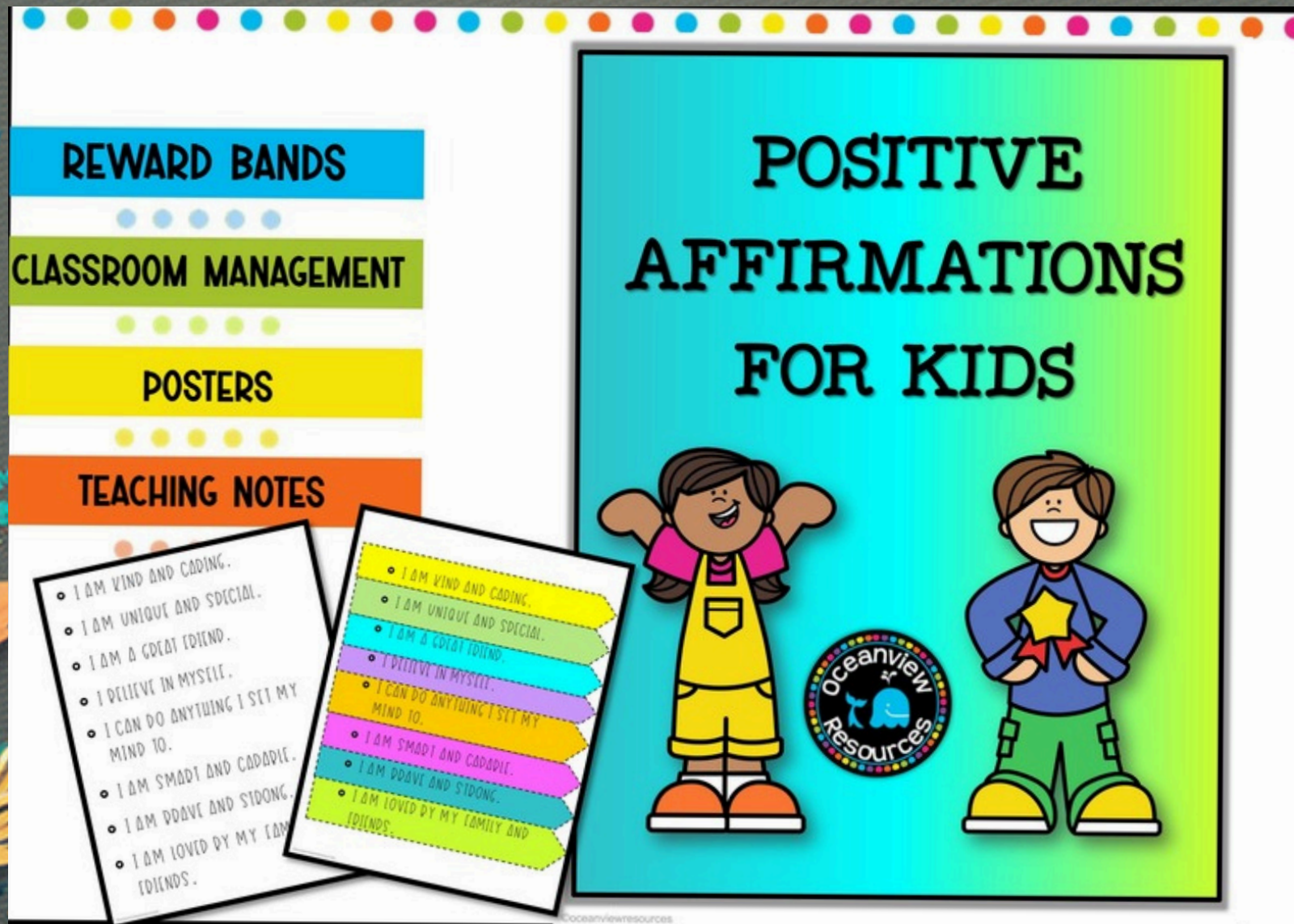


BUILD A POSITIVE CLASSROOM CULTURE



BUILD A POSITIVE CLASSROOM CULTURE

- I AM KIND AND CARING.

- I AM UNIQUE AND SPECIAL.

- I AM A GREAT FRIEND.

- I BELIEVE IN MYSELF.

- I CAN DO ANYTHING I SET MY MIND TO.

- I AM SMART AND CAPABLE.

- I AM BRAVE AND STRONG.

- I AM LOVED BY MY FAMILY AND FRIENDS.

- I AM FULL OF POSITIVE THOUGHTS.

- I AM CONFIDENT IN MY CHOICES.

- I AM FULL OF DETERMINATION

- TO OVERCOME CHALLENGES.

- I AM A GOOD FRIEND TO MYSELF AND OTHERS.

- I AM KIND TO MYSELF AND OTHERS.

- I AM KIND TO THE ENVIRONMENT.

- I AM A GOOD HELPER TO MY FAMILY.

Reward Wrist Bands

BUILD A POSITIVE CLASSROOM CULTURE

- I AM KIND AND CARING.
- I AM UNIQUE AND SPECIAL.
- I AM A GREAT FRIEND.
- I BELIEVE IN MYSELF.
- I CAN DO ANYTHING I SET MY MIND TO.
- I AM SMART AND CAPABLE.
- I AM BRAVE AND STRONG.
- I AM LOVED BY MY FAMILY AND FRIENDS.
- I AM IMPORTANT TO MY FAMILY.
- I AM FULL OF LAUGHTER.
- I AM A GREAT STORYTELLER.
- I AM FULL OF KINDNESS.
- I AM ALWAYS GROWING AND LEARNING.
- I AM A GOOD LEADER.

Multiple Suggested Affirmations

BUILD A POSITIVE CLASSROOM CULTURE

YOU
MATTER



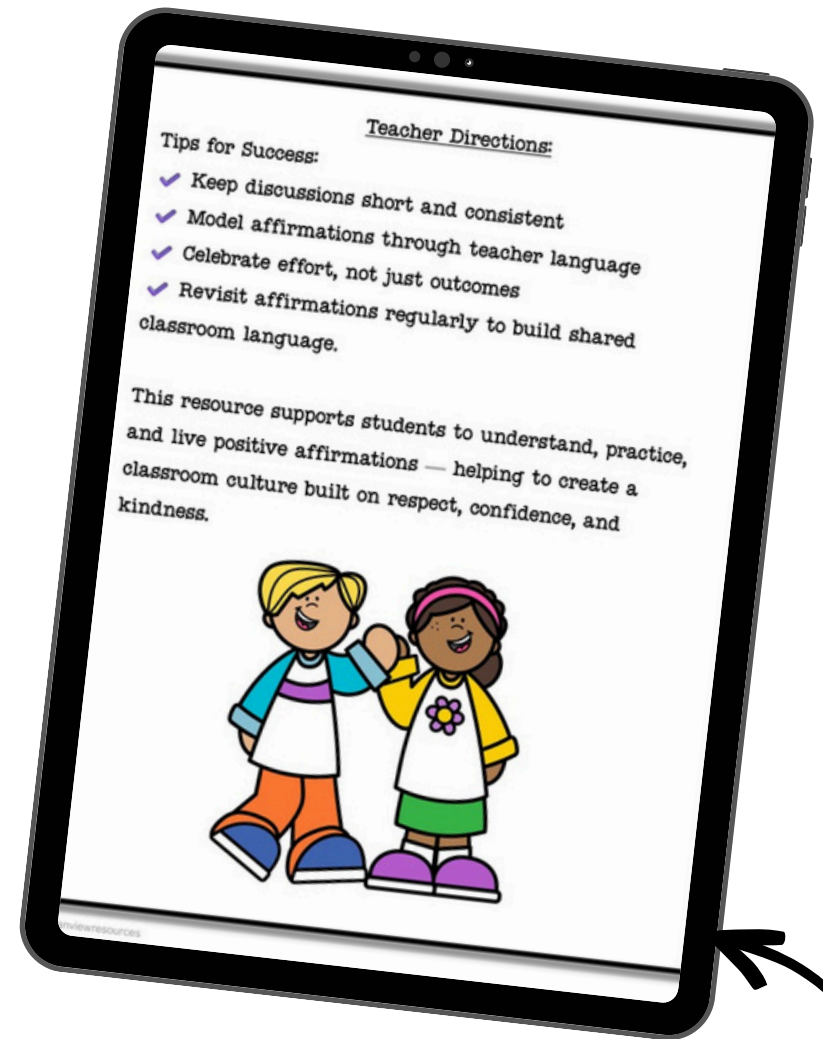
YOU ARE
SPECIAL



What's included:

- 12 affirmation posters
- Teaching Notes
- Reward wrist bands
- Suggested Affirmations
- PDF
- PowerPoint

How you can use it:



This Positive Affirmations resource is designed to be flexible, engaging, and easy to implement. You can use it as a short daily focus or embed it into your broader wellbeing and behaviour management practices.

BUILD A POSITIVE CLASSROOM CULTURE

YOU ARE
KIND



YOU ARE
AMAZING



Teaching Notes

Teacher Directions:

How to Use This Resource

This Positive Affirmations resource is designed to be flexible, engaging, and easy to implement. You can use it as a short daily focus or embed it into your broader wellbeing and behaviour management practices.

Step 1: Introduce Affirmations. Choose one affirmation to introduce at a time. Read it aloud and discuss what it means using student-friendly language.

Ask students to share examples of how they could show this affirmation at school.

💡 Example questions:

What does this affirmation look like in the playground?

How could we show this in the classroom?

Step 2: Use Posters as Visual Reminders. Display the posters around the classroom or in a wellbeing corner.

Refer to them during teachable moments, class meetings, or reflection time.

Encourage students to identify affirmations they notice in themselves or others.

Teacher Directions:

Step 3: Reinforce with Affirmation Bracelets. When you notice a student demonstrating an affirmation, place a bracelet on their wrist.

Clearly name the behaviour being recognised.

💡 Example: "I noticed you were being very kind and patient, that shows **You Are Kind** affirmation."

"Bracelets can be:

- ☐ Worn for the day.
- ☐ Returned at the end of the session.
- ☐ Used as part of a class reward or recognition system.
- ☐ Leave on wrists so that parents can see and acknowledge their child with positive feedback.

Step 4: Student Reflection & Goal Setting

Use the affirmation cards for individual reflection or small-group discussions. Encourage students to choose an affirmation to work on for the day or week.

Use the **All About Me** pages to help students connect affirmations to their own identity and strengths.

Teaching Notes

Teacher Directions:

Tips for Success:

- ✓ Keep discussions short and consistent
- ✓ Model affirmations through teacher language
- ✓ Celebrate effort, not just outcomes
- ✓ Revisit affirmations regularly to build shared classroom language.

This resource supports students to understand, practice, and live positive affirmations — helping to create a classroom culture built on respect, confidence, and kindness.



• I AM GOOD AT SHARING.

• I AM PROUD OF MY ACCOMPLISHMENTS.

• I AM A GOOD COMMUNICATOR.

• I AM FULL OF POSITIVE ENERGY.

• I AM GOOD AT MAKING FRIENDS.

• I AM EXCITED ABOUT THE FUTURE.

• I AM RESPECTFUL TO MYSELF AND OTHERS.

• I AM FULL OF CONFIDENCE.

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