

Brain Break meets
ART

OPTICAL ILLUSIONS

BRAIN BREAK AND ART ACTIVITY

directed art

engaging

digital

<https://www.youtube.com/watch?v=cnFPwMUIHsI>

EASY PAPER

Optical Illusions and Stereograms.
Brain Breaks and Art lessons complete with instructional video.
KIDS JUST LOVE THEM

Optical Illusions



Explore the art of perception and deception...and experience it by viewing optical illusions and sharing the effect that they have on you.

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The Ames Room



- Observe this room. Take special note of the size, shape, color and details of the room.
- Can one girl really be that much bigger than the other?

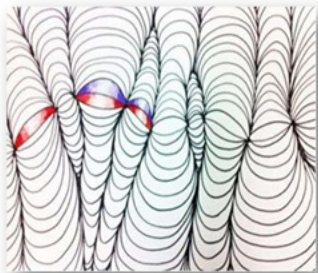
www.puzzlingplace.co.uk

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OPTICAL ILLUSIONS

BRAIN BREAK AND ART ACTIVITY



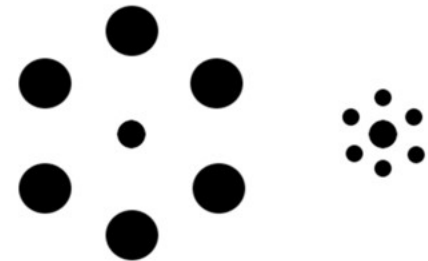
- Pick a group of colors you feel work well together (2 or 3).



- Using pencils or crayons, fill in the spaces. Press harder in the corners. As you get near the top of each bump, press lighter and lighter. Woohoo! You have created your own optical illusion!

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Which center circle is bigger?



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Old woman or young woman?



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Click and go
art videos

<https://www.youtube.com/watch?v=cRPwcmUHSI>

EASY LINE
PAPER TRICK

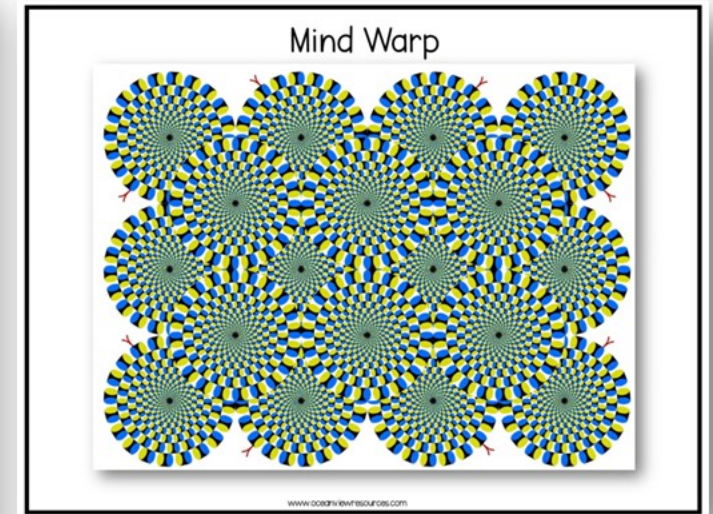
<https://www.youtube.com/watch?v=ANkHDIvAY>

HOW TO DRAW
A 3D HAIR

<https://www.youtube.com/watch?v=1BtCEJyGkxw>

ABSTRACT
LINE ILLUSION
PATTERN

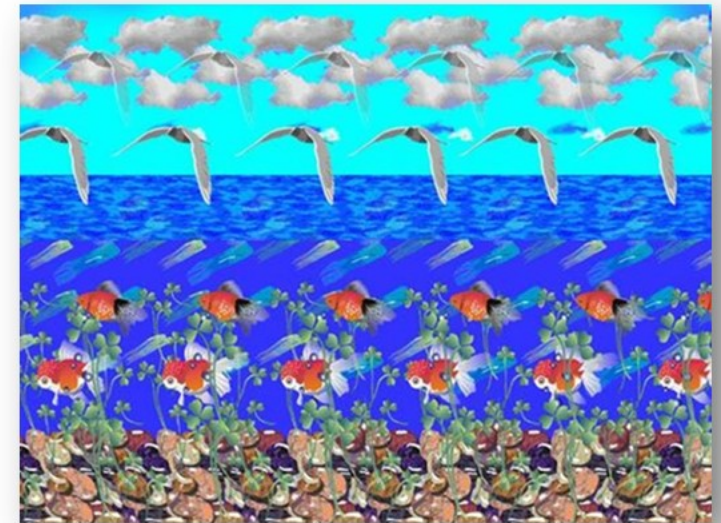
COOL 3D
ABSTRACT LINE
ILLUSION
PATTERN



Brain Break meets
ART

OPTICAL ILLUSIONS

BRAIN BREAK AND ART ACTIVITY



MAKE YOUR OWN OPTICAL ILLUSION

When something plays tricks on your eyes it is called an Optical Illusion. Op Art is artwork that plays tricks on our eyes.

- What You Need
- 9"x12" white paper
- Sharpie markers
- pencil crayons

- Add 8 dots across the line.
- They should be different lengths apart.
- You need a dot close to the edges of your paper.



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Op Art - Lines Over Hands

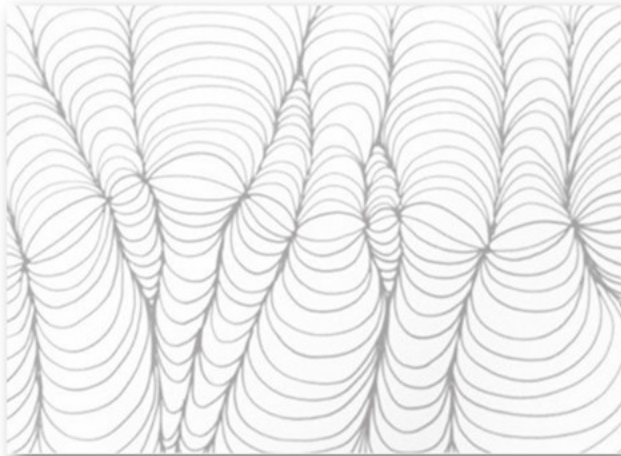
When something plays tricks on your eyes
it is called an Optical Illusion...
Op Art is artwork that plays tricks on our eyes.



Trace the outline of your hand with pencil.

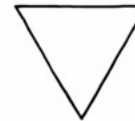
Using Sharpie marker and a ruler and draw lines going up and down your paper... when you come to part of your hand make a "bump" up. When you make the "bumps" the lines might touch and that is ok.

Fill the whole page up



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1. Sketch an inverted equilateral triangle. This will be the center of your triangle.



2. Lightly sketch two parallel lines outside one side of the triangle. The lines should be equally spaced. Take caution that your lines are drawn straight.



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- Pick a group of colors you feel work well together (2 or 3).



- Using pencils or crayons, fill in the spaces. Press harder in the corners. As you get near the top of each bump, press lighter and lighter. Woohoo! You have created your own optical illusion!

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9. Clean up your drawing by erasing the points outside of the short segments drawn in the previous step.



10. Add shading if desired.

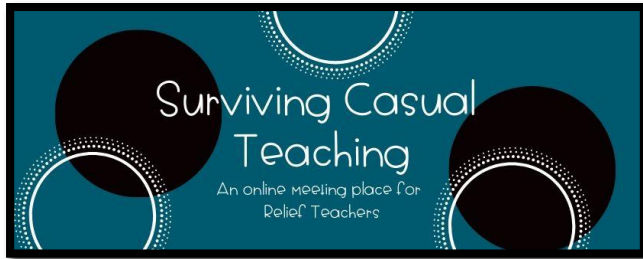


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