

OH DEER

A KINDNESS ESCAPE ROOM LESSON

Oh no! Santa's reindeer are on the naughty list! They need to be more kind to others. Can you help them practice strategies for being kind so they can make the nice list?

Scroll down to see what's included!



KINDNESS Escape Room Lesson



OH DEER!



Santa's Reindeer are on the Naughty List!

ENGAGING APPROACH

TEACHING KINDNESS

SOLVE 5 PUZZLES!

Oh no, this can't be true!
The reindeer are on the naughty list too!
Santa will not be happy to hear,
About his naughty, flying reindeer.

They need to learn how to be nice.
This doesn't need to happen twice!
The reindeer will need to go back to school,
So they can learn the Golden Rule.

So will you help the reindeer find,
What it takes to be kind?
Each of Santa's friends have a way,
To help the reindeer without delay!
Mrs. Claus wants to help too!

For She

Naughty List

Blitzen
Comet
Cupid
Dancer
Dasher
Prancer

Decode Puzzles!

A	B	C	D	E	F
1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30
31	32	33	34	35	36
37	38	39	40	41	42
43	44	45	46	47	48
49	50	51	52	53	54
55	56	57	58	59	60
61	62	63	64	65	66
67	68	69	70	71	72
73	74	75	76	77	78
79	80	81	82	83	84
85	86	87	88	89	90
91	92	93	94	95	96
97	98	99	100	101	102

Santa's Cypher

Frosty's Feelings

I see your name is on the naughty list.
Perhaps my snowman friends can assist.
Feelings are puzzling as you can see.
Recognizing feelings can help you and me.

1. Build a snowman by matching the bottom of the snowman (the situation) to the top of the snowman (the feeling.)
2. Use Santa's cypher to decode the pictures on the hats.
3. Count the buttons to know which blank to put the letter in below.

It is important how our friends Turn in for a cookie from

Trouble in the Toy Shop

If you want to be known for being nice,
Listen closely to our advice.
Whenever your friend has the blues,
Put yourself in their shoes.

1. Draw a line to the elf who recognizes how the other elf is feeling & shows compassion.
2. Use Santa's cypher to decode the pictures in the matching speech bubble.
3. Put the decoded letters in the blanks below.

It is important to use
E M P A T H Y
& put yourself in your friend's shoes!

Reinforces positive values such as kindness, compassion, & the importance of treating others with respect.

imparts valuable life skills, including conflict resolution, effective communication, and empathy.

Encourages teamwork, teaching children the value of working together to achieve common goals.

Transforms traditional learning into an interactive adventure.

Can you help the reindeer learn to be kind?

WHAT'S INCLUDED?

A SNAPSHOT OF EVERYTHING!

- Lesson Plan - 3 pages
- Lesson Prep & Directions - 2 pages
- Student Introduction - 1 page
- Santa's Gypher - 1 page
- Puzzle 1: Frosty's Feelings - 4 pages
- Puzzle 2: Trouble in the Toy Shop - 2 pages
- Puzzle 3: "I" Statement Stockings - 4 pages
- Puzzle 4: Caring Communication - 2 pages
- Final Puzzle: Golden Rule - 3 pages
- THINK Poster - 1 page
- Kindness Coloring Bookmarks - 3 pages
- Folder Cover (if needed) - 1 page
- Envelope labels (if needed) - 1 page
- Puzzle Solutions - 8 pages
- PowerPoint Slideshow - 11 slides

Here's Everything!



WHAT'S INCLUDED?

DETAILED LESSON PLAN & DIRECTIONS



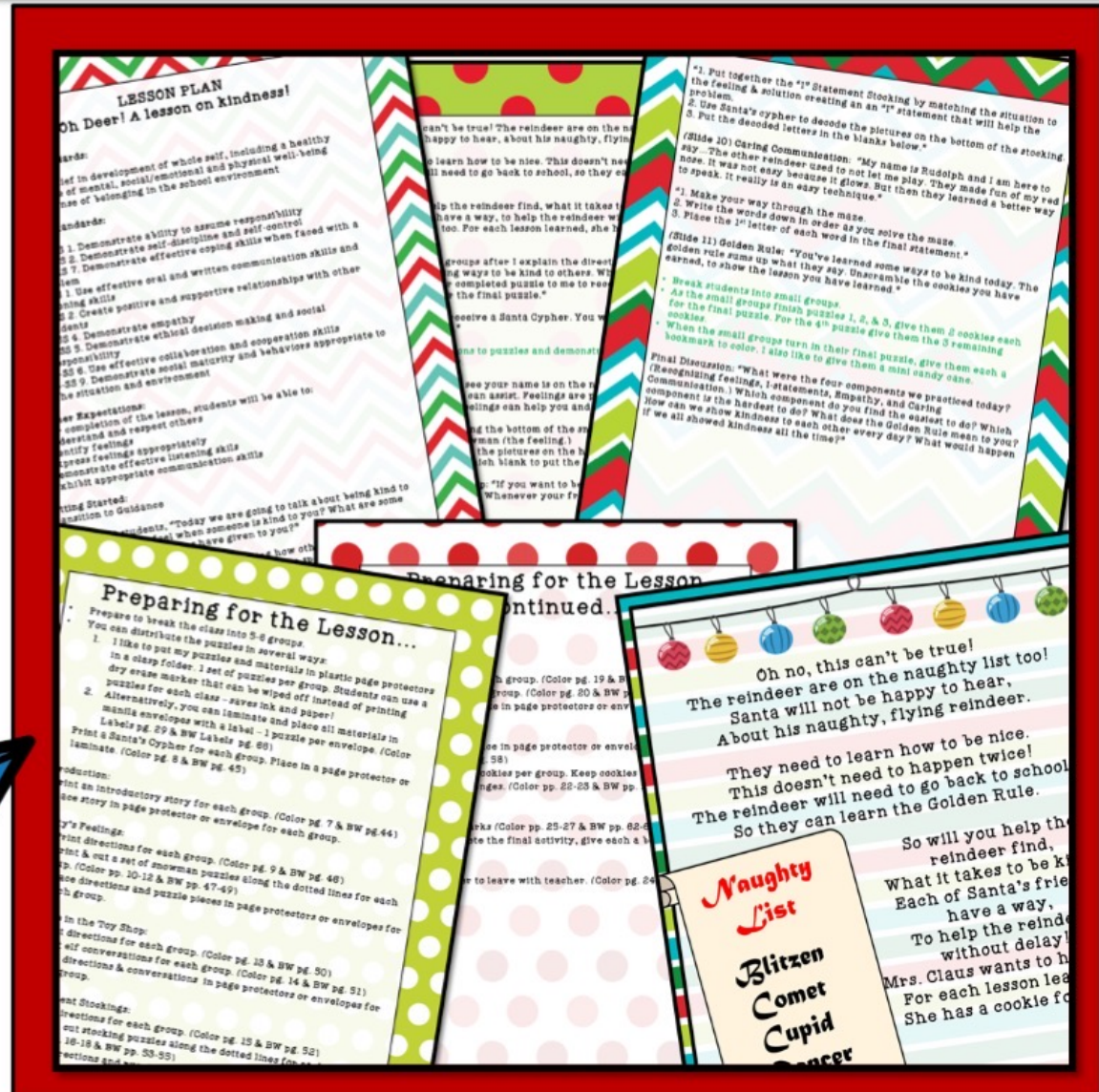
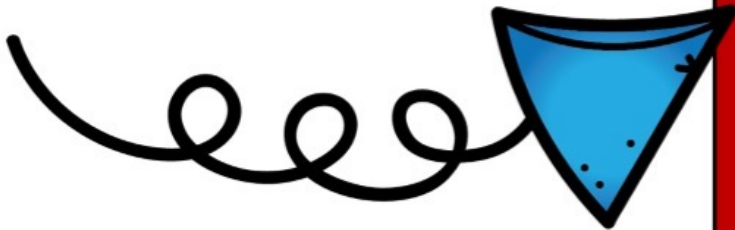
3 page scripted
Lesson Plan



2 page Preparation
Guide



1 page Story
Introduction



LEARNER EXPECTATIONS

ASCA ALIGNED

LESSON PLAN

Oh Deer! A lesson on kindness!

Mindset Standards:

- M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being
- M 3. Sense of belonging in the school environment

Behavior Standards:

- B-SMS 1. Demonstrate ability to assume responsibility
- B-SMS 2. Demonstrate self-discipline and self-control
- B-SMS 7. Demonstrate effective coping skills when faced with a problem
- B-SS 1. Use effective oral and written communication skills and listening skills
- B-SS 2. Create positive and supportive relationships with other students
- B-SS 4. Demonstrate empathy
- B-SS 5. Demonstrate ethical decision making and social responsibility
- B-SS 6. Use effective collaboration and cooperation skills
- B-SS 9. Demonstrate social maturity and behaviors appropriate to the situation and environment

Learner Expectations:

After completion of the lesson, students will be able to:

- Understand and respect others
- Identify feelings
- Express feelings appropriately
- Demonstrate effective listening skills
- Exhibit appropriate communication skills

Getting Started:

Transition to Guidance

(Slide 1) Tell students, "Today we are going to talk about being kind to others. How do you feel when someone is kind to you? What are some examples of kindness others have given to you?"

(Slide 2) "Being kind involves recognizing how others feel, using empathy, I-statements, and thinking before we speak. We will practice these things as we try to help Santa's reindeer make it off the naughty list!"



Understand & respect others



Identify feelings



Express feelings appropriately



Demonstrate effective listening skills



Exhibit appropriate communication skills

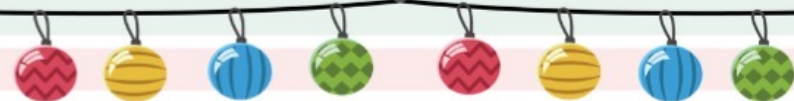
WHAT'S INCLUDED?

STORY INTRODUCTION!



A fun start grabs kids' attention, getting them excited and involved in the lesson right away!

**Rescue the
Naughty Reindeer!**



Oh no, this can't be true!
The reindeer are on the naughty list too!
Santa will not be happy to hear,
About his naughty, flying reindeer.

They need to learn how to be nice.
This doesn't need to happen twice!
The reindeer will need to go back to school,
So they can learn the Golden Rule.

*Naughty
List*

**Blitzen
Comet
Cupid
Dancer
Dasher
Prancer**

So will you help the
reindeer find,
What it takes to be kind?
Each of Santa's friends
have a way,
To help the reindeer
without delay!
Mrs. Claus wants to help too.
For each lesson learned,
She has a cookie for you.

PUZZLE 1:

FROSTY'S FEELINGS



Frosty's Feelings

I see your name is on the naughty list.
Perhaps my snowman friends can assist.
Feelings are puzzling as you can see.
Recognizing feelings can help you and me.

1. Build a snowman by matching the bottom of the snowman (the situation) to the top of the snowman (the feeling.)
2. Use Santa's cypher to decode the pictures on the hats.
3. Count the buttons to know which blank to put the letter in below.

It is important to _____

how our friends feel!

Turn in for a cookie from Mrs. Claus!



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Help Frosty recognize feelings by matching situations to emotions!

- Task 1: Match the bottom of the snowman (the situation) to the top (the feeling).
- Task 2: Use Santa's Cypher to decode pictures on the hats.
- Task 3: Count the buttons to determine the correct placement of decoded letters in the blanks below.

PUZZLE 2:

TROUBLE IN THE TOY SHOP

Teach empathy by helping elves recognize and respond to others' emotions!

- Task 1: Draw a line to connect the elf recognizing a feeling with the appropriate response.
- Task 2: Decode the speech bubbles using Santa's Cypher.
- Task 3: Fill in the blanks with decoded letters to solve the puzzle.

Trouble in the Toy Shop

If you want to be known for being nice,
Listen closely to our advice.
Whenever your friend has the blues,
Put yourself in their shoes.

1. Draw a line to the elf who recognizes how the other elf is feeling & shows compassion.
2. Use Santa's cypher to decode the pictures in the matching speech bubble.
3. Put the decoded letters in the blanks below.



It is important to use
& put yourself in your
friend's shoes!

Turn in for a cookie from Mrs. Claus!



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PUZZLE 3:

"I" STATEMENT STOCKINGS



"I" Statement Stockings

I heard the reindeer got in trouble.
I can help on the double.
When you have a problem with a friend,
Use caring communication to get the friendship on the mend.

1. Put together the "I" Statement Stockings by matching the situation to the feeling & solution creating an an "I" statement that will help the problem.
2. Use Santa's cypher to decode the pictures on the bottom of the stocking.
3. Put the decoded letters in the blanks below.

It is important to

how you feel and what you need
to solve conflicts.

Turn in for a cookie from Mrs. Claus!

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Practice creating "I" statements for effective problem-solving!

- Task 1: Match a situation with a feeling and a solution to form a complete "I" statement.
- Task 2: Decode symbols on the bottom of the stockings using Santa's Cypher.
- Task 3: Use the decoded letters to solve the puzzle.



PUZZLE 4:

CARING COMMUNICATION

Teach positive communication techniques through Rudolph's maze!

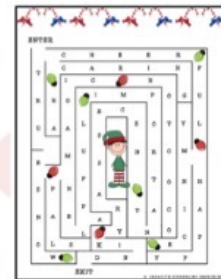
- Task 1: Navigate the maze, collecting words along the path.
- Task 2: Write the words down in order as you solve the maze.
- Task 3: Use the first letter of each word in the final statement.

Caring Communication

My name is Rudolph and I am here to say...
The other reindeer used to not let me play.
They made fun of my red nose.
It was not easy because it glows.
But then they learned a better way to speak.
It really is an easy technique.

1. Make your way through the maze.
2. Write the words down in order as you solve the maze.
3. Place the 1st letter of each word in the final statement

○
○
○
○
○



Before you speak!

Turn in for a cookie from Mrs. Claus!

CREATIVE COUNSELING RESOURCES

PUZZLE 5:

GOLDEN RULE

Reinforce all skills by decoding the Golden Rule using earned cookies!

- Task 1: Unscramble letters on the cookies earned from previous puzzles.
- Task 2: Assemble the final message to summarize the lesson.

Golden Rule

You've learned some ways to
be kind today.
The golden rule sums up
what they say.
Unscramble the cookies you
have earned,
To show the lesson you have
learned.



WHAT'S INCLUDED?

SLIDESHOW

Begin lesson with
the slideshow!



Explain directions
for each puzzle!



Break into small
groups to complete
the Escape Room!

11 Slides!



WHAT'S INCLUDED?

ADDITIONAL KINDNESS ACTIVITIES



Reinforce the lesson with kindness-themed coloring bookmarks



Leave a THINK acronym poster for thoughtful communication consideration

Share kindness with others!



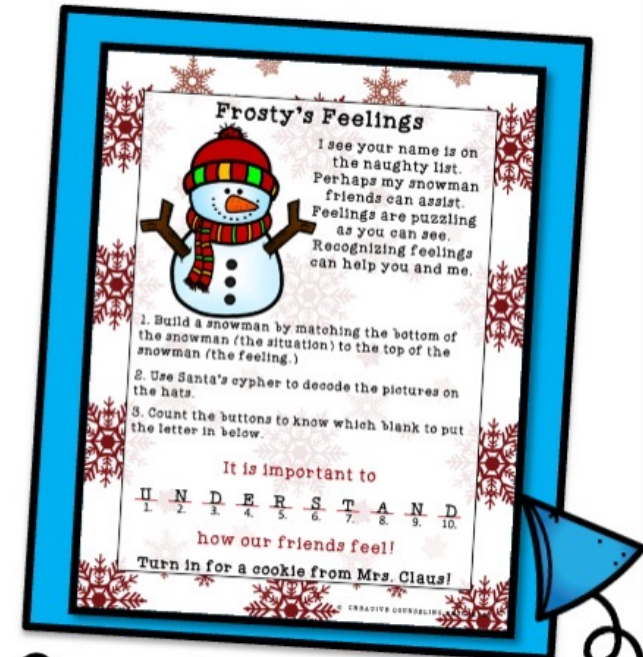
OH DEER ESCAPE ROOM

ENGAGING & INTERACTIVE ESCAPE LESSON

Helps children express themselves effectively and positively.



Promotes understanding and sharing the feelings of others.



Promotes inclusivity, helping children appreciate diverse experiences & perspectives.

WAYS TO USE ...

A FLEXIBLE RESOURCE!



Use as a Kindness Lesson
45 – 60 minutes



Break into small group/lunch
bunch meeting topics



Set up rotation stations
focusing on each of the
puzzles



Use as week-long daily
activities, 1 puzzle per day



Share bookmarks with
others as an act of
kindness



Partner with other classes
or grades for a collaborative
escape room experience.
Older students can assist
younger ones, fostering
mentorship and teamwork



After completion, have
students role-play scenarios
related to kindness and
gratitude, followed by
reflective discussions



Focus on one letter per day
of THINK Poster. Discuss at
end of day



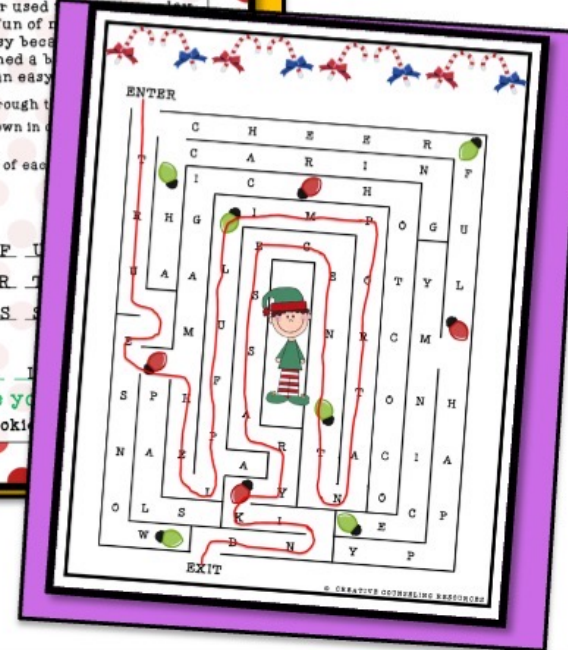
What are others saying?



My students love escape rooms. Watching them work cooperatively together while learning about kindness, compassion, and empathy is amazing!

Great resource for my 3rd grade class!

The students loved it. The next time that I use it though I will use a higher grade level as some of my students found it difficult - probably fourth or fifth grade. Also, make sure you leave yourself plenty of prep time. Absolutely worth the time put in!

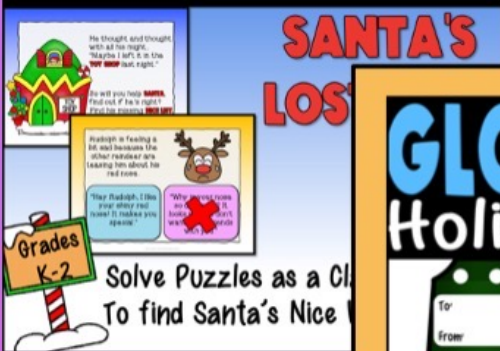


KINDNESS BUNDLE

5 HOLIDAY RESOURCES!

KINDNESS

A PRIMARY ESCAPE LESSON



FRIENDSHIP GETTING ALONG

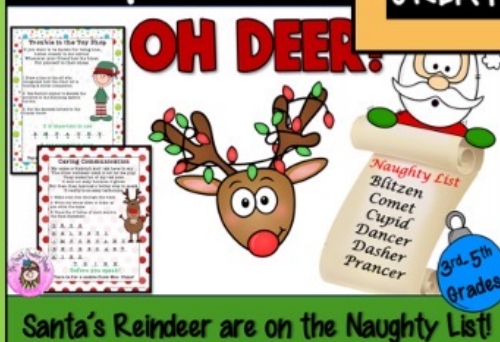


GLOW GRAMS Holiday Themed



GREAT FOR FUNDRAISERS!

KINDNESS Escape Room Lesson



KINDNESS ESCAPE LESSON



CLICK TO
BUNDLE
AND
SAVE!