

PRESCHOOL Social Studies

ALL ABOUT ME UNIT - Digital File

My Information

Activity Instructions

Prepare: If the
their important
the information
on the address
ongoing basis

Name Craft

Activity Instructions

Print the mate
choose a kid
enough letters

Measuring Me

Activity Instructions

Self Portrait

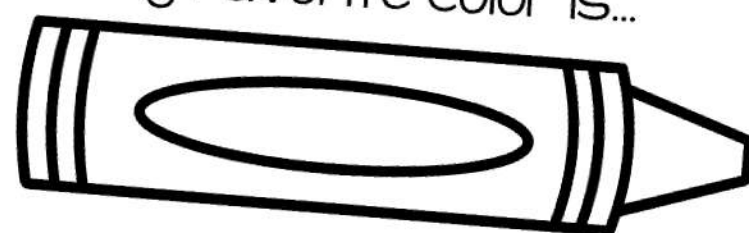
Activity Instructions

Name: _____

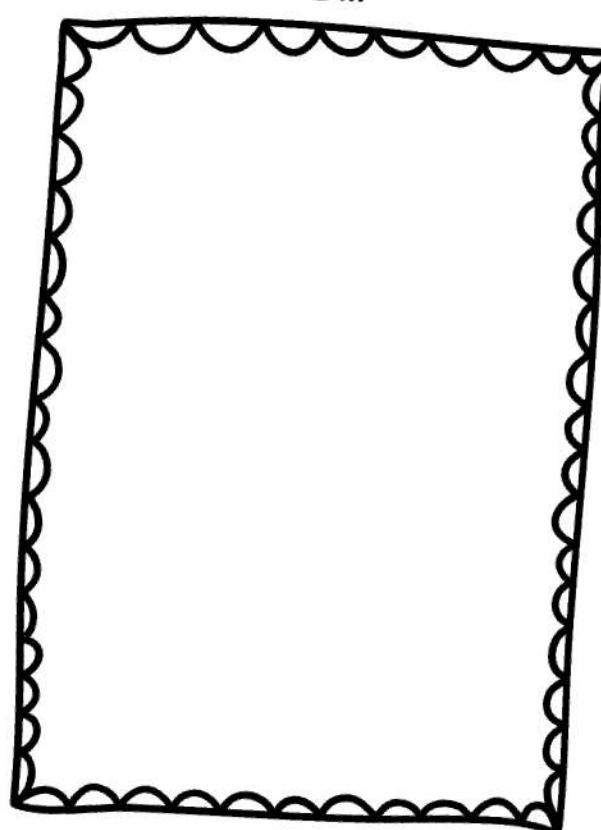
All About Me

Draw in each section and share out!

My favorite color is...

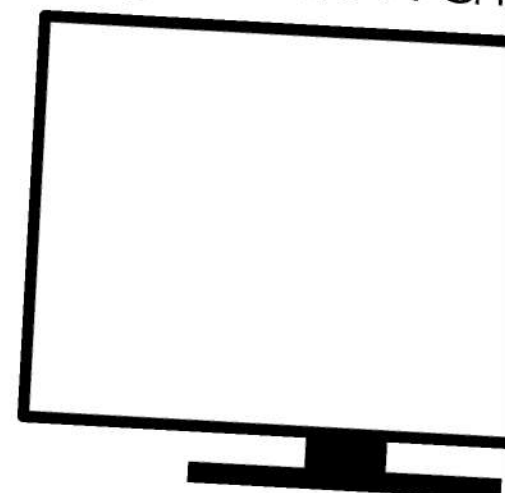


Something I like to do
is...



This
is
me!

My favorite TV show

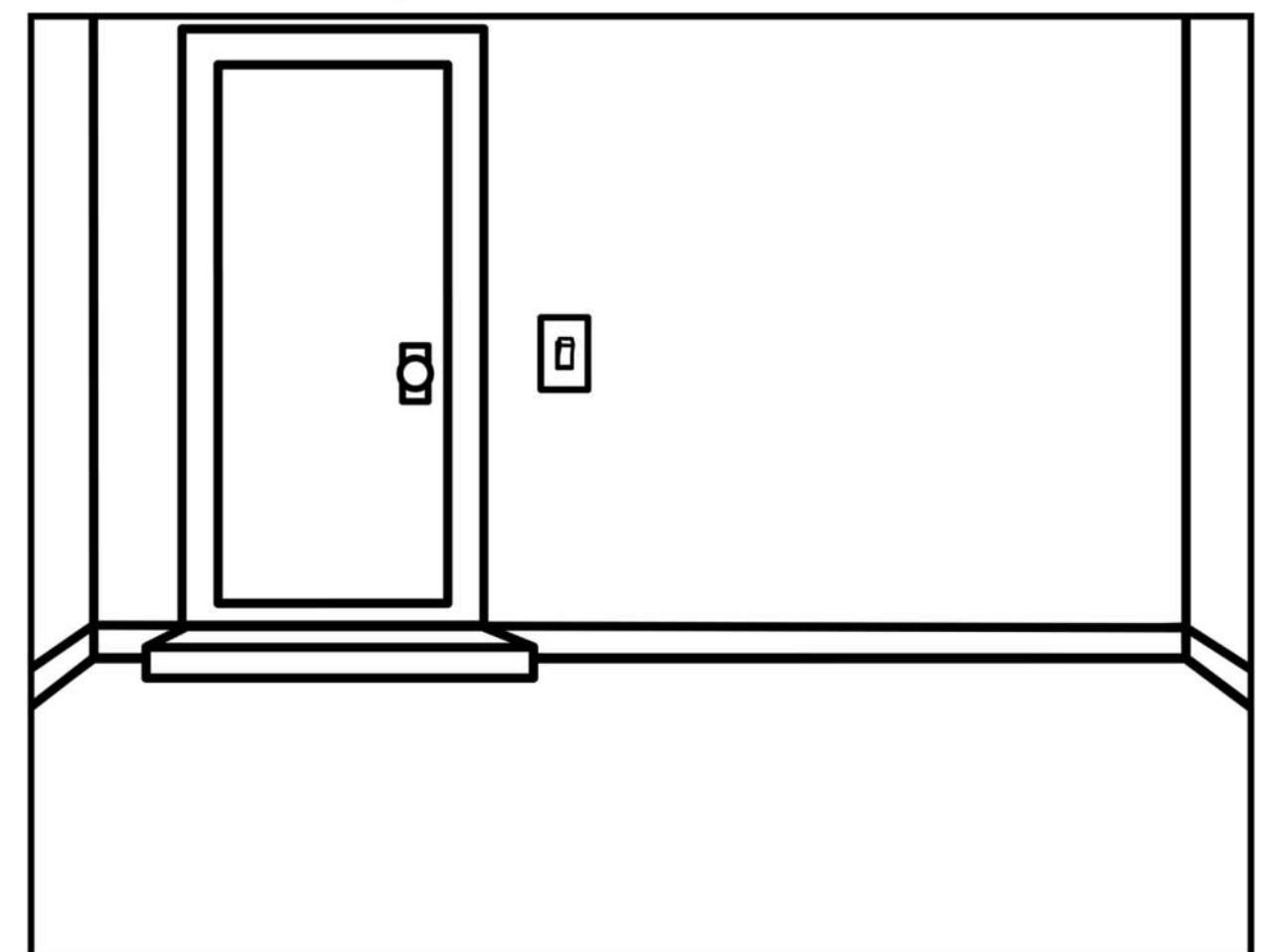


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Name: _____

ALL ABOUT MY FAMILY

Draw your family in the house.



There are ____ people in
my family.

10
Lessons
Ages 3-5

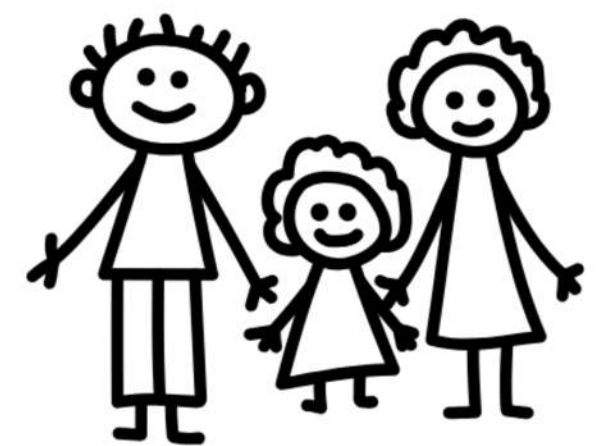
VOCABULARY
TRACING
PAGES WITH
REAL IMAGES

10 ACTIVITIES
WITH
INSTRUCTIONS

FUN THEMED
ACTIVITIES
INTEGRATED
WITH
FOUNDATIONAL
SKILLS

Included Items:

- Companion Book List
- Materials List
- Vocabulary Pages
- All About Me Page
- Name Craft
- Self Portrait Tear and Glue
- 5 Senses Book
- 5 Senses Nature Hunt
- Measuring Me
- All About My Family
- My Important Information
- All About Feelings
- Feelings Sort



PRESCHOOL S.S. MADE EASY

PRESCHOOL S.S.

Vocabulary Tracing Sheets & Cover Page

PRESCHOOL SOCIAL STUDIES

ALL ABOUT ME

10 Lessons for age 3-5



Vocabulary



name



family



age

ary

ted

Vo



address



phone
number



sad



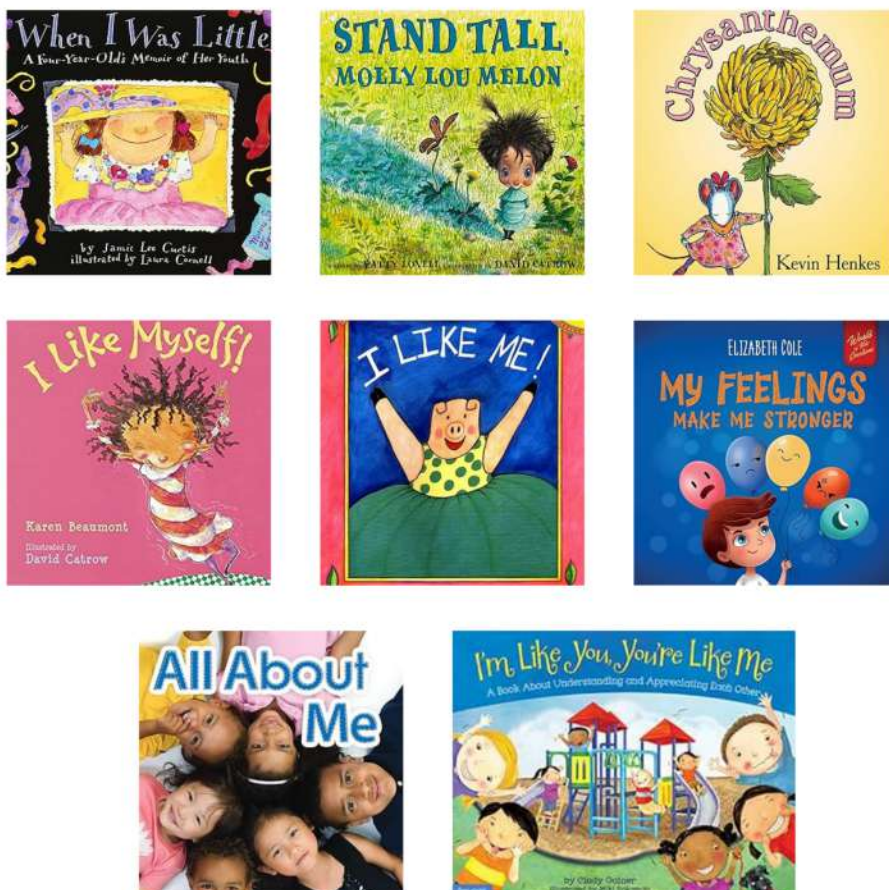
angry

PRESCHOOL S.S.

10 Activities with Visual Directions

Companion Books

These books are great to read for an All About Me Unit. Click on the images for a link on Amazon.



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disclosure: amazon affiliate links
earn a small commission

Materials List

I am including this list to make it easier when preparing this unit. If you click on each item it will take you to amazon to purchase or you can print the list and head to the store. Remember: you can use any item to practice measuring-cereal, blocks, etc. Math cubes/teddy bear counters are just an option.

- Construction Paper
- Glue
- Kid's Scissors
- Stapler (for the book)
- Cubes
- Paper Clips
- Teddy Bear Counters
- Crayons
- Dry Erase Pockets (to practice name, phone number, address again and again)

ABEDVENTURES

disclosure: amazon affiliate links
earn a small commission



Name Craft

Activity Instructions

Print the materials. Let each child choose a kid to cut out. Print out enough letters for everyone's name.

1. Cut Construction paper into long strips.
2. Glue the kid cutout to the top of the paper strip.
3. Cut out and glue the letters of your name to the paper strip.
4. Color the letters if you want!



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ALL ABOUT ME

Activity Instructions

Print the page. Have each child draw the image for each box. Let each child have a chance to share out their answers.



Take this time to learn more about your child/ren and have kids build relationships with each other.

Extension Option: Send home a brown bag. Have kids put 3-5 things in them that they can share. Let each child share.

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PRESCHOOL S.S.

10 Activities with Visual Directions

Self Portrait

Activity Instructions

Materials Needed:
-construction paper of various skin, eye, lip, and hair colors.
(googly eyes instead optional)
-glue
-scissors
-template printed for each child

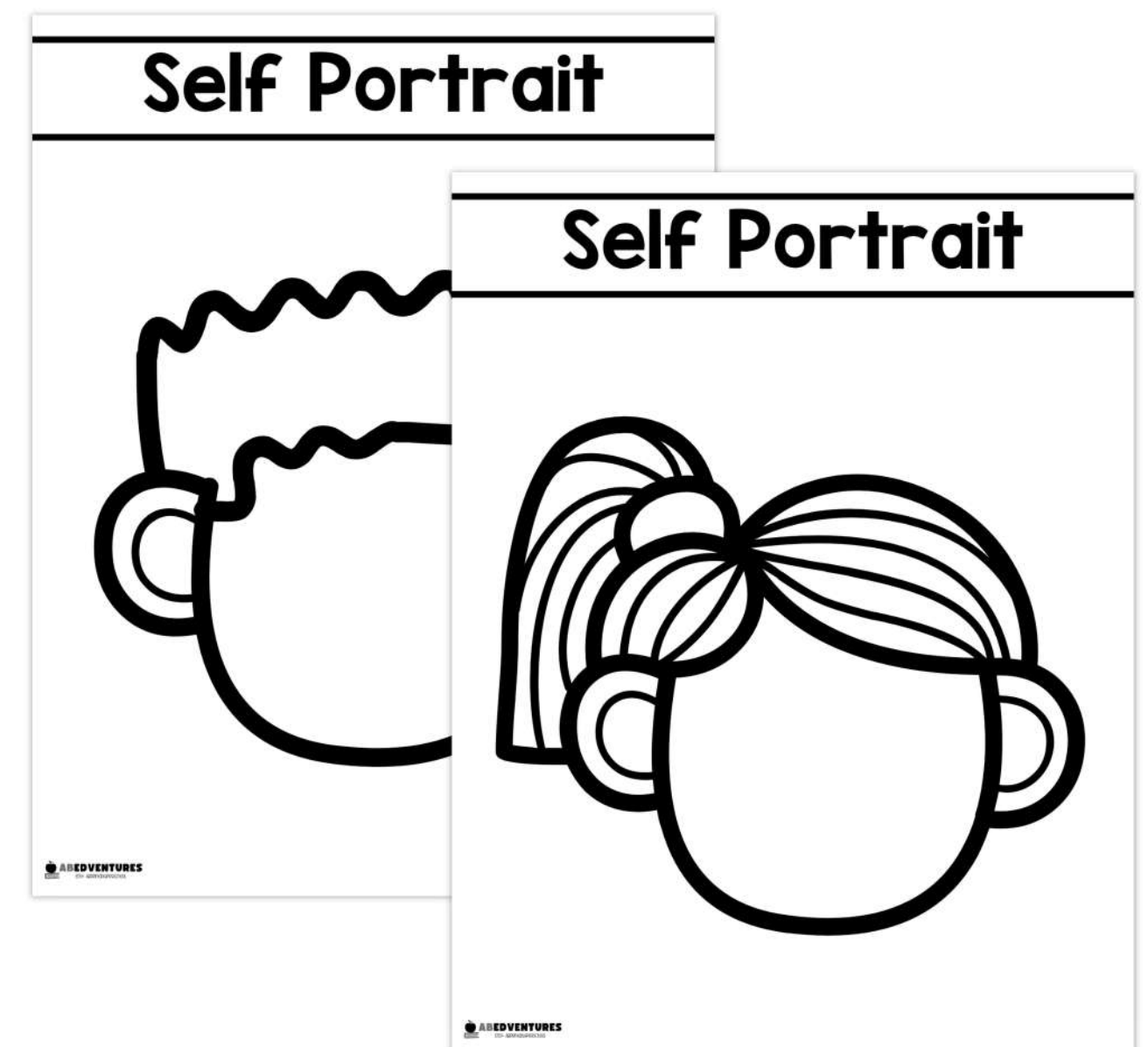
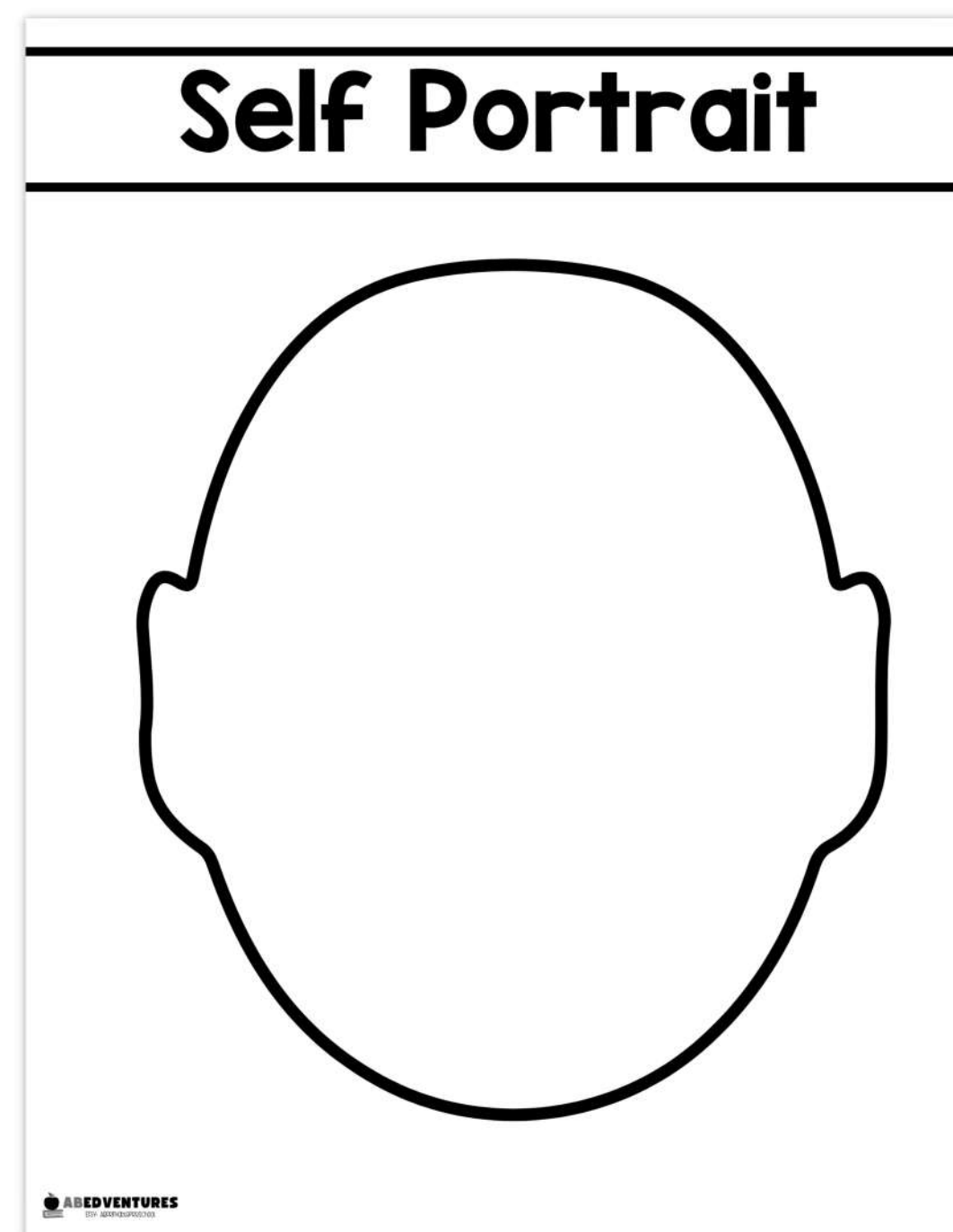


Choose a template and glue onto construction paper for a nice background.

Rip or cut the construction paper into smaller pieces and glue onto the template to best create a self portrait. You can also color the hair or other parts if you wish.

Talk about hair, eye, and skin color and how we are all unique.

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Name: _____

Measuring Feet

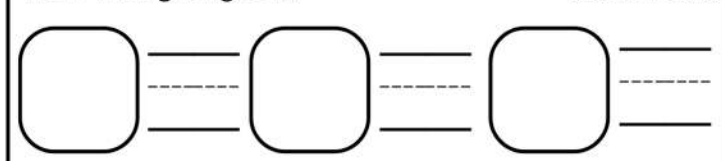
Let's measure our feet.
Stamp or trace your foot.

Name: _____

Measuring Feet

Let's measure our feet.
Stamp or trace your foot

How many long is it?



ABEDVENTURES

Measuring Me

Activity Instructions

Materials Needed:
-paint to stamp your hand OR a marker to trace your hand/foot.
-cubes and items to measure with (use the suggested or write/draw a different item using the blank page.
-templates printed for each child



Stamp or trace your hand. Use items to measure the handprint. Teach children about measuring. Always make sure the items are touching-no spaces. Start at one end (or top) and go to the other.

Write how many cubes tall the hand was.

Repeat with your foot.

Extension activity: Use chart paper to trace each child. Have them use items to measure their height.

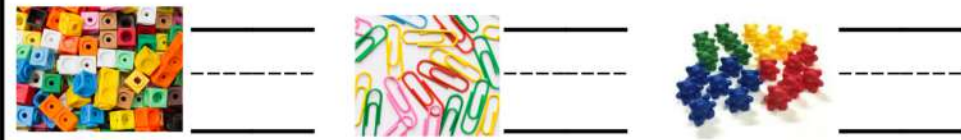
ABEDVENTURES

Name: _____

Measuring Hands

Let's measure our hands.
Stamp or trace your hand:

How many tall is it?



ABEDVENTURES

PRESCHOOL S.S.

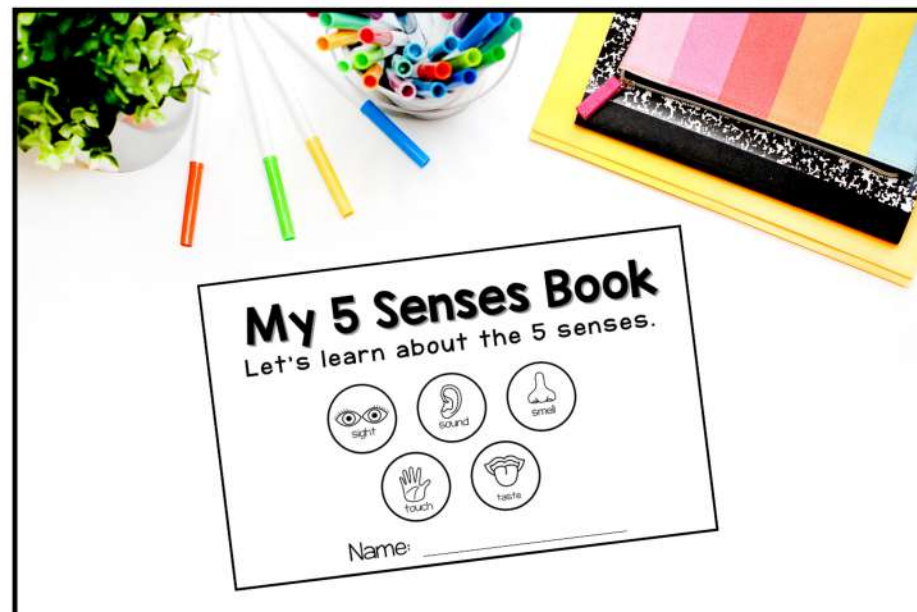
10 Activities with Visual Directions



5 Senses Introduction

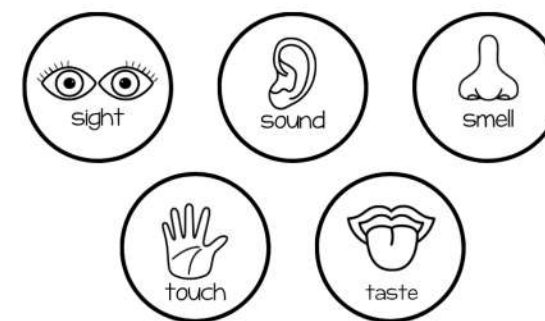
Activity Instructions

Print the book and cut & paste to put it together. Read the book with the kids. Follow up with letting kids color the pages if you wish.



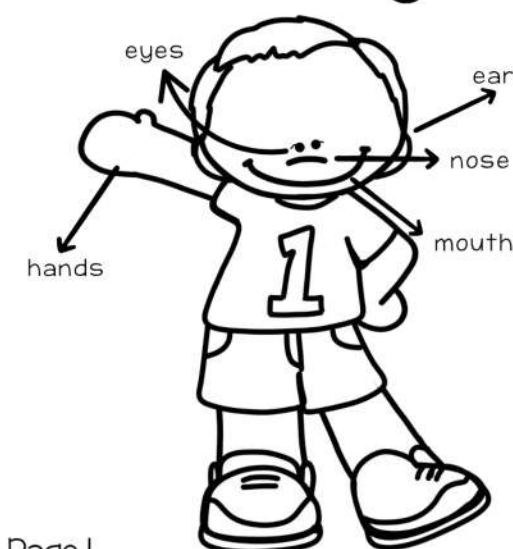
My 5 Senses Book

Let's learn about the 5 senses.



Name: _____

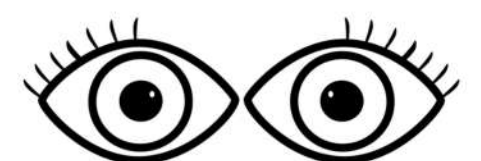
My Body



My body is so cool! Each part is useful.

Page 1

My Eyes



Color and size with my eyes.

My Ears



Hear loud and quiet sounds with my ears.

5 Senses Nature Hunt

Activity Instructions

Let's use our 5 senses on a nature hunt!



Get outside and observe. See if you can find all of the items on the sheet!

Name: _____

5 Senses Nature Hunt

Check off each item as you find it!



Sight

- ☐ Something brown
- ☐ Something green
- ☐ Something big



Sound

- ☐ An animal sound
- ☐ Something that crunches
- ☐ Something that can make music



Smell

- ☐ Something that smells fresh
- ☐ Something that smells sweet



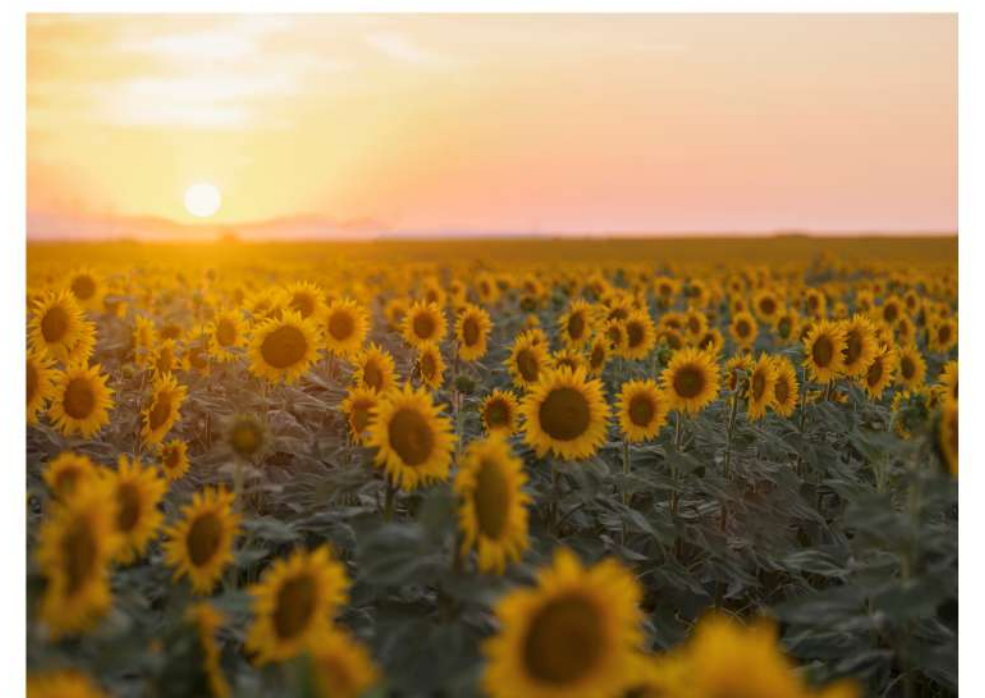
Touch

- ☐ Something bumpy
- ☐ Something smooth
- ☐ Something soft



Taste

- ☐ Something an animal can eat



PRESCHOOL S.S.

10 Activities with Visual Directions

My Information

Activity Instructions

Materials: worksheets, scissors, glue

Prepare: If the children you are working are new to learning their important information, you should prepare by writing the information for them on the first line of each page and on the address page. Have them practice these skills on an ongoing basis until they can complete each sheet on their own.



I know my phone number



(_ _ _ _) _ _ _
(_ _ _ _) _ _ _

ABEDVENTURES

0	1	2	3	4
0	1	2	3	4
0	1	2	3	4

I know my name

NAME: _____

Name: _____
Practice writing your first and last name.
For kids who need added practice, write their name in highlighter and have them trace it. You can place this in a page protector so they can practice every day.

Name: _____
Write your phone number.
Then cut & paste the numbers.

last name

last name

I know my address



Name: _____
Write your address.
Then cut & paste to label the parts of your address.

street number

city

state

zip code

street name

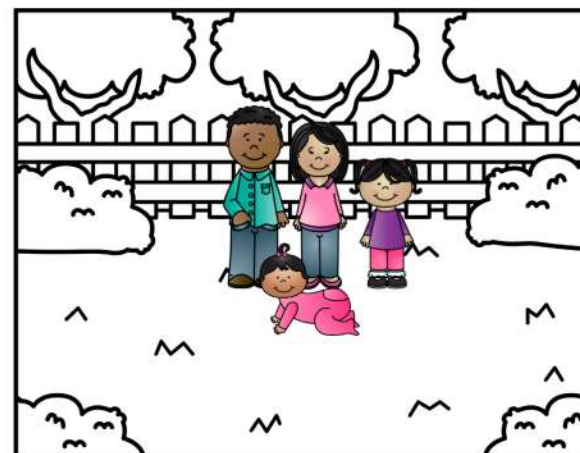
ALL ABOUT MY FAMILY

Activity Instructions

Materials Needed:

- crayons/markers
- scissors
- glue
- templates printed for each child
- images of family members for children to cut & paste

-Optional: have each child bring a photo of their family



First, cut out the images that represent your family members. Glue them on the yard. Write how many people are in your family.

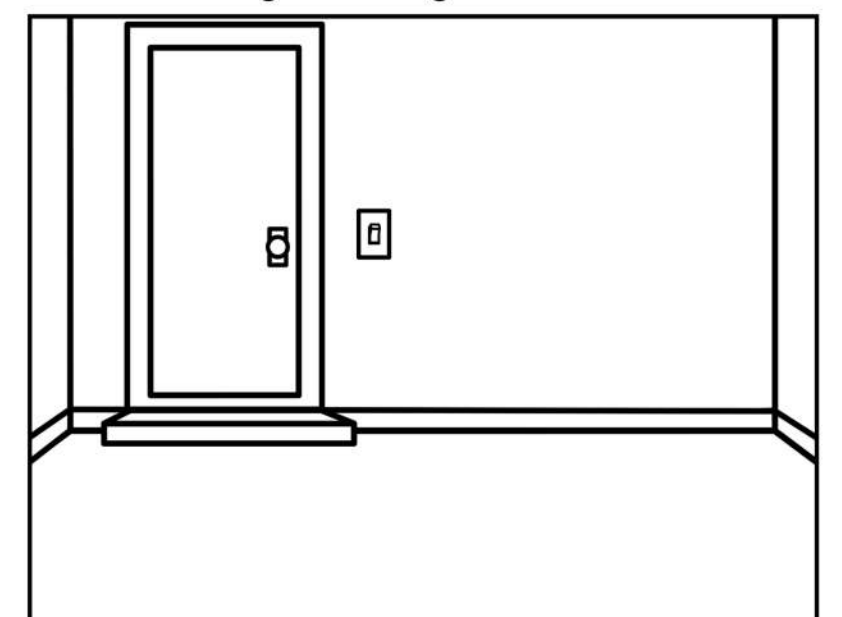
Next, draw your family. Write how many people are in your family.

ABEDVENTURES

Name: _____

ALL ABOUT MY FAMILY

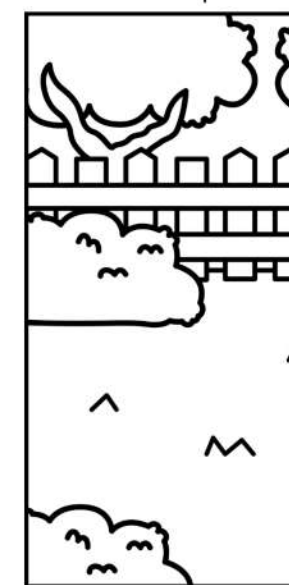
Draw your family in the house.



There are ____ people in my family.

ALL ABOUT MY FAMILY

Cut & paste



There are ____ people in my family.

ABEDVENTURES



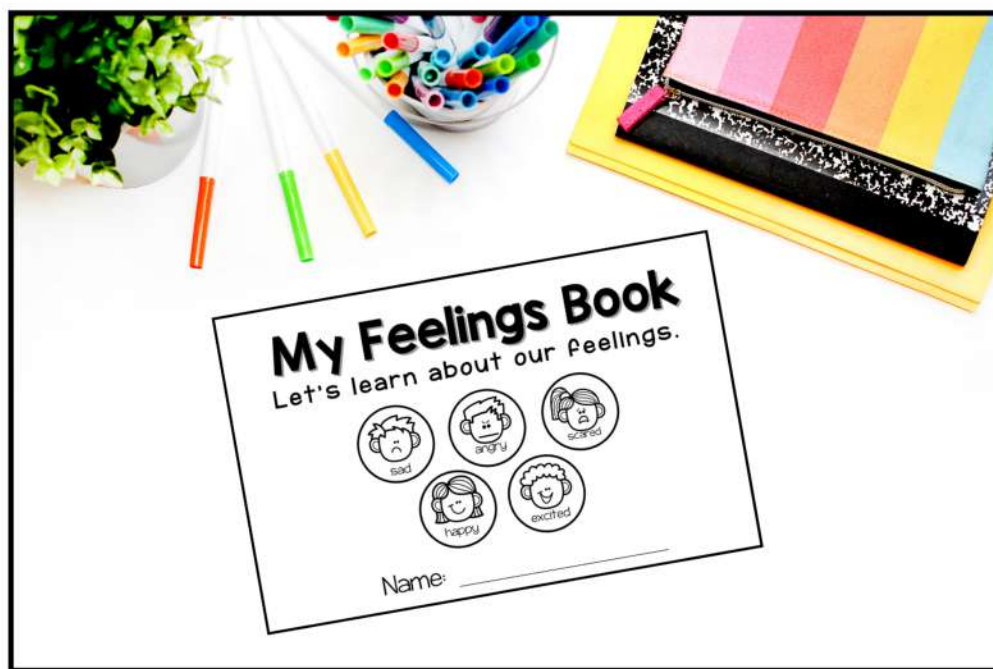
PRESCHOOL S.S.

10 Activities with Visual Directions

All About Feelings

Activity Instructions

Print the book and cut & paste to put it together. Read the book with the kids. Have them draw things that make them feel each emotion. Follow up with letting kids color the pages if you wish.



My Feelings Book

Let's learn about our feelings.



Name: _____

We all have



Page 1

Things that make me feel excited.

--	--



Page 6

excited

Draw the feelings we learned.

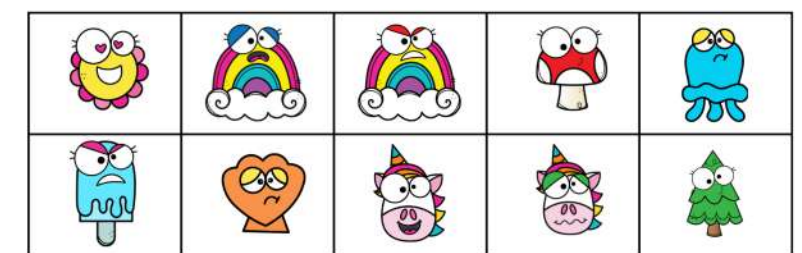


Page 7

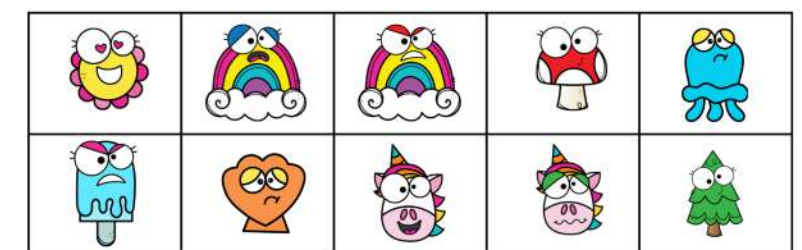
Feelings Sort

Name: _____

 happy	 sad	 scared	 angry	 excited



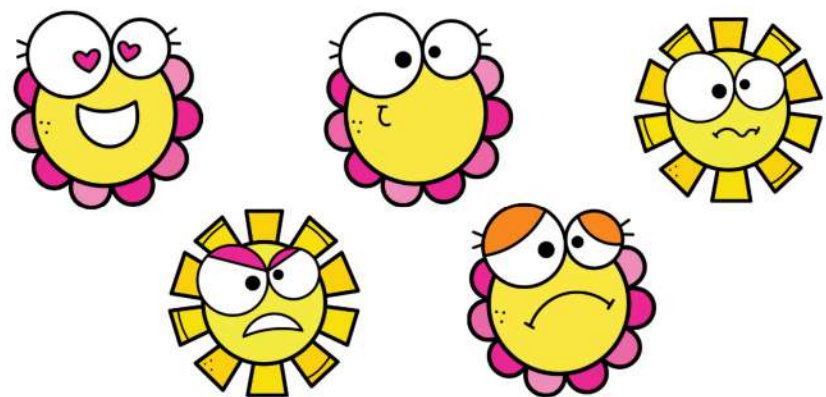
each child only needs one



Feelings Sort

Activity Instructions

Sort the images by their feelings.



Adults: Prep by printing out the 5 sheets and cutting out the different faces. Laminate if you want to reuse this.

Sort the characters by their feelings!

Follow up with the Feelings sort individual sheet for extra practice.



happy



sad



excited



scared



angry

PRESCHOOL Social Studies ALL ABOUT ME

10 Lessons for age 3-5



All About Feelings

Activity Instructions

Print the book and read it together. Read the book and have them draw things that make them feel that emotion. Follow up with a discussion on pages 10-11.



Name Craft

Activity Instructions

Print the materials and choose a kid to make a name for. Use enough letters for the name.

1. Cut Construction paper into long strips.
2. Glue the strips to the name.

Self Portrait

Activity Instructions

Materials Needed:
- paint to stamp your hand OR a marker to trace your hand/foot.
- cubes and items to measure with (use the construction paper).



Measuring Me

Activity Instructions

Materials Needed:
- paint to stamp your hand OR a marker to trace your hand/foot.
- cubes and items to measure with (use the construction paper).



ALL ABOUT MY FAMILY

Activity Instructions

Materials Needed:
- crayons/markers
- scissors
- glue
- templates printed for each child
- images of family members for children to cut & paste
- Optional: have each child bring a photo of their family

First, cut out the images that represent family members. Glue them on the yard. Write how many people are in your family.

Next, draw your family. Write how many are in your family.



5 Senses Nature

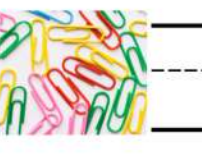
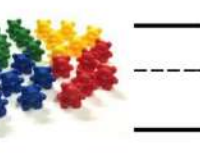
Check off each item as you find it.

 Sight	 Sound
☐ Something brown	☐ Anything
☐ Something green	☐ Something
☐ Something big	☐ Something
 Smell	 Touch
☐ Something that smells fresh	☐ Anything
☐ Something that smells sweet	☐ Something
 Taste	
☐ Something an animal can eat	

Measuring Feet

Let's measure our feet.
Stamp or trace your foot.

How many long is it?

		
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