

KINDNESS WEEK

PULL-TAB POSTERS

FOR ELEMENTARY SCHOOLS

CELEBRATE AND PROMOTE
KINDNESS WEEK



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- Pick up trash when you see it, even if it isn't yours.
- Plant flowers at home.
- Don't waste food or water.
- Recycle items you no longer want.
- Be kind to your body by exercising.
- Help your family by doing a chore.
- Volunteer to help someone.
- Make a card for a neighbor.
- Make a birdfeeder and hang it up.
- Plant a tree.

SPREAD KINDNESS WITH
RANDOM ACTS OF KINDNESS
SUGGESTIONS



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- Smile and say hello.
- Hold the door for people.
- Invite someone new to join your game.
- Make a new friend today.
- Sit beside a friend who is sad and just listen.
- Leave notes of encouragement for people to find.
- Help someone carry something.
- Write a list of reasons why someone is a good friend.
- Say please and thank you.
- Pick up litter.

KINDNESS IS
MAGICAL.



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Leave someone a kind note.

Make a poster for Kindness Week.

Write a thank you letter.

Create a care package for someone in need.

Donate to charity or a food drive.

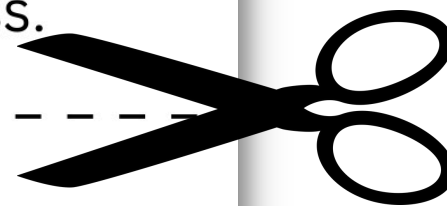
Let those you love know how much you appreciate and love them.

Apologize to someone you've hurt.

Clean up a mess, even if it wasn't your mess.

Be helpful in class.

Cheer on a friend.



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**RANDOM ACTS
OF KINDNESS**

**ARE GEARED TOWARD
ELEMENTARY KIDS**

EASY PREP!

PRINT, CUT & POST

KIND KIDS SAVE THE WORLD
ONE ACT OF KINDNESS AT A
TIME. HOW WILL YOU BE
SUPER KIND TODAY?



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Hold the door open for someone.

Say hello to everyone you meet.

Smile at people.

Give someone a compliment.

Pick up any trash you see and throw it away.

Send a friend a kind note.

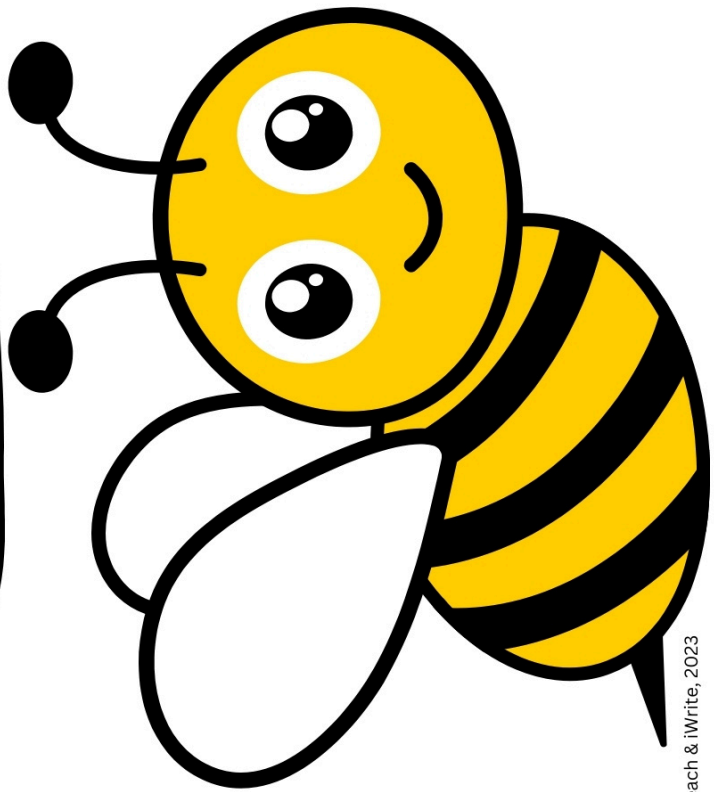
Say thank you to a staff member or classmate.

Make a new friend.

Let someone else go first.

Spread laughter by telling funny jokes.

BEE KIND TODAY BY
DOING RANDOM ACTS
OF KINDNESS.



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Make a card for someone.

Read to a younger sibling.

Help a friend in need.

Offer to help someone carry something.

Sit with someone who is sitting all alone.

Invite someone to join your game at recess.

Wave at a classmate.

Write a poem and give it to someone.

Say please and thank you to the cafeteria staff.

Share with a friend.

**RANDOM ACTS OF KINDNESS PULL TABS
ARE DIFFERENT ON EVERY POSTER**

IN COLOR
&
IN B&W

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BEE KIND TODAY BY
DOING RANDOM ACTS
OF KINDNESS.

Make a card for
someone.
Read to a younger
sibling.
Help a friend in need.
Offer to help someone
carry something.
Sit with someone who is
sitting all alone.
Invite someone to join
your game at recess.
Wave at a classmate.
Write a poem and give it
to someone.
Say please and thank
to the cafeteria staff.
Share with a friend.



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INCLUDES WRITING PROMPTS FOR REFLECTION



Kindness MATTERS

If you did an act of kindness today, think about and answer the following questions.

Which act of kindness did you choose? Why?

Think about the person you did the act of kindness for. What was their reaction? How do you think this person felt?

How did your act of kindness make you feel?

Did anyone do an act of kindness for you today? How did it make you feel?

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Betsy Newmeyer



KINDNESS WEEK

MEGA ACTIVITY BUNDLE

- Bookmarks • Kindness Cards • Pull Tab Posters • Writing Task Cards
- Printing & Cursive Handwriting Practice Pages
 - Printing & Cursive Handwriting Practice with Writing Prompts



KINDNESS WEEK

ACTIVITY BUNDLE

ACTS OF KINDNESS
PULL TAB POSTERS

SEND KINDNESS CARDS

KINDNESS WRITING TASK CARDS

KINDNESS TASK

Write a story or create a comic strip about a superhero whose power is spreading kindness.

KINDNESS TASK

If you could give someone the Kindest Human award, who would you nominate? Write a letter of recommendation for this person.

KIND KIDS SAVE THE WORLD ONE ACT OF KINDNESS AT A TIME. HOW WILL YOU BE SUPER KIND TODAY?

Hold the door open for someone.
Say hello to everyone you meet.
Smile at people.
Give someone a compliment.
Pick up any trash you see and throw it away.
Send a friend a kind note.
Say thank you to a staff member or classmate.
Make a new friend.
Let someone else go first.
Spread laughter by telling funny jokes.

KINDNESS IS THE SUNSHINE THAT HEALS THE HEART

KINDNESS IS YOUR SUPERPOWER

THANKS FOR BEING A SUPER KIND KID