



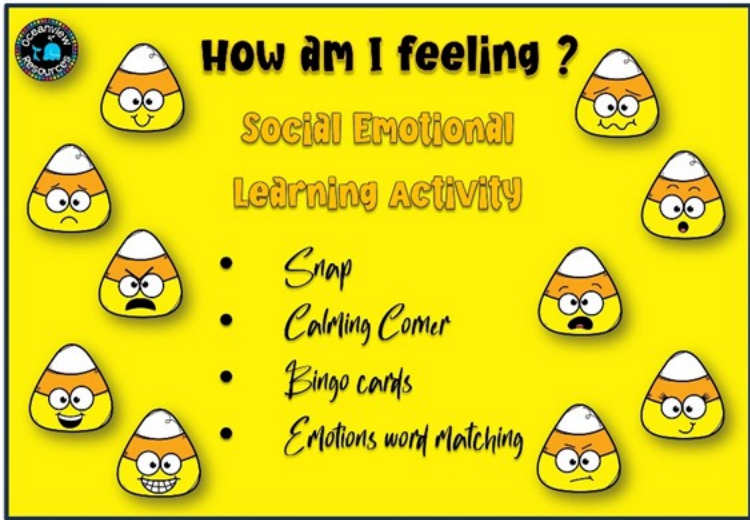
# How am I feeling?

 Social Emotional Learning

## HOW AM I FEELING POPCORN VERSION

 **How am I feeling ?**  
Social Emotional  
Learning Activity

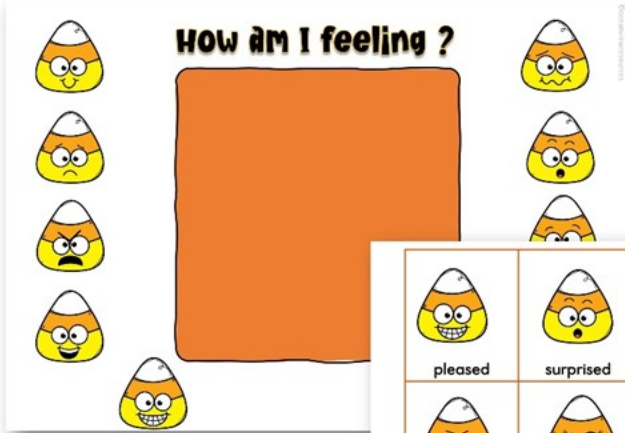
- Snap
- Calming Corner
- Bingo cards
- Emotions word matching



 Social Emotional Learning

## HOW AM I FEELING POPCORN VERSION

**How am I feeling ?**



|                                                                                                  |                                                                                                    |                                                                                                  |
|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| <br>pleased | <br>surprised | <br>worried |
| <br>grumpy  | <br>calm      | <br>scared  |

# HOW AM I FEELING

## POPCORN VERSION

Match the feeling to the word



pleased



scared



surprised



happy



worried



sad



grumpy



calm

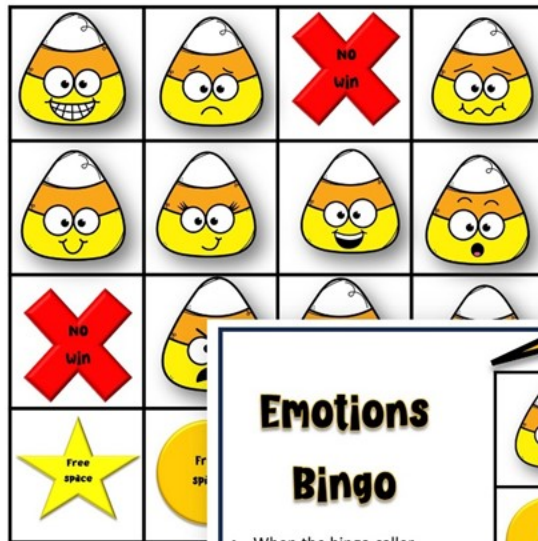
|         |           |         |
|---------|-----------|---------|
| pleased | surprised | worried |
| grumpy  | calm      | scared  |
| happy   | sad       | angry   |
| excited |           |         |

# HOW AM I FEELING

## POPCORN VERSION

### Emotions Bingo

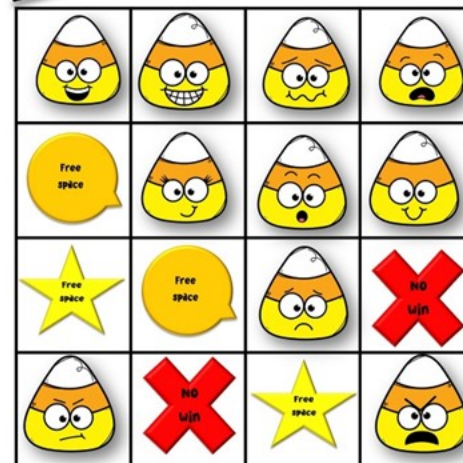
- When the bingo caller shows you an emotion card cover it on your bingo mat.
- You must get 4 in a row to win.
- You can win in any direction but if there is a red cross in the way it does not count.
- You can use the free space cards to help you to get 4 in a row.

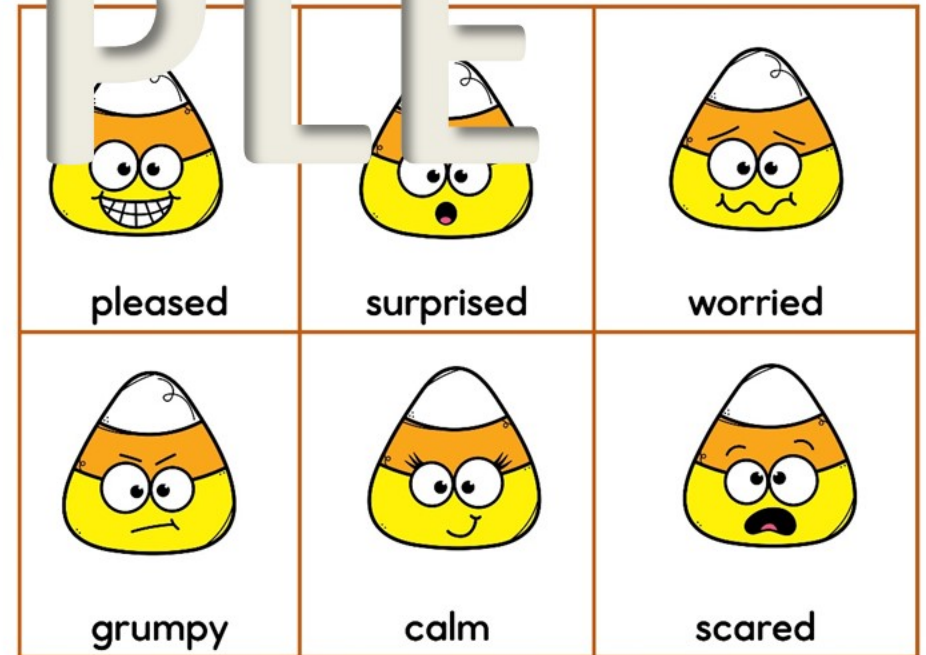
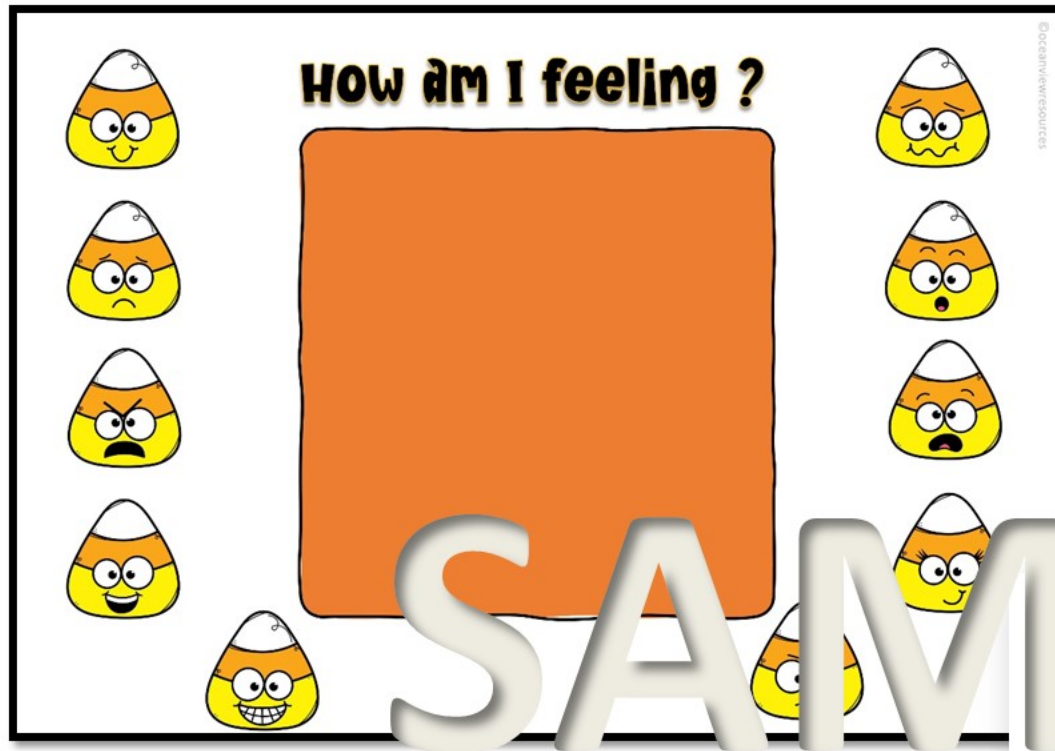


With Emotions  
Bingo Cards

### Emotions Bingo

- When the bingo caller shows you an emotion card cover it on your bingo mat.
- You must get 4 in a row to win.
- You can win in any direction but if there is a red cross in the way it does not count.
- You can use the free space cards to help you to get 4 in a row.





|         |           |         |
|---------|-----------|---------|
| pleased | surprised | worried |
| grumpy  | calm      | scared  |
| happy   | sad       | angry   |
| excited |           |         |

# Emotions Bingo

- When the bingo caller shows you an emotion card cover it on your bingo mat.
- You must get 4 in a row to win.
- You can win in any direction but if there is a red cross in the way it does not count.
- You can use the free space cards to help you to get 4 in a row.

|  |  |  |  |
|--|--|--|--|
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

## Match the feeling to the word



pleased



surprised



worried



grumpy



calm



scared



happy



sad



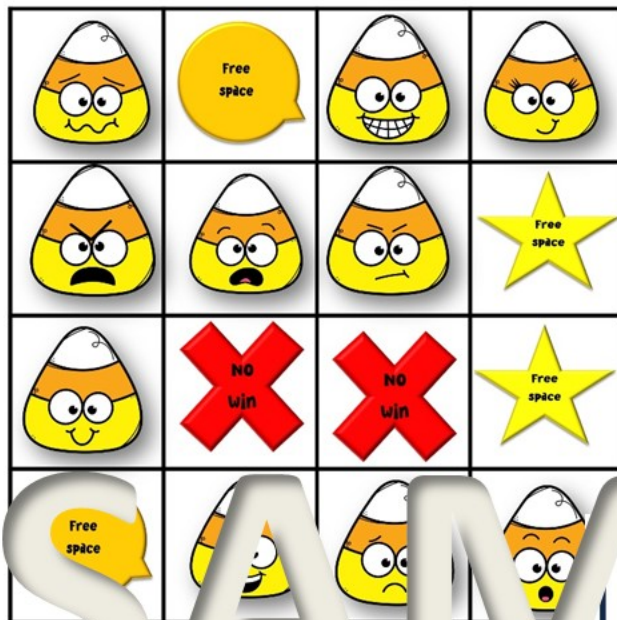
angry



excited

# Emotions Bingo

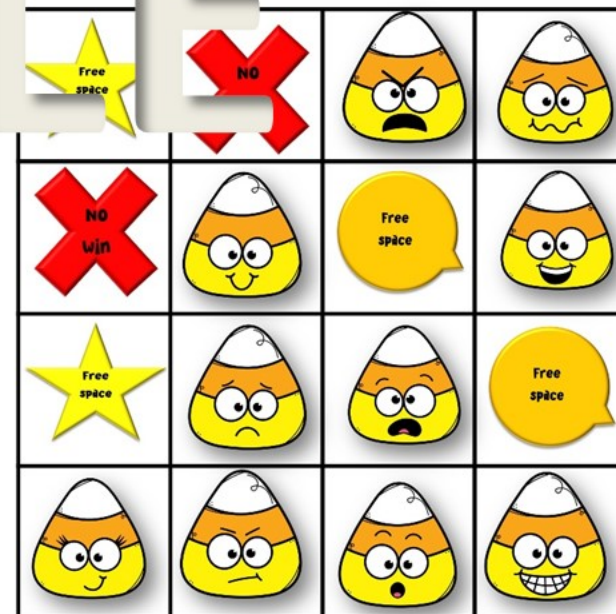
- When the bingo caller shows you an emotion card cover it on your bingo mat.
- You must get 4 in a row to win.
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SAMPLE

## Emotions Bingo

- When the bingo caller shows you an emotion card cover it on your bingo mat.
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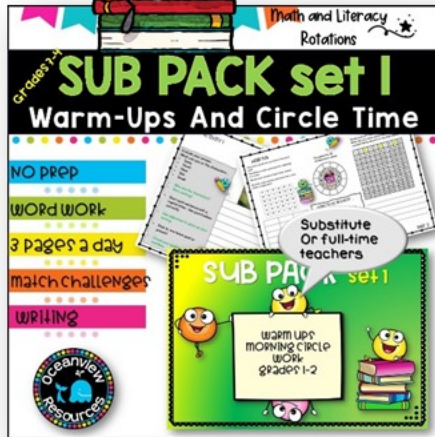
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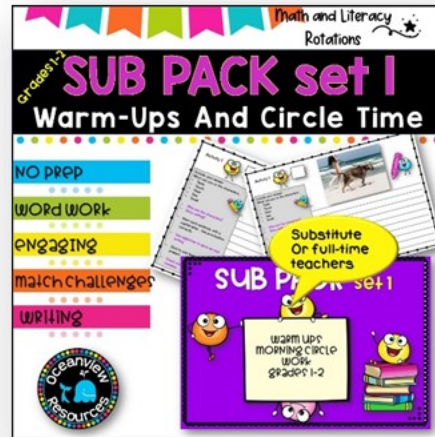
**Nikki Tester**



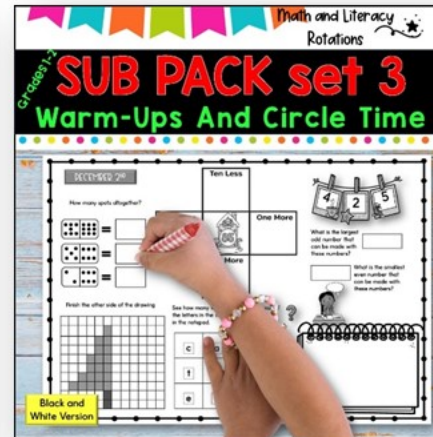
# Also Available



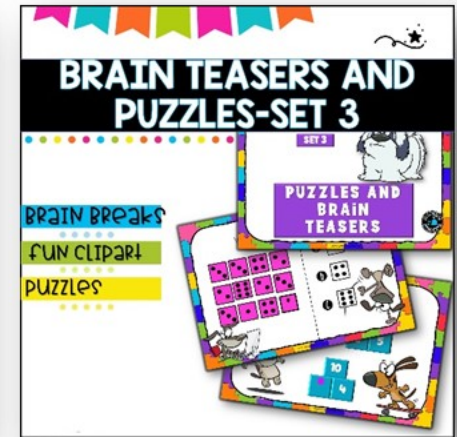
Sub pack Set 1 grades  
1/2



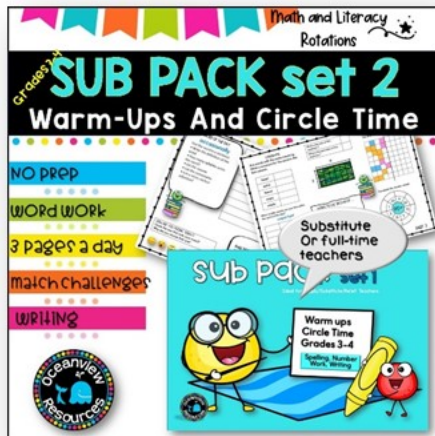
Sub pack Set 1 grades  
3/4



Sub pack Set 3 grades  
1/2



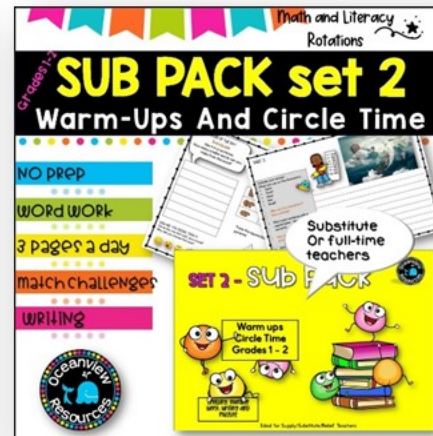
Brain teasers and  
puzzles set 2



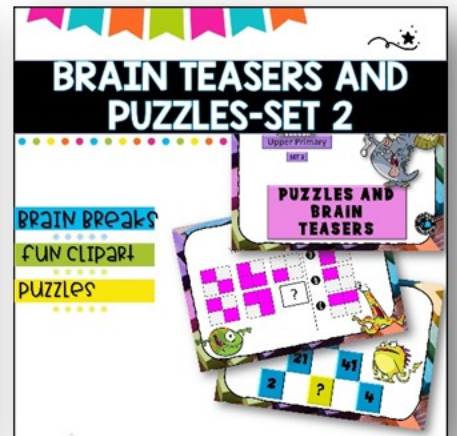
Sub pack Set 2 grades  
1/2



Getting to know you

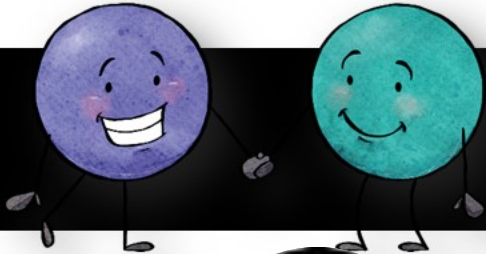
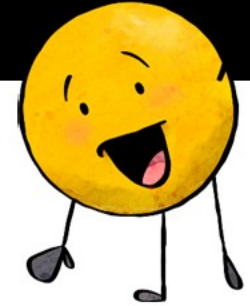


Sub pack Set 2 grades  
3/4



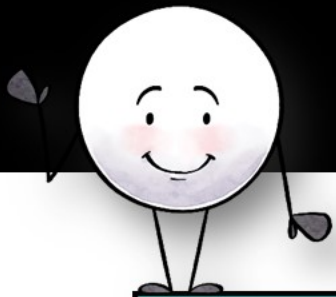
Brain teasers and  
puzzles set 3

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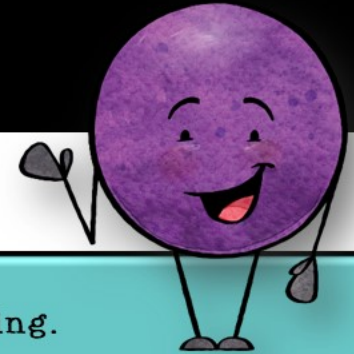


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