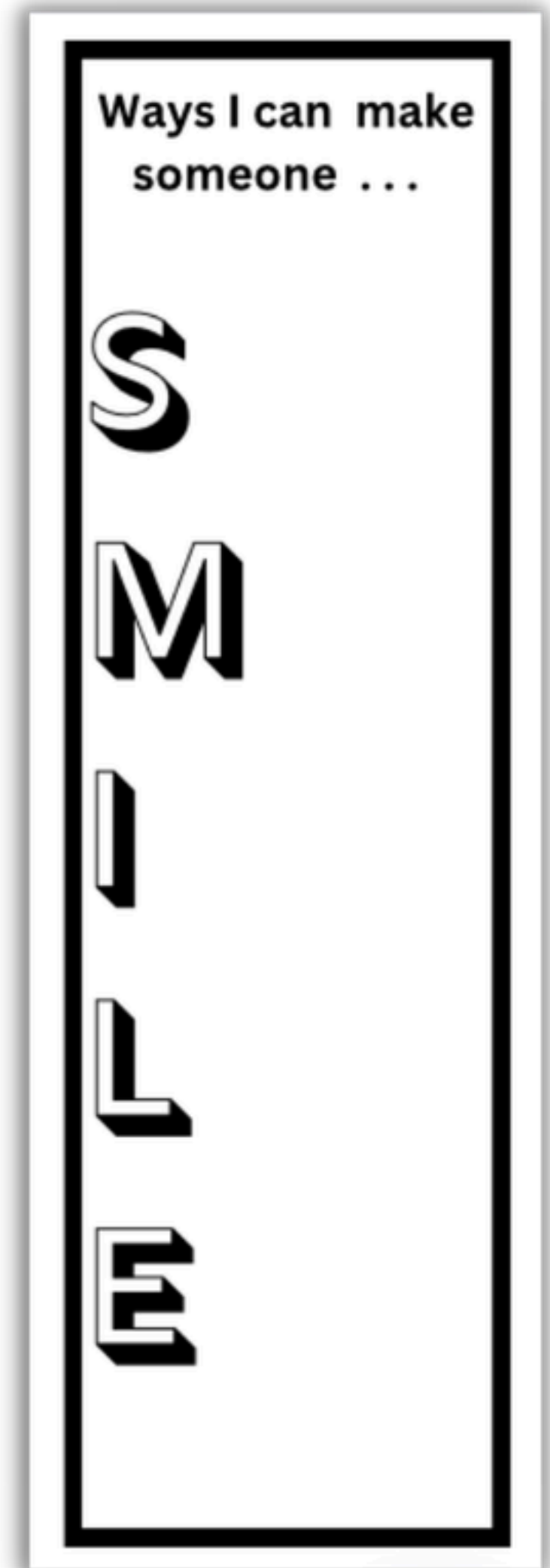
difference
to the
WORLD.



**S
S**

**S
E**

**THESE TWO BOOKMARKS
CAN BE USED INDIVIDUALLY
OR AS WRITING PROMPTS
ON THE BACK OF THE
OTHER BOOKMARKS**



KINDNESS DILEMMAS

25 WRITING PROMPTS



You have the
choose your best

You have the chance to choose a partner for a fun activity. Do you choose your best friend or someone who hasn't been picked yet?

Sketch out the beginning, middle, and end of this situation, then write the ending to this story. Be sure to use lots of dialogue and punctuate it correctly!

Sketch 





Your Dilemma:

You notice a classmate sitting alone during recess, looking sad. What do you do?

YOUR TASK:

Sketch out the beginning, middle, and end of this situation, then write the ending to this story. Be sure to use lots of dialogue and punctuate it correctly!

--	--

How the Story Ends:



Your Dilemma:

You accidentally bump into someone in the hallway. Do you apologize or walk away without acknowledging it?

YOUR TASK: Sketch out the beginning, middle, and end of this situation, then write the ending to this story. Don't forget to use dialogue!

--	--

How the Story Ends:



Your Dilemma:

You see a classmate being teased for their clothes. How do you respond with kindness?

YOUR TASK:

Sketch out the beginning, middle, and end of this situation, then write the ending to this story. Be sure to use lots of dialogue and punctuate it correctly!

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How the Story Ends:

Your Dilemma:

**Your parent had a really rough day at work.
How do you respond with kindness?**

YOUR TASK:

Sketch out the beginning, middle, and end of this situation, then write the ending to this story. Be sure to use dialogue and punctuate it correctly!

How the Story Ends

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Your Dilemma:

It's a really windy day and trash has blown all over the school campus, but no one seems concerned. What do you do?

YOUR TASK:

Sketch out the beginning, middle, and end of this situation, then write the ending to this story. Be sure to use lots of dialogue and punctuate it correctly!

How the Story Ends:

This image shows a blank sheet of white paper with horizontal black ruling lines. The lines are evenly spaced and run across the width of the page. There is no text or other markings on the paper.

Your Dilemma:

The local animal shelter is in danger of closing down due to funding cuts and a lack of volunteers. What do you do?

YOUR TASK:

Sketch out the beginning, middle, and end of this situation, then write the ending to this story. Be sure to use dialogue and punctuate it!

How the Story Ends:

[illegible]

**COMES WITH 2 DIFFERENT PRINTABLE SIZES FOR YOUR
CONVENIENCE. CHOOSE FULL PAGE OR HALF-PAGE**



Your Dilemma:

Your friend is upset because they didn't make the sports team but you did. How can you respond with kindness?

YOUR TASK: Sketch out the beginning, middle, and end of this situation, then write the ending to this story.



How the Story Ends:

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How the Story Ends:

[illegible]

USE THE GOOGLE SLIDES TO INTRODUCE A DILEMMA AND BRAINSTORM IDEAS.



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YOUR TASK: Sketch out the beginning, middle, and end of this situation, then write the ending to this story.

PENMANSHIP PRACTICE

Printing & Cursive

Kindness Statements

Kindness is contagious.

I am kind and treat others with respect.

I can make a difference through acts of kindness.

I choose to be helpful and show empathy to others.

Being kind makes the world a better place.

I spread joy by saying kind words to others.

I am a friend who listens and cares about others.

I will speak kind words to myself.

Kindness is a superpower that I possess.

My kindness makes others feel valued and loved.

I am a helper, and I love making others smile.

I feel proud when I choose kindness over negativity.

When I am kind, I create a chain reaction of positivity.

I am kind because I want to make the world a happier place.

Being kind is a choice I make every day.

Kindness comes from within me.

I can always choose to be kind.

One compliment can brighten someone's day.

My kindness inspires others to be kind too.

My kindness shines brightly for the world to see.

20 KINDNESS STATEMENTS INCLUDED

SEL-INFUSED WRITING PRACTICE

Use for . . .

- Bell Ringer Activity
- Centers Activity
- Weekly Kindness Mantra
- Discussion Prompt
- Independent Work
- Turn the statement into a callback/attention getter

I can make a difference through acts of kindness.

I can make a difference through acts of kindness.

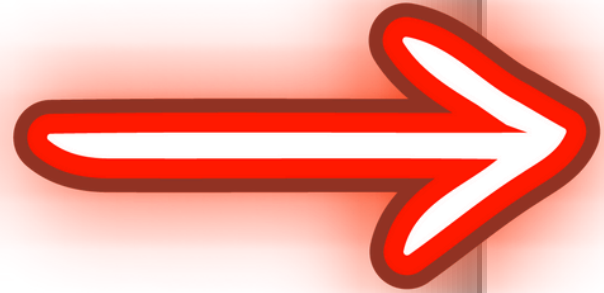
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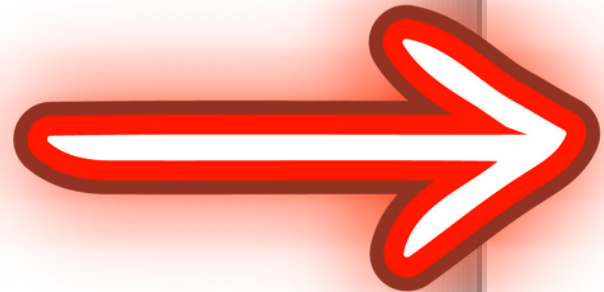
Read



Being kind makes the world a better place.

Being kind makes the world a k

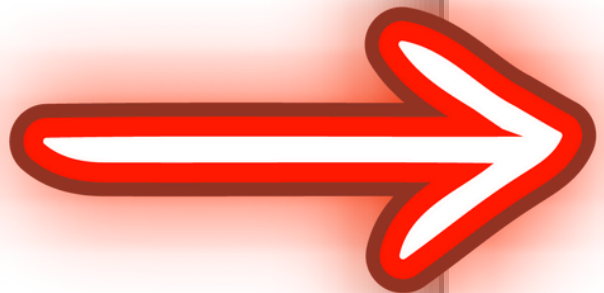
Trace



Being kind makes the world a k

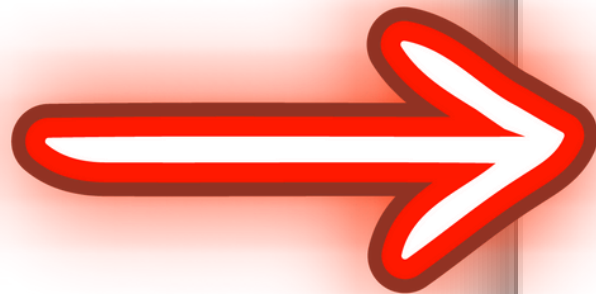
Being kind makes the world a k

Write



Being kind makes the world a k

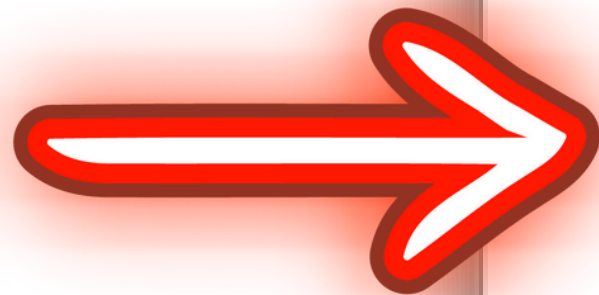
Read



Kindness comes from within me.

Kindness comes from within

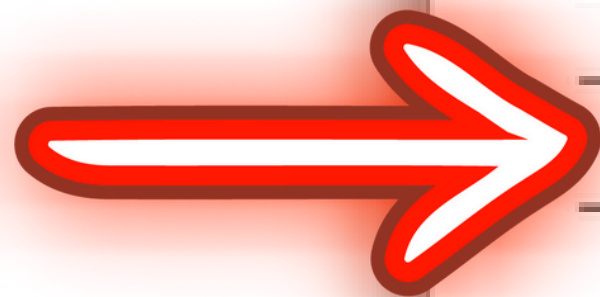
Trace



Kindness comes from within

Kindness comes from within

Write



Kindness comes from within

PENMANSHIP PRACTICE

Printing & Cursive

20 Kindness Statements
with Writing Prompts

SEL-INFUSED WRITING PRACTICE

Use for . . .

- Bell Ringer Activity
- Centers Activity
- Weekly Kindness Mantra
- Discussion Prompt
- Independent Work
- On-Demand Writing Response (CER or RACE)

Name: _____ Date: _____

Read it
Trace it

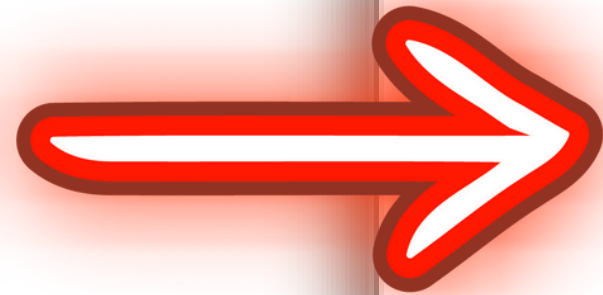
I spread joy by saying kind words to others.

Practice it

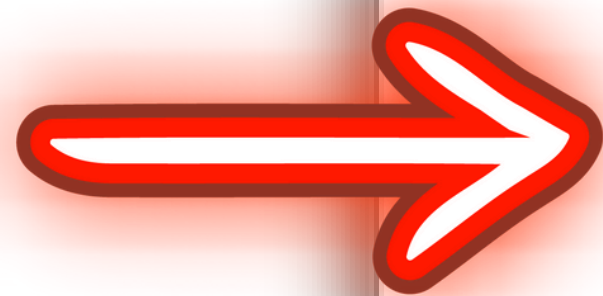
Respond

What kind words have someone said to you recently?

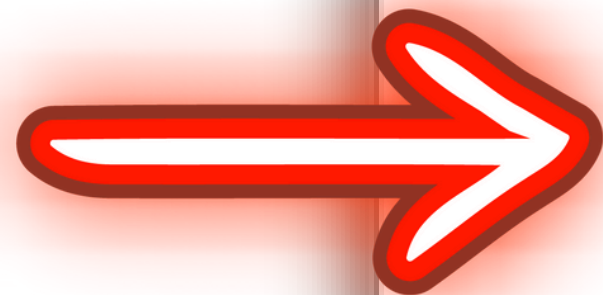
Read & Trace



Write



Respond



Name: _____ Date: _____

Read It
Trace It

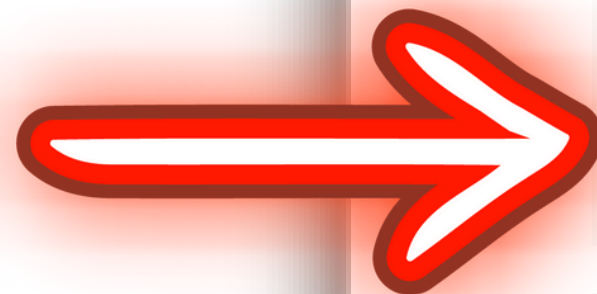
I feel proud when I choose kindness over

Practice It

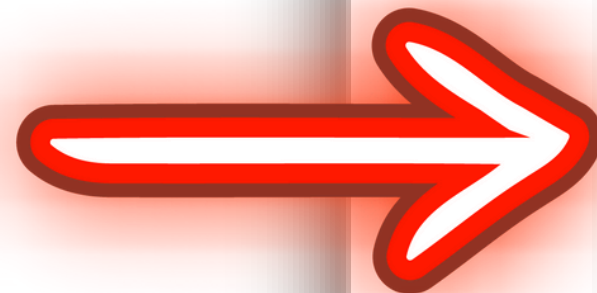
Respond

How can negativity be harmful?

Read & Trace



Write



Respond



Name: _____ Date: _____

Read It
Trace It

I can make a difference through acts

Practice It

Respond

What is one act of kindness you will do today?