

FALL FEELINGS

SEL LESSON PREVIEW

🍁 A Low-Prep, High-Engagement Digital Resource

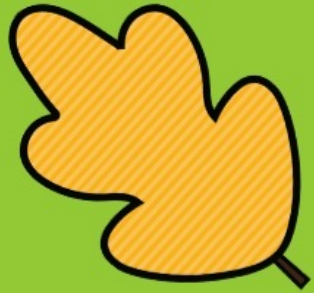
★ Perfect for Grades 2–5, Fall SEL Lessons, or Morning Meetings”

🌽 Engaging SEL tools made for busy school counselors & teachers.

Scroll down to see
what's included!

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WHAT'S INSIDE:



- ✓ Interactive Digital Lesson (Google Slides & PPT)
Self-Directed, Interactive and/or Distance-Learning
- ✓ Printable "Code by Feelings" Practice Sheet
- 🎯 Designed to build emotional awareness, communication,
and empathy — with a festive fall twist!



LEARNING OBJECTIVES

- Identify & name emotions
- Recognize body language cues
- Use "I" Statements to express feelings
- Differentiate pleasant & unpleasant emotions
-  Aligned with SEL & Counseling Goals



WHY TEACHERS LOVE IT:



- ✓ ZERO prep – just assign and go
- ✓ Engages even reluctant learners
- ✓ Helps reduce behavior issues
- ✓ Flexible for whole class, small group, or 1:1 counseling

"A really fun way to help introduce feelings and get students engaged!" ~ Rebecca

DRAG & REVEAL ACTIVITY:

👉 Pick the Feeling

🌽 Delete the corn to
reveal the hidden emotion!



We can tell how people are feeling by looking at their body language.

How is the Scarecrow feeling?
Click on the corn with the correct feeling & delete the picture to find the crow!

Sad **Happy** **Worried**



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BUILD-A-FACE GAME:

**Our faces say a lot about how we feel
and Jack O Lanterns can say a lot!**



**Click & Drag the eyes, nose & mouth
to make a Jack O Lantern!**

Eyes



Mouth



Nose



My pumpkin is feeling:

Type here: _____

Students drag & drop
Jack O' Lantern features
to show emotions

FEELINGS SORTER:

 Drag emotion words into
“pleasant” or “unpleasant”
wheelbarrows

★ Great for discussion!

We all have lots of feelings. Sometimes we really like the feeling that we are having. We call those pleasant feelings.



But sometimes we don't like the feeling that we are having. We call those unpleasant feelings.



Click & Drag the pumpkins with feelings to the pleasant or unpleasant wheelbarrow!



Mad



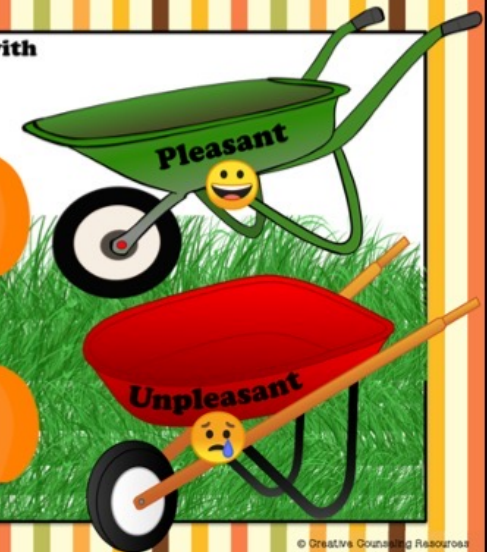
Happy



Sad



Proud



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"I" STATEMENT BUILDER:

When we have unpleasant feelings, it is important to share how you feel.



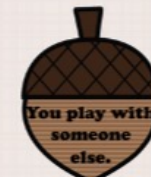
Use an I message to share how you feel and what you need.

Slide the shape over to fill in the blank.

I feel



When



Please



Students build assertive "I feel..." statements using puzzle-like pieces

USE IT DIGITALLY OR IN PERSON

♥ BONUS:

Printable Color by Code

- Assign via Google Classroom
- "Make a Copy" for each student
- Or present in small groups or counseling sessions!

Works on any device with Google Slides or PowerPoint. No apps required!



BRING SEL TO LIFE THIS FALL!



This festive, interactive lesson will save you prep time and get students talking about feelings in a meaningful way.

✨ Active • Engaging • Meaningful • Low-Prep ✨

🎥 Want to see it in action? Watch the video preview!

👉 Click ADD TO CART to download instantly and 🍂 make this your easiest SEL month yet!